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DOVER-FOXCROFT, MAINE

10 PAGES

FALL FIX-UP

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Tips and advice for the season



SPORTS

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Ponies fall at home to Madison/Carrabec



District honors Ripley Farm

2016 Outstanding Cooperator of the Year award

By Stuart Hedstrom

Staff Writer DOVER-FOXCROFT For their efforts to bring fresh, locally-grown produce to the region since opening in 2009, the Ripley Farm was presented with the Piscataquis County Soil and Water Conservation District (PCSWCD) 2016 Outstanding Cooperator of the Year award during a tour and ceremony on Sept. 9. The annual honor recognizes a Piscataguis County landowner's sustainable conservation practices.

Farm owners husband and wife Gene and Mary Marga-ret Ripley oversee five acres of Maine Organic Farmers and Gardeners Association (MOFGA)-certified organic vegetables — as well as perennial flowers and herbs
— that is part of the 38-acre property, located on the Merrills Mills Road off Route 7, where they live with their baby daughter Harriet.

The organic certification indicates the Ripleys use natural soil building practices to raise superior quality produce for their customers. The produce is 100 percent organic and is all grown on

'We grow five acres of mixed vegetables," Gene Ripley said during a tour on the morning of Sept. 9. "We sell primarily here on the farm through a Community Supported Agriculture (CSA) program," he said, as well as selling through wholesale ac-

delivering and eating the winter CSA members receiv- site www.ripleyorganicfarm.



OUTSTANDING COOPERATOR OF THE YEAR – Gene and Mary Margaret Ripley, with their daughter Harriet, of the Ripley Farm in Dover-Foxcroft are the Piscataquis County Soil and Water Conservation District's 2016 Outstanding Cooperator of the Year. The Ripley were presented with the honor on Sept. 9 for the sustainable conservation practices they use to grow MOFGA-certified vegetables, herbs and perennial flowers.

with one goal in mind growing the best vegetables ver-Foxcroft, Greenville and for their customers. When Bangor regions. the CSA — in which fami-Mary Margaret Ripley said lies become members of the farm has a "pick your farm by purchasing a share of own area" for CSA custom- the summer harvest — began flowers and culinary herbs, "This is our seventh season in Dover," Gene Ripley said. He and Mary Margaret Ripley own flowers and culinary had 16 members. Now they have over 130 summer CSA Ripley Farm places a special emphasis on growing, types of vegetables and 35

are primarily from the Do-

The Ripley Farm CSA proweekly supply of fresh produce. On Ripley Farm's web-

highest quality vegetables. ing over 20 types of vegeta- com visitors can find an o The Ripleys run their farm bles. These CSA members cookbook with over 200 recipes, additional information about the vegetables supplied in the CSAs and all the past newsletters archived.

"This is our seventh season ers, such as to select their five years ago the Ripleys a weekly newsletter with - who grew up in Washingupdates on all the farm hap- ton County and Austin, Texas penings and recipes for the respectively and both attend-

Selectmen set land use and charter hearings

Leaders invite input during Tuesday, Sept. 20 sessions

By Stuart Hedstrom

Staff Writer
MILO — With questions concerning both the enactment of a land use ordinance and the abolishment of the town charter set for the Nov. 8 ballot, the selectmen scheduled public hearing hearings on the two items for Tuesday, Sept. 20 starting at 6 p.m. — during a

Sept. 6 meeting.
Select Chair Lee McMannus said the planning board requested that the proposed land use ordinance be placed on ballot and the selectmen needed to make a decision by later in the month in order to have the question wording ready for the absentee voting. The ballot question would ask if the ordinance should be enacted or not, and board opted to have another public hearing prior to the election.

The evening of Sept. 20 will feature another hearing on the town charter as the Tuesday, Nov. 8 presidential ballot will include a question asking if Milo residents shall approve the dissolving of the document. "Everything is covered by state law," Town Manager Damien Pickel said, adding nothing would change if the community no longer had a town charter.

only about 80 of Maine's apcommunities have town charters on the books.

In other business, Pickel said Please see Page 10, discussions have been ongoing with Ron Desmarais, owner of Maine Alternative Solutions along with several other Milo-based businesses, about the purchase of several lots in the Eastern Piscataquis Business Park for a solar farm.

Desmarais said he is looking at about three acres of the park, near the snowmobile trail and the Three Rivers Kiwanis building. "We would like to start a small solar farm that could be a co-op," Desmarais said. He said businesses could place panels at the farm and the electricity generated would be used to offset their power bills.

The solar farm could grow over time. "We want to have some solar awareness in the area, have people driving by and see the panels," Desmarais

Pickel said he would continue to get the potential solar farm lots defined and the parcel would be brought forward to the selectmen.

State Rep. Norm Higgins (R-Dover-Foxcroft) was in attendance to discuss the impact of Atkinson deorganization on Milo. Higgins said last month Atkinson residents voted 82-8 to continue with deorganization as well as approving a start to the withdrawal process from SAD 41. He said this establishes a withdrawal committee and McMannus estimated that the Department of Education will then set up a meeting beproximate 450 incorporated tween the group and the SAD

41 school board. "The report says after doing

> Please see Page 3, **HEARINGS**

County budget work underway

By Stuart Hedstrom Staff Writer

DOVER-FOXCROFT With the members of the counfinalized and first drafts of the spending plan for the county and unorganized territories prepared, county officials are well into their work on next year's

During a Sept. 6 meeting of the county commissioners, the nine-member budget advisory committee roster was OKed with the group divided among residents of the three commissioners' districts. Interim County Manager Tom Lizotte said all but one panelist returns from last year, with Atkinson First Selectman Mark Kinney filling a vacancy created by a member who stepped down due to health reasons.

'This is an excellent group to work with," Lizotte said. "Last year's budget went very well and they are all conscientious and knowledgeable.'

Lizotte said about four sessions — with the first likely being held in early October – would be needed to prepare the two budgets for a public hearing, which is scheduled for Monday, Nov. 28 at 7 p.m.

'We have an initial draft of the county and unorganized territory budgets, the data is all complete," Lizotte said. He said during the next week he would be meeting with department commissioners to review — potentially later in the month with a budget work session.

so we will have that for you at ers an upcoming meeting.

the end of the month," Lizotte told the commissioners.

'I do think the budget will be up a bit from the current year," ty budget advisory committee he said. Lizotte said county officials have up to \$125,000 available in surplus, "so we have more flexibility to use any surplus to reduce taxes.

In other business, the commissioners met with Sheriff John Goggin and Chief Deputy Bob Young who told them about possibilities to fill a pair of vacant patrol positions with

the sheriff's office. 'We have two candidates who we think are going to make it through the process," Young said, saying the individuals have both gone through the physical fitness and polygraph tests with psychological examinations still to come. "Then I suggest we will be bringing those names to you," Young

"Neither one of these men have any law enforcement experience," Young said, as - if the hires are approved by the commissioners - they would both need to attend the 18-week program at the Maine Criminal Justice Academy in Vassalboro in early 2017. Young said the candidates - who he said both have local roots and are younger in age - could start training with the sheriff's office, such as with policy work, at the start of November.

become abundantly heads to finalize drafts for the clear to grow our own candidates is probably the way to go and possibly the only way to go," Lizotte said, as the names 'The budget is where it of the two patrol prospects will should be at this time of year, be brought to the commission-



Observer photo/Stuart Hedstrom

IN REMEMBRANCE OF THE MOTHER OF KINGSBURY PLANTATION - Family members of the late Lois E. Worcester, daughter Rita Worster, grandson Jay Moulton and son-in-law Ernie Worster, release balloons as Bob Kimball performs "Silver Wings" during a Sept. 10 ceremony to dedicate a bench in Worcester's honor in Kingsbury Plantation on the shore of Kingsbury Pond. Worcester served as the plantation's town clerk and tax collector for four decades from 1975 to 2015.

Bench honors the life of Kingsbury Plantation matriarch

By Stuart Hedstrom

Staff Writer KINGSBÜRY PLANTA-TION — A bench on the shore of Kingsbury Pond honoring the late Lois E. Worcester was formally dedicated on Sept. 10. The bench is located next to another placed by the dam in remembrance of Worcester's husband, Alton E. Worcester Sr., and the two monuments honor the service of the husband and wife to their community, state and

Liz Morin began the cere-

Kingsbury Plantation and she did a lot of things for organizations across the state." She said Worcester served as the plantation's town clerk and tax collector for four decades — receiving no monies meetings would be held at her kitchen table.

er of Kingsbury, she was the mother to a lot of people corner," Goggin said, with — myself included," Morin the Worcester's home visible

Piscataquis County Shermony by saying Lois Worces- iff John Goggin said he first

ter "was many things to met Worcester when she and Alton moved to the region in 1975 after he retired from the U.S. Air Force. "She more or less adopted the sheriff's department, that was one of Lois' many interests," Goggin said. "She had a place in for these duties — and town her heart for the sheriff's department.'

Everything in the town 'She wasn't just the moth- of Kingsbury took place at

> Please see Page 7, **BENCH**

Sept. 8 SAD 4 referendum results

To approve a 2016-17 school budget

totaling \$	6,989,331?	,
Town	Yes	No
Abbot	33	87
Cambridge	17	89
Guilford	105	86
Parkman	48	91
Sangerville	74	104
Wellington	15	25
Total:	292	482

VFW will bring The **Moving Wall** to town

By Stuart Hedstrom Staff Writer

DEXTER — In May 2017 Shirley B. Carter VFW Post 4298 will be hosting The Moving Wall at Ellms Field. The wall is a half-sized replica of the Vietnam Veterans Memorial in Washington, D.C. and is inscribed with the names of more than 58,000 Americans who lost their lives during the Vietnam War. During a town council meeting on Sept. 8 VFW Post 4298 Quartermaster Rick Batchelder provided an update on the project.

"There is a couple of things we feel are imperative to get done before winter," Batchelder said, saying post officials are meeting every other week to plan as well as serving public suppers on Friday evenings and

Please see Page 7,

Fall Prevention Week features community events

ing cause of both fatal and nonfatal injury for those 65 aging. That's why The Maine Thriving in Place Coalition times as many people fall and are joining forces with the do not report it. National Council on Aging (NCOA) and the Falls Free and injuries that prevent old-Initiative to celebrate Falls Prevention Awareness Day on Sept. 22 and Falls Prevention week Sept 19-25

theme "Ready, Steady, Balance: Prevent Falls in 2016" seeks to raise awareness about how to prevent fall-related injuries among older adults. Come find out how a combination of simple behavior changes can significantly reduce falls among older adults.

This is important because in Maine fall related injuries are the No. 1 cause of emergency room visits and hospitalizations and the fourth leading cause of death. At Mayo Regional Hospital alone in 2014 there were 277 ER admissions for fall-related injuries with over half occurring in peo- into a raffle for local gift card.

While falls are the lead- ple over age 65 and almost a Screenings are at the followquarter occurring in people ing locations: over 80. Many of these falls Monday, years of age and older, they resulted in injuries, surgery are not an inevitable part of and subsequent loss of independence and mobility. It is Highlands Senior Center and estimated that three to four

er adults from remaining in their homes and thriving. All medical practitioners should be screening for falls in their This year's Fall Prevention older patients. People need to learn that no fall is a normal part of aging, so if an older person begins having falls it is time for action before an injury occurs. Fall-proofing the home, getting balance and exercise training, vision screening and review of medications is important to prevent life-changing falls.

There will be free fall risk

screening events in area com- ty sponsored contra dance at munities including medication review, vision screen and Club Sept 24 from 7:30-10:30 balance and gait screening. Bring all medications so the pharmacist can review these. All participants will enter

Monday, Sept 19 Dover-Foxcroft Congregational Church 1-3 p.m.;

Wednesday, Sept. 21 Guilford at Friends of Community Fitness 11:15 a.m.-1 p.m.; Thursday, Sept. 22 Dexter

The goal is to reduce falls at Reddy Health Center 2-4

Friday, Sept 23 Milo Town Hall 10 a.m.-noon;

Saturday, Sept 24 from 10 a.m.-noon there will be a bike rodeo at the Piscataquis Regional YMCA with free bike helmets for first 25 second-graders. Please call 564-7111 for more information. Also on Sept. 24 from 2-4 p.m. will be "Falling Monologues", a dramatic look at fall prevention with a humorous twist, at the Center Theatre with free admission or by donation.

There is also a communithe Monson Finnish Farmer's p.m. — come have fun as

dancing is great for balance. For more information, please call 992-6822 or write lmfernow@rcn.com.

Find 'The Piscataquis Observer' on Facebook

Milo receives near \$1,700 dividend

pleased to announced that the town has received a \$1,691 dividend check from the Maine Municipal Association as a result of its good loss experience and loss prevention programs.

MMA offers three self-funded pools for municipal and quasi-public entities: the workers compensation fund formed in 1978, the property and casualty pool formed in 1987 and the unemployment compensation fund formed in 1978.

The programs are overseen by governing boards of elected and appointed municipal officials. Each year the boards review the programs' loss experience to de-

MILO — Municipal officials are MMA Risk Management Services Director Patricia Kablitz said more than 78 percent of program participants received a dividend this year for good risk management practices and loss experience.

This year the workers compensation fund has distributed almost \$650,000 in dividends to participants and the property and casualty pool has paid dividends of nearly \$550,000 for total payments of just under \$1.2 million returned directly to MMA members.

Since 1997 the two programs have returned almost \$20 million in dividends to participating members. For more information, visit www.memun.org and click on the termine if dividends may be paid. risk management services link.

Suicide prevention workshop Sept. 20

GUILFORD — A free suicide prevention workshop will be held on Tuesday, Sept. 20 from 6:30 to 8:30 p.m. at Guilford United Methodist Church — 2 School Street. This workshop will be presented by Walter Boomsma, NAMI- certified mental health first aid specialist. The program meets the requirements of LD 609 for public school employees. Register online at wboomsma.comor by calling 343-1842.

Spruce Run-Womancare Alliance names new facilitative director

selected as the organization's new facilitative director.

movement to end domesmitment to and passion for munity partners.

The Spruce Run-Woman- the movement and the Allicare Alliance, which serves ance's mission. In her current Cost said, "My interest in this Piscataquis and Penobscot role as community relations counties, recently announced manager at the Alliance, Cost sion to crethat Amanda Cost has been has been an effective spokesperson, external advocate and program manager. She genera-Cost has worked in the has been a leader within the organization, the region and tic violence for 17 years, the state, with a strong record demonstrating a deep com- of collaborating with com-

position stems from my pas-

ate a world future tions where equality is the expectation and not the excep-Alliance

Cost

is a place where I believe I can make an impact in helping individuals and communities gain a greater understanding about the long lasting, destructive and devastating impact abuse of power has on each of us and the work that needs to be done to change it.

Domestic abuse and violence affects all in some way during a lifetime. The Spruce Run-Womancare Alliance's 24-hour hotline (1-800-863-9909) is available to anyone affected by domestic abuse to talk about their situation and explore their options.



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"Plus Sales Tax where Applicable" **DEADLINES:** Real Estate 4:00 p.m. Friday Display Advertising 4:30 p.m. Friday Line Classifieds Noon Friday Community Calendar items 4:00 p.m. Friday

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(Updated: 04/16)





This is MJ and she is 5 months old Needs a quiet home. To adopt please contact P.A.W.S. (Penquis Animal Welfare Sanctuary), call Sandy at 943-3131, for more info or come down to see her here in Milo!

Please spay or neuter your pets! Proudly sponsored by Nor'east

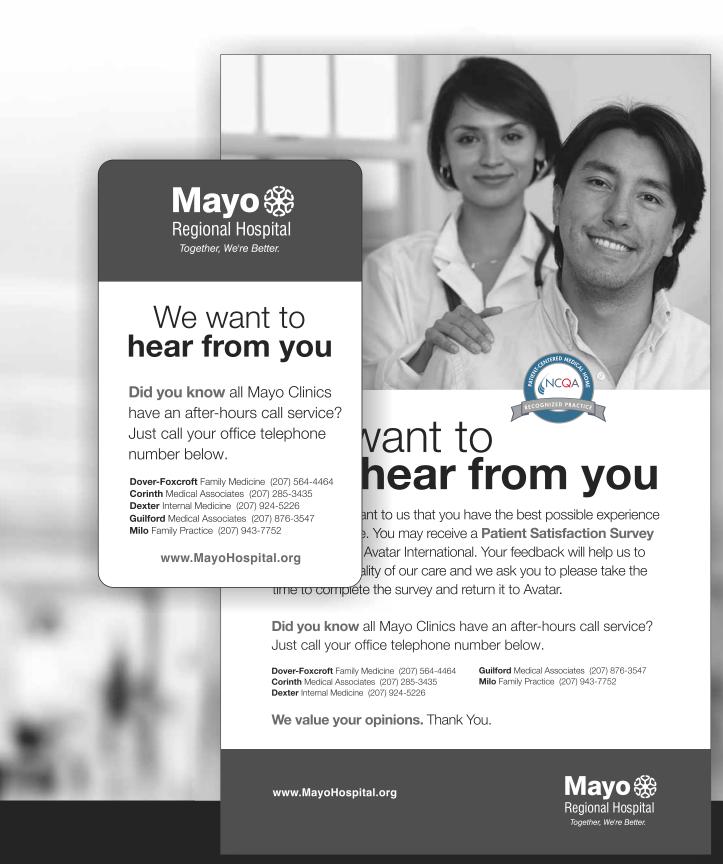


WE WANT TO HEAR FROM YOU!

In an effort to help improve patient satisfaction around access to care during evening, weekends and holidays, the Mayo Patient Advisory Council has developed a new poster and magnet to help make patients aware of the afterhours call service available in the primary care practices.

In addition, patients are randomly sent a Patient Satisfaction Survey following appointments. The survey tool is used to assess the high quality of services delivered to the patient clinically, administratively, and through the patient experience of care.

By filling out and mailing back the Patient Satisfaction Survey and giving us your feedback, you can help us improve the quality of care you and your family receive and help us make your experience as a patient in the practice setting the best it can possibly be.



We want to hear from you, please contact us with your feedback:

MayoHospital.com

DDATT makes lemonade from lemon

By Sam Brown **DDATT**

DEXTER — Dexter Dover Area Towns in Transition First Friday Free Film and Public Discussion, was going to show the new movie "How To Let Go of the World and Love All the Things Climate Can't Change", but just after we started streaming at the Abbott Memorial Library that night the Internet decided to collapse. The theme of the movie (according to its publicity) is that climate change is huge, we individuals are small and what are our human qualities that global warming can't destroy?

As some of us fumed and fussed trying to get the movie to play, one of the regular monthly attendees observed that this situation, a failure of technology upon which we've become so dependent, is exactly the reason for DDATT's existence — what do we do when our infrastructure expect? All the 15 other people in the room paused, laughed at this recognition, shut off the machinery, moved our chairs into a circle and decided to talk to each other for the remaining hour and a half. You know, conversation.

Climate change was the initial powerful means for humans to call 277-4221 or 924-3836.

examine the world and universe in which we exist. Modern electronic media commands so much of our attention that we don't (DDATT), for its September make time to sit and reflect on what our individual reason for living actually is. Felix Blinn from Milo said, "My life is run by hope and not by fear."

Humans are cooperative beings, not able to survive alone; cooperators will adapt to changing times and events better than competitive individuals. Each of us has the ability to do something for someone else. Gerry Amelotte from Dover Foxcroft summed up the theme of the evening when he said, "the givers are much happier than the tak-

An evening of sincere, funny, spontaneous and thoughtful conversation blossomed because of an ironic glitch in the Internet, and it has not ended with the closing up of the library room that night but continues in the doesn't work the way we want or community as we struggle to adapt to our changing world.

DDATT's mission is to help ourselves rethink and reshape our community as we all move (consciously or not) away from being consumers to being contributors.

For more information on topic, but we soon examined the DDATT and future events, email roles of science and religion as info@ddatt.org to get on list or

Collins, King announce nearly \$1.7M to support

Legal services for domestic violence, sexual assault and stalking victims

U.S. Sens. Susan Collins (R-Maine) and Angus King (I-Maine) announced that three Maine organizations will receive a total of \$1,695,084 over three years to support legal services for victims of domestic violence, dating violence, sexual assault, and stalking. The orga-

living in Oxford, Franklin, Penobscot, Piscataquis and Aroostook counties.

Penquis will receive \$595,931 over three years. The Penquis Law Project will implement its Legal Assistance for Victims (LAV) grant with the Spruce nizations receiving the near \$1.7 Rape Response Services. This mestic violence, sexual assault, Justice's LAV Grant Program.

civil legal assistance, advocacy and support services to victims of sexual assault, domestic violence, dating violence and stalking in Penobscot and Piscataquis counties.

Legal services are essential for helping to ensure the safety Run-Womancare Alliance and and wellbeing of victims of do-

D.C. million will serve individuals partnership will provide holistic and stalking," said Sens. Collins and King in a joint statement. "This funding will bolster these advocacy organizations' efforts to provide high-quality legal assistance for victims as well as create additional resources for those who need them."

> The funding was awarded through the U.S. Department of

Kiwanis blueberry pancake breakfast

MILO — The Three Rivers Kiwanis will be serving a blueberry pancake breakfast at Kiwanis Headquarters in the business park on Park Street on Saturday, Sept. 17 from 7 to 10 a.m. The menu is comprised of blueberry pancakes, scrambled eggs, sausage, bacon, muffins, and beverages. The pancakes will be made with blueberries from Worcester's Wild Blueberry Products. All proceeds will benefit the Three Rivers Kiwanis Foundation account which allows the Kiwanis to run charity projects throughout the year.



Photo courtesy of Tisbury Manor Chapter DAR

REMEMBERING 9/11 – Tisbury Manor Chapter DAR held its annual 9/11 observance ceremony in Monson on Sunday, Sept. 11. A wreath was placed by Chapter Regent Jane Macomber in front of the memorial at the town hall, a prayer was read by Chapter Chaplain Bunny Knight and Gary Nelson ended the ceremony with "Taps". From left is Phoebe Photoff, Linda Packard, Kathy Normandin, Cori Todd, Knight, Macomber, Colleen Taylor, Nancy Battick and Nelson. For more information on Tisbury Manor or DAR contact info@tisburymanordar.org or visit www.facebook.com/tisburymanordar or ww.tisburymanordar.óra.

Hearings Continued from Page 1

all the financials, the net loss is \$293,699 for SAD 41," Higgins said, as should Atkinson deorganize then its students would attend school in RSU 68/Foxcroft Academy.

"It means these dollars would not be coming in from Atkinson or the state on behalf of Atkinson," Higgins said, with SAD 41 - which in addition to Milo and Atkinson also currently includes Brownville and LaGrange - potentially making up the difference through cutting programs, raising taxes or a combination of

the options. "It won't be next year but I think 2018 would be the target date," Higgins said, as the deorganization procedure would need to be approved by the Legislature as well by another vote in Atkinson via a two-thirds majority. "I think you should plan for it and if it doesn't happen then things will go on as they are," the representative said.

The selectmen also heard from Piscataquis Regional YMCA Healthy Communities Project Coordinator Erin Callaway about a summer meals program, with the board voting to support the initiative as Callaway works to continue it and similar programs in the region.

Callaway said she will be applying for funding - there would be not financial commitment from the town of



COUNTRY COOK-OUT

Sponsored by the Sebec Village Associates at the Sebec Village Reading Room

Saturday, Sept. 17th from 4:30-6:00pm



Cole Slaw, Macaroni & Cheese,

Pasta Salad & Potato Salad

Dessert will be: Ice Cream Sundaes, Coffee, Tea, and Punch

By Donation

Milo - "to support the use of kids under the age of 12," Pickfree summer meals across the county." She added, "We know dren's summer meal initiative. there is a great need in Milo as well as other communities across the Piscataquis region."

Conversations with a mother in Derby evolved into a meal program in this neighborhood and taking a look at a federally-funded summer meal program, Callaway said. She added that SAD 41 distributed free meals to children over nine days across three weeks.

'My hope and my request to the town is we continue to work together to find solutions for Milo," Callaway said.

"We were taking care of 22 therefore is not contaminated.

Mon-Fri 8-5:30

Sat 8-5

Sun 9-1

"I think with Erin's help that will continue to grow." He said in SAD 41 about 91 percent of the students are food disadvantaged "and when school is out they don't get those meals."

In his report, Pickel said progress is being made on looking into the condition of the approximate 97-acre Derby Shops commercial railroad property on B&A Avenue. He said the only asbestos found is inside the building and tests of the groundwater indicate the water is at drinking quality and

> **76 North Street** Dover-Foxcroft, ME

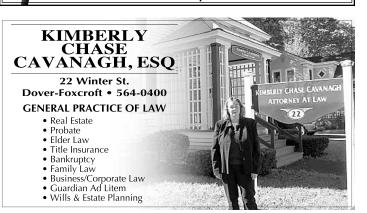
> > 564-2730

Foxcroft Agway, Guy and Pam Puitz thank all our loyal customers for your business these 14 years. Due to Guy's health we must focus on him. We will be closing the store on September 17.

Foxcroft



Mon-Fri: 9am-5pm · Sat.: 9am -Noon





Native Genealogy in the Northeast

Saturday, September 17th, 10 am – 2 pm Center Theatre in Dover-Foxcroft **Presented by:** Nancy Lecompte (aka Canyon Wolf)

Tracing your Native American roots in Northern New England can be very rewarding and educational, as well as very frustrating. Nancy Lecompte (aka Canyon Wolf), director of the non-profit Ne-Do-Ba, will present a program for family historians interested in researching their "Indian" heritage. This program should be of interest to beginning genealogists as well as those who have experience with family history research. Learn what to do and what not to do as you begin the search for your Native heritage. The program will include a brief history outline and look at Wabanaki culture, information on what types of records are available for the different groups in the different time periods, and an introduction to DNA testing. There will be a question and answer period and hand-outs. Participants are encouraged to bring a family chart showing the Native line they are currently researching.

During a special town meeting in June residents accepted the conveyance of the property. Those in attendance also authorized the selectmen to apply for and accept any grants for cleaning up the property, currently the home of Central Maine & Quebec Railway and 20-plus employees and which had been part of the bankruptcy proceedings for the former Montreal, Maine and Atlantic Railway.



Windy Knoll Farm ROUTE 15, DOVER-FOXCROFT September 17th & September 24th

8am-2pm Weather Permitting: 8am-2pm For more info call: 717-7000





Stutzman's Farm Stand & Bakery

891 Douty Hill Road, Sangerville ME 04479 (Pine Street on the Dover-Foxcroft end)

ence our wood fired brick oven pizza buffet with farm fresh homemade soups & salads

FARM STAND CLOSED MONDAYS THIS WEEK'S MUSICAL **GUEST:**

All proceeds benefit Kiwanis

community programs

JT Curran, Oldies King

Sunday Brunch

WITH LIVE MUSIC 10 - 1 • CAFE CLOSED MON-TUE

WE NOW HAVE BEET GREENS, KALE, NEW POTATOES, ZUCCHINI, CABBAGE, PUMPKINS, Corn Stalks, Organic Carrots, Sweet Corn, Strawberries and Buttercup Squa Now Taking Orders for Canning Tomatoes!

FRESH BAKED BREAD AND DESSERTS
PIZZA AND SANDWICHES - EAT IN OR TAKE OUT
ALL PIZZAS, SALADS, SOUPS AND DESSERTS AVAILABLE A LA CARTE More information available at Stutzman's Farm Stand, Bakery & Cafe Facebook page.

564-8596 REAL FOOD FROM A REAL FARM We accept

SMOKE STACK TRADING POST ~ OPEN HOUSE ~ September 17th • 69 Main Street, Sangerville



Come meet Lori & Clint and see the building that has been closed for 30 years. Feel free to roam our future contemporary micro business spaces and see the potential of this old school industrial space!

Watch for our Used Car and Equipment business to open soon! (Business Hours to follow.)

Come see whats happening to the Old Dover Stove Building!!

They've all gone home

Well, it's happened again. Summer has basically gone and they have all gone home. "They" are those relatives and friends who came to Maine to see how the poor relatives are doing. Or just tourists from wherever home was, the sub-

THE ROAD LESS TRAVELLED

By Milt Gross

urbs of Boston, or of New York City, or of Philadelphia.

The only question I have is why they want to go home to those suburbs. I used to know the answer. After we had taken a Pullman train to Boston and a local train to Augusta - back when you could take a train to Augusta - we would be at Great Aunt Amy's farm for a week. It was during that week I would hear the passenger train heading south at night. When I heard it, I missed home, the up-to-date comfortable place we lived in suburban Philadelphia. In those days I understood why people wanted to return to the suburbs. I did.

After being in Maine about 20 years, we would sit in a restaurant parking lot in Belfast and watch those tourists. I better understood them then. Maine was a good vacation spot to visit, but home was home. Home was modern. Home was up to date. Home was what they were used to.

Home is where they were going. Years later I realized I was home,

No longer did I think or dream about those suburbs. I was home. This was where I lived. This was where we were raising our children.

Please see Page 7,

To the Editor; It's 2016 and 15 years have

passed since "9-11". Fifteen long dreary years of uncertainty, and for some they've been punctuated by fear.

Do you remember where you were on 9-11? Just think, there are children in their middle teens who don't know what our country was like before our homeland was changed for ever. There may even be teachers of history in our schools, barely in their teens themselves, when "Remember 9-ll" became a rallying slogan similar to "Remember Pearl Harbor". And how about those who've been persuaded to believe that we actually brought the events of 9-ll on ourselves?

How quickly we forget! Do you remember the images of dust covered people fleeing those burning buildings; of the selflessly brave firefighters and police who ran toward the danger in an attempt to save others? Are we made of the same stuff today that folks were 15 years ago?

It can all happen again, perhaps far worse, and we must question whether we are prepared? Have we once again fallen back into a sleepy sense of complacency where our capacity of denial has lulled us into the notion that it can't? Surely it won't happen again, you say to yourself.

"9-11" Remembering brings to mind the poignant changed world? We've had words of a song made popular years ago. Read the three simple stanzas and permit the ful day join with those who essence of the words to lodge may not, come together as a in your mind:

"Try to remember the kind of September

When life was slow and oh so mellow ...

"Try to remember when

life was so tender that no one wept except the willow ..."

"Deep in December, it's nice to remember, although you know the snow will fol-

I do remember! It was the Sunday after 9-11. The airport in North Carolina fairly bristled with soldiers in fatigues, automatic weapons at the ready. Remember too the silence aboard that flight, one of the first into New York. No one knew what to expect, what they might see, or even what could happen to that plane or themselves.

From the right side of the airplane the Statute of Liberty appeared and there, almost under the wing was the massive black, smouldering pile of what onces was the World Trade Center. Smoke belched from the great maw, only a city block from where I once worked. It drifted southward, out over New York harbor on its way to the Atlantic's hori-

Unbelieveable, seemingly unreal and unacceptable, I thought. But there it was, undeniable. Hatred had struck its first blow on all of us.

Since that day you surely have to have questioned, what will come of us as a people? Could it happen again? Yes, we're still here, living through it, but are we ready and are those who follow us prepared to take on a our warning. Can those of us who remember that fatenation, and bring our lives to the "point so tender" that no one weeps "except the willow"?

Don Benjamin **Dover-Foxcroft**

9-11: A memoriam My Veteran's Day dream

To the editor:

It was nearly three years ago, that "Wreaths of Remembrance" was started. My family and I, began our new Veteran's Day tradition of placing wreaths on the graves of every veteran buried in our town cemetery. It began with only a small family group, and a local U.S. Navy veteran, but now I have a dream for it. A dream that envisions cemeteries, in small towns and large cities, all across America. And in every cemetery, on each Veteran's grave, a flag-decorated balsam wreath has been placed.

My dream is to see the project spread, through a grassroots movement of dedicated Americans joining from town to town, and state to state, until 'Wreaths of Remembrance" stretches from here to the West Coast. You see, I don't want to just decorate one town cemetery ... I want all cemeteries to be decorated, but to do that we need more members volunteering to help us.

As a small, non-profit orexactly as our name states: to remember. To remember our veterans and to honor our nation's dead. Our freedom was not just a gift. It was paid for through the blood, suffering and lives of all our soldiers from the American Revoluthat. That America, and fu- the fields of France, and un-

sight of where and to whom, we owe our debt of gratitude for our liberty.

We must never allow ourselves to forget, or take for granted the sacrifices of our Armed Forces. How they fought in the service of this great country, to preserve our freedom, and to bring that freedom to suppressed peoples and countries all around the world. How they have laid down their lives for our American ideals, for equality, for the rights of humanity.

Patriotism, and love of one's country often seems to be painfully out of style these days. Americans seems to think now that heroes are to be found on television, in Superheros, in teen idols and music stars ... but these are not our real American Heroes. Our heroes are something much different. They are seldom on most of America's mind, and get far too little recognition for the job they do, but they are heroes nonetheless.

Our heroes wear the face ganization, our mission is of a young Marine, the pride of his Graduation Day still upon him. Our heroes walk the rolling deck of a Navy ship, save lives in the Coast Guard. Their hands are at the controls of every Air Force jet. Their feet march under the broiling sun of the desert. tion until now. Our goal here They lie buried beneath the com. is to see that we never forget sands of the South Pacific, in

On the ice in Greenland

ture generations, never lose der our own Nation's soil.

They are our Military; the Armed Forces of today, who still go out to fight, and those of yesterday, who have already fought their fight and made their sacrifices - our Veterans, living and dead.

I want, through our Wreaths of Remembrance project, to help keep alive some of the disappearing spirit of patriotism, pride in our great land, and respect for our Heroes, who have suffered, bled and even died for us, so that we might be free. What we are really trying to do here, is to see that all veterans in cemeteries all across the United States, get remembered and honored each year through the work of our organization. Help us make a difference, starting now, right in our small hometowns!

Anyone who is looking to get involved, if you want more information on what we do, or if you want to donate wreaths to our project, please contact us. We would be happy to hear from any dedicated Americans looking to join us.

Are you proud to be an American? I am! What better way to show your pride than by honoring those who served? And who is better fitted to do the job than 'We the People'? Please contact us through email Wreathsof-RemembranceUSA@gmail.

Seraphima Smalley **Drew Plantation**

Greenland was an interest-

Honoring American heroes and remembering victims

Sunday marked the 15th anniversary of 9/11



Susan Collins own recol-(R-Maine)

cade September 11, 2001, remains as vivid as if it were yesterday. We each By U.S. Sen. have our lections of

where

were what we were doing as the horrifying events began to unfold. We all share the still powerful emotions of shock,

anger, and grief. On the evening of that terrible day, members of Congress gathered on the steps of the U.S. Capitol. With tears in our eyes and sorrow in our hearts, together we sang, "God Bless America." The emotions of shock, anger, and grief were joined by unity and resolve.

Fifteen years later, that moment remains my most enduring memory. The sense of solidarity that swept over us as we sang has been our strength in the threat of terrorism we have faced ever since.

Robert and Jackie Norton of climb upward to rescue those Lubec, a devoted retired couple who boarded Flight 11 to celebrate a son's wedding on down

the West Coast. We rememand ber James Roux of Portland, responders, the military peran Army veteran and a devotpassed, but ed father, on Flight 175 for a business meeting in California. We remember Robert Schlegel of Gray who was still celebrating his recent promotion to the rank of Commander in the United States Navy, and settling into his new office at the Pentagon, an office that is believed to have been the point of impact for Flight We remember Stephen Ward of Gorham, who was working on the 101st floor of the North Tower that terrible

On this solemn anniversary, we join all Americans in remembering each of the nearly 3,000 lives lost that day: lives of accomplishment, contribution, and promise. Each loss leaves a wound in the hearts of families and friends that

can never be fully healed. And we honor the heroes of that day. We remain moved by the selfless courage of men and women on Flight 93 who wrestled that plane to the ground, sacrificing their own lives so that others might live. We are inspired by the firefighters and police officers at the World Trade In Maine, we remember Center who continued to who were trapped even as the Twin Towers were coming

We pay tribute to the first sonnel, and the civilians who rushed into the smoke and flames at the Pentagon to lead others to safety. We express our gratitude to those who have given so much to defend our nation against terrorism, the men and women of our armed forces.

September 11th was not just a day of personal tragedy. It was an attack on the United States, an attack on freedom, an attack on civilization. We must never forget what was lost, and what remains at stake. We must pledge to do all that we can to prevent future attacks. The fundamental obligation of government is to protect its people. Since September 11th, we have worked to meet that obligation.

In what seemed like a moment, September 11th was transformed from a day like any other into one that, for as long as our nation endures, will stand alone. The loss we relive reminds us of the value of all that we must protect. The heroism reminds us of the unconquerable spirit of the American people. Our accomplishments remind us that we can meet any challenge with decisive action. As long as we keep the meaning of this day of remembrance in our hearts, we will meet the challenges that lie ahead.

ly returned

U.S. Coast cursion Angus King

opportunities for learning more about what's happening in the rapidly changing Arctic region on both the climate and security fronts and how those developments impact us here in Maine and across America.

The first two days of the trip were quite extraordinary. On day one we flew in a helicopter for three hours over Greenland's rugged terrain and ice sheet, and landed near the Jacobshavn Glacier, which is Greenland's largest and fastest moving glacier. What we saw there — where the ice breaks off and falls into the fjord — was both amazing and scary. It was amazing because this glacier has moved as much in the last 10 years as it did in the previous one hundred. It was scary because the glacier is melting at an accelerated pace. Just last summer alone, it shed an estimated five square miles in a matter of two days. According to research, the glacier was pouring out ice at a speed of 150 feet per day in 2012 — which is nearly three times faster than it was in the 1990s. The second day of the trip reinforced this when we traveled on a Danish frigate to the edge of the Ilulissat Icefjord where the icebergs break free and head to the

the and implications of this melting — including Dr. Robert Corell, who is a leading clis p a n n e d and oceanographer John Entwo equally of course, Maine is a coastal important state. The question is, what are we going to have to invest in terms of infrastructure to be prepared for these inevitable increases in sea level. The discussion shouldn't only be about whether or not this is happening — it should be about how we respond. That presentation really hammered home the point that even as we work to limit our reliance on fossil fuels and slow the warming, we must also be working together to deal with the sea level rise that is already inevitable.

Day three was spent in Greenland's capital city of Nuuk and focused more on national security and how a changing Arctic affects our relationships with other countries. The region is increasingly important to the U.S. and our allies. Not only does it border several nations, including the United States, Russia, Canada, Norway, and Denmark (with which Greenland is affiliated), but the Arctic also has the potential to become a significant waterway that links the Atlantic and Pacific Oceans. As the ice continues to melt, more global shipping routes will open up - ushering in new economic opportunities while increasing the potential for competition be-

Why does that matter you ing place to have these sea ask? Well, we had several curity discussions because, climate experts on the trip to help us understand the scope government, Greenland's foreign affairs and security are managed by Denmark. The Danish government runs the mate scientist and resident Joint Arctic Command, which of Weld, Maine. Dr. Corell is responsible for ensuring the territorial sovereignty of By U.S. Sen. several glander gave a stunning pre-Greenland and the Faroe Isdays and sentation about the implica- lands, among other tasks. I presented tions of sea level rise. And received a briefing from the head of Arctic Command, Major General Kim Jesper Jørgensen, on its operations and the security situation in the region. Part of that discussion was how the U.S. and Joint Arctic Command can increase our coordination, particularly when it comes to issues like search and rescue, and common security requirements. The Russians are becoming increasingly active in the Arctic, and right now they are largely cooperating with other countries in this region, but that doesn't mean that we don't need to continue to work with our partners to promote cooperation rather than conflict, while ensuring we have the capabilities required to protect our inter-

As the co-chair of the Senate Arctic Caucus, and with Maine poised to benefit from increased trade through the Arctic, it's important for me to have a clear picture of what's happening in the region. I've come to believe that one day of seeing is better than one year of reading, and those three days in Greenland with the head of the Coast Guard, Admiral Paul Zukunft, will prove invaluable as I work to tackle the issues of climate change and the protection our national security interests in the

The Piscataquis Observer GUIDE

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Is your money going up the chimney?

Tips on how to make your fireplace more efficient

gathering around the fire ing source of indoor air loss. winter. Unfortunately, wood-burning fireplace could be a major source of energy loss in your home, sending your utility bills sky

However, you don't need to sacrifice the fire to improve your home's energy efficienbills; in fact, it's possible to into an efficient heat source enhancing efficiency.' with the following tips

Upgrade your fireplace

insert. They generate more the Escape from Heat & Glo radiant heat and are cleaner to maintain than traditional masonry style wood-burning

(StatePoint) Nothing beats fireplaces, which are a lead-

"Traditional wood fire-places add a lot of charm to a home, but they are inefficient - even when they aren't in use," says Andy Tesch, brand director of Heat & Glo, the leading manufacturer of innovative gas fireplaces, stoves and inserts. "A gas cy and reduce your heating fireplace insert is a great alternative to maintain the amconvert your wood fireplace biance a fire creates while

A gas fireplace insert is cleaner, too, creating no ash, Consider a gas fireplace soot, or smoke. Models like

> Please see Page 7, **FIREPLACÉ**



FIREPLACE – A gas fireplace insert generates more radiant heat and is cleaner to maintain than a traditional masonry style wood-burning fireplace, which can be a leading source of indoor air loss.

Back-to-school a perfect time to paint

ring in the fall home painting season, according to Debbie Zimmer, paint and color expert at the Paint Quality Institute.

"With kids out of the house, interior painting is several grades easier, and with proper planning, you can ace the job in record time," says Zimmer, who offers some tips for mom and dad painters with school-age children:

Start by finishing your 'homework" early, she advises. Pick up color cards at your local paint store, plan out your color scheme, and purchase paint and sundries ahead of time, not on the day you want to paint. Also, favor top quality 100 percent acrylic latex paint in a glossier finish to get a painted surface that is more "kid-proof", i.e. easier to clean.

The night before painting, slide furniture away from the walls and cover it. Wipe down the surfaces you'll be painting, and patch any nicks or holes in the walls. Remove switch-plates and outlet covers. Then apply painter's tape as necessary to protect the ceiling, woodwork, and anything else you want to keep free of paint.

"With shopping and prep work completed beforehand, you'll be able to plunge right into your painting as soon as the morning school bus leaves," says Zimmer.

Begin your painting by doing the largest wall first. When you finish that, you'll have an immediate sense of accomplishment and confidence that you can complete the job before the kids return.

Use an angled trim brush to 'cut in" the edges of the wall —

Now that school bells are once where the wall meets the ceiling, again ringing, it's a great time to and adjacent to doors, windows and molding. Then use a roller to cover the wall in 3-foot by 3-foot sections, working from one side of the wall to the other. Roll out the paint in a "W" pattern, then fill in the pattern and move on to the next section.

Repeat the process on the second-largest wall, and proceed from one wall to the next until you finish the room. If you must stop painting to pick up the kids, or for any other reason, don't stop mid-wall or you may be left with a visible line in your paint

If you are also painting the trim, the best practice is to wait until the next day. However, if you started your project early enough and the walls are completely dry, you can move right on to that phase of the job.

Starting with the first wall you painted (where the paint is driest), apply painter's tape to the wall right next to the trim. Taping off the woodwork in this way will not only speed your painting, it will also give the room a neater finished appear-

Using a 2-inch angled brush, work from top to bottom, painting crown moldings and chair rails (if any) first. Same thing with doors and windows paint from the top down, so you can smooth out drips as you go. Paint the baseboards last. Then allow all the trim to dry overnight before removing the tape.

Once the tape is gone, stand back and admire your handiwork. And thank your lucky stars that school is back in session: It makes things a lot easier when it comes to home painting!

For more information, visit the Paint Quality Institute blog applying a 3-inch strip of paint at blog.paintquality.com.

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What to look for in a new roof

(StatePoint) strong winds, heavy rains, and threats like fire and natural disaster, simply having a roof over one's head is not always enough.

When choosing a strong roof designed to protect your home and its occupants, here are some things to consider:

Impact resistance

Whether you live in an area prone to direct or indirect threats of tornadoes or hurricanes, or you simply live in a region that experiences strong storms, take note: flying debris associated with severe weather can become dangerous in high winds. Damage from airborne tree branches and flying loose items can be devastating to a roof not equipped for impact. Having a synthetic roof that has achieved the highest ratings on impact resistance tests can help protect your property.

"Even if your roof has stood up to strong weather conditions in the past, it's important to make sure it's still in shape before the next round of bad weather hits," says Mark Hansen, vice president of sales and market- on upgrading roofing to proing for DaVinci Roofscapes, which makes high-performing polymer roofing products that have achieved the highest grades possible on multi-

ple industry tests. Examine the roof yourself or have a professional roofer assess for damage you may not be able to see from the ground. They can make repairs or recommend a new

roof replacement. Durability

No matter where you live, it's important that roof tiles can handle wear and tear. Ideally, roof tiles should resist curling, fading, cracking, mold, algae, fungus and insects. Roofing products that



Between come with a strong warranty can offer you peace of mind. Fire prevention

Real wood shake roofs can be extremely combustible and serve as kindling for wildfires. If you live in an area with even a remote possibility of wildfires, consider investing in a roof that resists flame spread. While no roof will resist a "ground up" fire that engulfs the entire home, polymer roofing tiles that are installed with proper underlayments can help protect a home from wind-driven embers that can ignite the roof.

Other considerations

Protecting your home and family should be your number-one consideration. Luckily, durable synthetic roofing options abound that offer the authentic look of real wood or slate beauty, as well as environmental sustainability. For the benefits of an eco-friendly roof, it's a good idea to seek out products that are completely recyclable and meet standards set by organizations like the Cool Roof Rating Council and the U.S. Green Building Council.

For a complete free guide tect a home long-term, visit | Dover-Foxcroft. ThisOldHouse.netline.com.

For an important, lasting home project, evaluate your roof and consider making an upgrade that will protect your house from everyday wear and tear, as well as the worst case scenario

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Photo courtesy of PRYMCA **NEW DOOR** – Newport Glass installed a new

door at the Piscataquis Regional YMCA to make more usable space for the licensed child care.

Photo courtesy of PRYMCA UP **FIXING** THE **PRYMCA** Piscataquis Regional YMCA Care Coordinator Kelly Hutchinson and Rod Executive Director Rod Willey repaint the childcare room at the facility in



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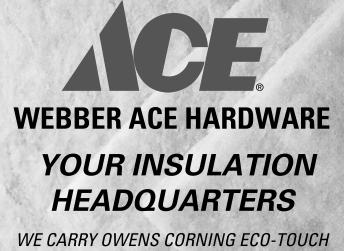
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Source: GAMA Consumers Directory of Certified Efficiency Ratings.

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Redzone defense helps Madison/Carrabec spoil Ponies' home opener

By Stuart Hedstrom Staff Writer

DOVER-FŐXCROFT Three interceptions in the redzone, along with another pick made in its own territory, enabled the Madison Area Memorial High School/Carrabec High School squad's defense to limit the scoring opportunities for Foxcroft Academy during the Ponies' 2016 home opener on Sept. 9.

The visiting Bulldogs (2-0) finished the game 1-for-5 in points given up on Foxcroft (0-2) redzone possessions in winning 32-7.

After scoring a touchdown on the first series of the game, the Bulldogs — a cooperative team between the two Somerset County high schools — made a stop on fourth-and-12 at the team's own 14-yard line. During the Ponies' next trip deep into Bulldog territory junior linebacker Kobe Tibbetts made the interception at the 2-yard line. The turnover led to a touchdown, on a 75-yard screen pass, to put the Bulldogs ahead 13-0 early in the second quarter.

A 45-yard punt return to the endzone put Madison/Carrabec ahead 20-0 nearly halfway through quarter No. 2. The team's defense came up with its second redzone interception of the second quarter as junior Evan Bess grabbed a hold of the ball near the goalline.

With a little more than two minutes remaining before the half, Foxcroft forced a punt before using its third and final timeout to stop the clock. When the offense took to the field the ball was at the Pony-46 with 1:38 on the clock.

Junior quarterback Nick Clawson would scramble for 13 yards on a third-and-3 to move the Ponies to the Madison/Carrabec-34. A few plays later Foxcroft faced a fourth-and-6.

On fourth down Clawson threw down the middle of the field after spying senior David Salley inside the opposition's 5-yard line. Salley made the catch in double cov-

The clock briefly stopped chains for the new set of downs.



Observer photo/Stuart Hedstrom

YARDS AFTER THE CATCH - Foxcroft Academy sophomore Jeremy Richard looks to get around Madison/ Carrabec junior Évan Bess after making a reception in the second quarter of the Sept. 9 contest. The visiting Bulldogs won the Ponies' home opener, 32-7.



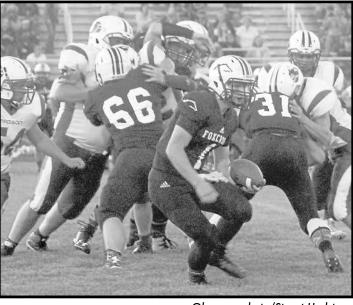
Observer photo/Stuart Hedstrom

BREAKING A TACKLE – Pony senior Billy Brock slips the grasp of Madison/Carrabeć junior Max Shibley.

This gave the Ponies the chance to quickly set up in formation, with senior center Cody Labbe snapping the ball to Clawson with about six seconds to go. erage as he was brought down at the Bulldog-3.

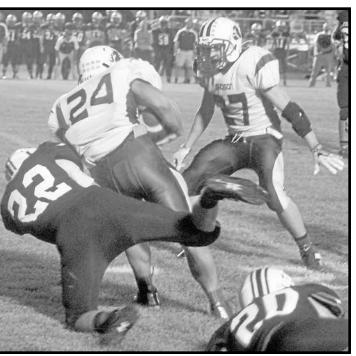
Clawson spiked the pigskin to stop the clock with 3.2 seconds on the clock and give his team a so the officials could move the chance for a play before the walk

With senior Billy Brock to his right in the backfield, Clawson took the shotgun snap and ran a quick step in Brock's direction. Clawson opted to tuck the football in his grasp as he plunged through a hole opened up in the line. The officials signaled that he landed in the endzone for the touchdown as time expired.



Observer photo/Stuart Hedstrom

SCRAMBLE LEGS – Junior guarterback Nick Clawson runs around blocks by junior Reggie Johnston (66) and senior Billy Brock (31) early in Friday night's game. Clawson lead his team with 87 yards on the ground, including a 3-yard score to close the opening half.



a hold by sophomore Jeremy Richard, kicked the PAT to make the game 20-7 after 24 minutes

Foxcroft received the football to start the second half and the

Junior Levi Steadman, on team drove to the opposition's 18 for a third-and-14. On third down Madison/Carrabec senior Nick Morales came up with an interception by the goalline. The turnover resulted in a drive leading to an 11-yard touchdown run

FOOTBALL Madison/Carrabec 32, Foxcroft 7

MAD 7 13 6 6 | 32 FA 0 7 0 0 | 7 First qtr: MAD — Morales 1 yd (Jarvais kick)

Second qtr: MAD — Jarvais 75 yds from Bess (kick wide) MAD — Ouellette 45-yd punt return (kick wide) FA -- Clawson 3 yds (Steadman kick)

Third qtr: MAD — Morales
11 yds (kick wide) Fourth qtr: MAD — Bess 15 yds (kick wide)

Passing: FA— Clawson
7-of-21 77 yds 4 Int;

Spooner 0-for-0. MAD — Bess 4-of-5 113 yds TD; Jarvais

0-for-1.

Receiving: FA — Smith 2,
30 yds;Richard 2, 6 yds; Salley 1, 26 yds; Dyer 1, 8 yds; Marsh 1, 7 yds. MAD — Jarvais 2, 104 yds TD; Morales 2, 9 yds.

Rushing: FA — Clawson 18, 87 yds TD; Brock 14, 29 yds; Chadbourne 4, 17 yds.

MAD — Morales 17, 94 yds 2 TD; Bess 10, 83 yds TD; Whalen 7,

26 yds. Records: FA 0-2, MAD 2-0.

Observer photo/Stuart Hedstrom NOWHERE TO GO -Sophomore Michaelb Niles brings down Madison/ Carrabec senior Nick Morales with Pony senior David Salley and Bulldog junior Sean Whalen nearby.

by Morales, who finished with a game-high 94 yards and two touchdowns on 17 carries.

Bess finished his team's night with a 15-yard scoring quarterback draw early in the fourth

Next up for Foxcroft is a trip to Waterville Senior High School (0-2) on Saturday, Sept. 17, at 1 p.m.

Fly-In 5K results

GREENVILLE — The Jean 26, 36:55.5; 57. Heather Moosehead Lake Chamber of MacKenzie 26, 37:16.1; 58. Commerce's inaugural Fly-In 5K was run on the morning of Saturday, Sept. 10, with the following results: 1. Josniel Castro age 19, 18 minutes, 5.8 seconds; 2. Kevin Martin 28, 19:03.3; 3. Michael Cabral 30, 19:35.2; 4. William Fletcher 48, 23:28.4; 5. Jackie Dion — women's winner 54, 23:52.1; 6. Wil Shibles 28, 23:59; 7. Deanna Ruland 45, 24:14.4; 8. Corey Woodbury 27, 25:02.3; 9. Giovanni Milligan 12, 25:24.3; 10. Paul Ducey 68, 25:30;

11. Linda Cianchette 36, 25:32.4; 12. Chandler Cossar 18, 26:00.1; 13. Bob Clark 65, 26:05.5; 14. Katie Yakubowski 26 26:32.5; 15. Roger Audette 51, 26:45.6; 16. Misty Leask 32, 26:47.2; 17. Ryan Edmondson 29, 27:06.8; 18. Nigel Tall 10, 27:59.1; 19. Dean Milligan 49, 28:15.8; 20. Martha Shannon 28, 28:15.9;

21. Betheny Proctor 28, 28:22.8; 22. Sarah Gardner 28, 28:22.9; 23. Paula Eurich 60, 28:50.8; 24. Robert Clough 65, 29:15.1; 25. Mary Buckley 57, 29:17.3; 26. Amber Simmons 29, 29:37.5; 27. Debbie Ward 64, 29:42.6; 28. Brandi Moore 32, 29:51.1; 29. Holly Johnsen 49, 30:11.8; 30. Mary Madore

31. Craig Warren 57, 30:18.9; 32. Darcy Dionne 54, 30:19; 33. Jo Ann Clough 69, 30:43.8; Donna Theberge 52, 31:02.8; 35. Mallory Audette 11, 31:03.9; 36. Keith Trombly 69, 31:37.2; 37. Karen Wolf 56, 31:54.4; 38. Sophia Ruland 14, 32:39.6; 39. Debbie LaPointe 47, 32:39.6; 40. Abby Roy 22,

41. Rodney Caldwell 49, 32:57.4; 42. Kara Norris 33, 33:02; 43. Jess Lyons 31, 33:19.2; 44. Kendra Hanscom 31, 33:44.6; 45. Angie Madore 33, 33:46.2; 46. Roy Trombly 46, 34:10.1; 47. Owen Trombly 11, 34:10.1; 48. Barbara Richardson 61, 34:15.5; 49. Jennifer Miller 37, 35:11.4; 50. Sue Killam 61, 35:31.7;

51. Chandler Milligan 16. 35:49.4; 52. Ann Leonard 66, 36:37.9; 53. Scott Arno 52, 36:49.2; 54. Christie Volkernick 26, 36:55.3; 55. Peter Volkernick 52, 36:55.3; 56. Joshua Amber Drew 23, 37:37; 59. Dawn Allen 44, 37:39.4; 60. Rain Huskes 35, 37:47.6;

61. Ryan Moore 33, 37:49.4; 62. Lydia Jacobs 19, 38:02.2; 63. P.J. Lane 44, 39:07.8; 64. Derek Laney 44, 39:07.8; 65. Shawn Arbour 45, 39:51.1; 66. Libby Parr 28, 39:51.2; 67. Sarah Plourde 25, 40:07.1; 68. Lisa Cheever 47, 40:09; 69. Mark Soucy 47, 40:14.1; 70. Lisa Soucy 45, 40:16.9;

71. Danielle Schaub 32, 40:29.7; 72. Katie Mallett 30, 40:29.8; 73. Tammy McKenney 45, 41:17.9; 74. Meghan King 32, 42:25; 75. Ashley Fraser-Scott 31, 42:26.1; 76. Leah LaRoche 27, 43:30.2; 77. Samantha Coffin 27, 43:30.6; 78. Olivia Reed 26, 43:30.6; 79. Michelle Caldwell 45. 43:37.5; 80. Debbie Zalewski 63, 44:04.7;

Susan Mulherin 57. 44:54.4; 82. Triton Tall 13, 45:51.2; 83. Jessica Tall 41, 46:03.8; 84. Arnie Synder 41. 48:00; 85. Deidre Gilbert 35, 48:05.5; 86. Michelle Mulherin 29, 48:09; 87. Travis Allen 45, 48:20.8; 88. Sue Ginsberg 53, 49:23.7; 89. Lisa Sandberg 52, 49:24.4; 90. Terri North 57, 50:02.5;

91. Joyce Welch 60, 50:02.8: 92. Nicole Berger 24, 50:47.3; 93. Mary A. Riley 63, 51:54.1; 94. Wendy Roy 56, 52:14.1; 95. Kate Poulin 29, 52:14.3 96. Laura Berger 52, 52:18.3 97. Anna-Maria Herrick 51. 52:22.1; 98. Gina Emanuel 49, 53:20.2; 99. Caren Stosuy 57 53:49.8; 100. Candie Neimann

46, 53:50.1; 101. Jane Newton 67, 53:54.5; 102. Betty Latham 64. 53:54.5; 103. Julie Pelletier 50, 54:36; and 104. Michelle Pel-



Class C North football standings

through Sept. 10

l-1. Hermon	2-0
Madison/Carrabec	2-0
MDI	2-0
1. Winslow	2-0
5. Oceanside	1-1
6. Old Town	1-1
7. Foxcroft	0-2
Γ-8. Belfast	0-2
John Bapst	0-2
WaterviÎle	0-2
Top six teams qualify for play	voffs.

Class D North football standings

through Sept. 10

T-1. Dexter MCI Orono T-4. Bucksport	2-0 2-0 2-0 1-1
Mattanawcook Houlton Mt. View	1-1 1-1 1-1
T-8. Ellsworth/Sumner Stearns/Lee Washington	0-2 0-2 0-2
Top four teams qualify for pla Ellsworth/Sumner is ineligib	



High school roundup

Logan Butera made 18 saves.

Foxcroft girls soccer won vs. Ellsworth 2-0. Jenna Clukey and Cassidy Panciera recorded the goals, and Kiara Prescott stopped four shots for the shutout.

Sept. 6: Dexter boys soccer lost at Central 10-0. Matthew Richards made 18 saves.

PCHS boys soccer lost at Penobscot 7-1. Cam Kane had the goal.

Foxcroft field hockey won at Old Town 4-2. **Sept. 7**: PCHS field hock-

ey lost vs. Mattanawcook 1-0 in overtime. Sydney Marden made 15 saves. Dexter girls soccer lost

vs. Central 6-5. Scoring goals were Kayli Cunningham, Hannah Dorman, Cleo Mountain, Ashley Reynolds and Jasmine Woodard.

PCHS girls soccer lost at Penobscot 3-1. Erin Speed had the goal

Dexter golf finished third of three teams at John Bapst with a score of 211. Lucas Qualey led the team at 47.

Sept. 8: PCHS boys soccer won vs. Greenville 5-4 in overtime. Bryce Gilbert recorded the game winner and

Sept. 5: Foxcroft boys soc- Dillon Drew and Brian Moulcer lost vs. Ellsworth 4-0. ton each scored twice. Greenville goals came from Noah Bilodeau, Connor DiAngelo,

Nick Foley and Noah Pratt. Penquis boys soccer won at Dexter 2-1. Colin Beckett and Dereck Thomas both had goals. Nathan Richards scored for Dexter.

Foxcroft golf finished second of three teams at Penobscot with a score of 204. Aki-

ra Tanabe lead the team at 39. Sept. 9: Dexter football won at Mattanawcook 28-6. Dexter field hockey won vs. PCHS 8-0. Abby Webber

and Morgann Wyman tallied a pair of goals apiece, and Megan Peach earned the shutout in goal. Sydney Marden stopped six shots for

Foxcroft field hockey won vs. Orono 9-0. Alli Bourget and Cassidy Marsh had a pair of goals apiece.

PCHS girls soccer won vs. Greenville 2-1. Sara Almirante recorded both goals. Ashley Simko scored for Greenville.

Penquis girls soccer won vs. Dexter 3-2. Cymeria

> Please see Page 7 ROUNDUP

HEAL POINT STANDINGS

through Sept. 10 Class B North field hockey 4. Foxcroft 4-0

Top 10 teams qualify for playoffs Class C North field hockey 2. Dexter 2-1

10. PCHS 0-4 Top eight teams qualify for playoffs Class B North boys soccer

11. Foxcroft 1-2 Top 12 teams qualify for playoffs

Class C North boys soccer 7. PCHS 2-1 10. Penquis 1-0

14. Dexter 0-3 Top 11 teams qualify for playoffs Class D South boys soccer

11. Greenville 0-2 Top 10 teams qualify for playoffs

Class B North girls soccer 9. Foxcroft 2-1 Top 13 teams qualify for playoffs

Class C North girls soccer 8. Penquis 1-0 9. Dexter 1-2

13. PCHS 1-2 Top 11 teams qualify for playoffs

Class D South girls soccer

8. Greenville 0-2 Top seven teams qualify for playoffs

SPORTS ON TAP schedule subject to change

Wednesday, Sept. 14—BOYS SOCCER: PCHS vs. Foxcroft 4 p.m. FIELD HOCKEY: Foxcroft vs. Stearns 4 p.m. GIRLS **SOCCER**: Greenville vs. Penobscot 4 p.m. **GOLF**: Dexter vs. Foxcroft, Greenville and Mattanawcook 4 p.m.

Thursday, Sept. 15—BOYS SOCCER: Dexter vs. George Stevens 4 p.m.; Greenville vs. Penobscot 4 p.m. FIELD HOCK-EY: PCHS vs. Orono 4 p.m. GIRLS SOCCER: PCHS vs. Foxcroft 4 p.m.; Penquis at Lee/Stearns 3:30 p.m.

Friday, Sept. 16—BOYS SOCCER: Penquis at Lee 4 p.m. CROSS COUNTRY: Foxcroft vs. Bangor Christian, Central, Greenville, Hermon, John Bapst and Lee 4 p.m. FIELD HOCK-EY: Dexter vs. Old Town 4 p.m.; Foxcroft at Mattanawcook (Lincoln) 4 p.m. GIRLS SOCCER: Dexter at George Stevens (Blue Hill) 4 p.m. GOLF: Foxcroft at Bucksport with Mattanawcook

Saturday, Sept. 17—BOYS SOCCER: Foxcroft at Caribou 3 p.m.; Greenville vs. Deer Isle-Stonington (at Penobscot-Howland) p.m. FIELD HOCKEY: PCHS vs. Central 10 a.m. FOOT-**BALL**: Dexter vs. Bucksport 1 p.m.; Foxcroft at Waterville 1 p.m. **GIRLS SOCCER**: Foxcroft at Caribou 1 p.m; Greenville vs. Woodland (at Penobscot-Howland) 11 a.m. **ROAD RACE**: Dexter Rec Department Family Fun Day 5K 8 a.m. (Dexter Regional High School).

Monday, Sept. 19—FIELD HOCKEY: Dexter vs. Mattanaw-

cook 4 p.m. GIRLS SOCCER: Foxcroft vs. John Bapst 4 p.m.; Penquis vs. Bangor Christian 4 p.m. GOLF: Dexter at George Stevens with MDI 4 p.m.; Foxcroft vs. Hermon 4 p.m.

Tuesday, Sept. 20—BOYS SOCCER: Dexter vs. Searsport 4 p.m.; Foxcroft at Hermon 6 p.m.; Greenville at Valley (Bingham) 4 p.m.; Penquis at Mattanawcook (Lincoln) 4 p.m. GIRLS SOC-CER: Greenville at Valley (Bingham) 4 p.m.

Wednesday, Sept. 21—BOYS SOCCER: Greenville vs. PCHS 4 p.m. FIELD HOCKEY: Dexter at John Bapst (UMaine-Orono) 6 p.m. Foxcroft vs. PCHS 4 p.m. GIRLS SOCCER: Dexter vs. Searsport 4 p.m.; Penquis vs. Mattanawcook 4 p.m. GOLF: Foxcroft and Greenville at Mattanawcook 4 p.m.

Thursday, Sept. 22—BOYS SOCCER: Foxcroft vs. John Bapst 4 p.m.; Penquis vs. Dexter 4 p.m.

Friday, Sept. 23—FIELD HOCKEY: Foxcroft vs. John Bapst

4 p.m. FOOTBALL: Dexter at Stearns/Lee (Millinocket) 7 p.m.; Foxcroft at Old Town 6 p.m. GIRLS SOCCER: Dexter vs. Penquis 4 p.m. GOLF: Dexter vs. Foxcroft and Hermon 4 p.m.

Saturday, Sept. 24—BOYS SOCCER: Greenville at Penobscot (Howland) 1 p.m.; PCHS vs. Searsport 4 p.m. CROSS COUNTRY: Foxcroft at Old Town Sectional 1 p.m. FIELD HOCKEY: Dexter at Central (Corinth) 11 a.m.; PĈHS vs. Hermon noon. GIRLS SOCCER: Greenville at Penobscot (Howland) 11 a.m.; PCHS vs. Searsport 2 p.m.



ON THE SHORE OF KINGSBURY POND – Matching benches honor the lives of long-time Kingsbury Plantation public servants Alton E. and Lois E. Worcester. The two came to the community in 1975 where they raised their family of four children, ran blueberry fields and served their plantation, state and country.

Bench

morial benches. "If Lois liked you, you knew Lois liked you and if Lois didn't like you you knew Lois didn't like you that was the kind of person she

her family and her husband, whom she doted on every day of her life," Goggin said. "She loved her country, she loved her community.'

American Legion Auxiliary, Department of Maine President Veronica Gurney said Worcester achieved the rank of president in 1999. Gurney said Worcester mentioned her favorite organization chairmanships were leading children's and youth programs.

Gurney said Worcester requested that American Legion Auxiliary members collect comfort items that could of crisis. These items were then put in backpacks and Worcester had a goal to fill a pickup truck with backpacks. Gurney said instead of just one vehicle, Worcester's efforts helped lead to three full

Roundup

Continued from Page 6

the net for Dexter.

Robshaw had all three of her

team's goals. Kayli Cunning-

ham and Ashley Reynolds found

Foxcroft golf was second of three teams at Her-

mon with a score of 210 and Dexter came in third at 227.

Ethan Curtis lead Foxcroft

by shooting a 49 while Matt Hanscome lead Dexter at 48.

Contact Keri Foster

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right up to the Statehouse.

President Kendra Simmons said the home at the Togus Veterans Affairs Medical Center in Augusta began in 1999 when Worcester and others went to the medical facility and saw the wives of patients sleeping in the waiting area. Simmons said Worcester contacted various veterans organizations and helped get a board of directors formed and by-laws was renovated to provide a place for the families of To-

years later it's still running almost only on donations,' Simmons said.

State Sen. Paul Davis (R-Sangerville) said he first met Worcester when he was a state trooper, and she later here and I put it in my campaign literature," Davis said about the yearly Kingsbury Plantation business being

Davis said

the stretch of Route 16 run-Beals Hospitality House ning through her hometown named as the Alton E. Worcester Highway by the

> Legislature. Piscataquis County Sheriff's Office Chief Deputy Bob Young said Route 16 is "the definition of desolate road", especially in the winter. He said the door was always open at the Worcesters' home to those stranded along the travelway.

Young said Worcester had drafted as a nearby house a radio and if he and other members of the department may have been unsure of where they were going, "She would give you a tree-by-tree description."

"It's people like her that make America work," Young said, saying Worcester believed if someone started something then they saw it through to completion. "She did everything she could to make this right here part of

The bench dedication concluded with Worcester's daughter and son-in-law, Rita and Ernie Worster, and grandson, Jay Moulton, releasing balloons as Bob Kimball sang "Silver Wings", a favorite song of Worcester's.

Continued from Page 1

conducting other fundraisers to cover the costs to host The Moving Wall. "One of the things to get done this fall is the grading of this area where the wall will be," he

The Moving Wall will be placed beyond the ball field's centerfield fence. Batchelder said two-byfours stakes need to be driven into the ground every four feet along the length of the 250-plus foot Moving Wall. "I can't see doing this in April, the ground could still be frozen," he said.

Batchelder said a Boy Scout, who is a Dexter Regional High School student, is looking at the two-by-four stake work as a possibility for his Eagle Scout Service Project. "We want to incorporate this young person into this project," Batchelder said, with the stakes potentially being constructed by Tri-County Technical Center

The VFW quartermaster said he

has noticed there is no flagpole at most votes among those not elect-Ellms Field. "If we are going to put something up temporarily why not put something up permanently?" he said. He said the post and Frank Spizuoco of Maine Military Supply plan to donate a flag and pole to the town, which will be placed between two power poles in order for the flag to be illuminated.

"It's going to be six days and six nights," Batchelder said about the display in Dexter. "We are doing to do a dedication ceremony and we want to dedicate that flagpole to the town of Dexter because that flagpole is going to be there long after we and the wall are gone."

In other business, the council accepted the resignation of Coun-

cilor Alan Wintle as of Aug. 31. "The person who was eligible for this declined so we are going to go with six councilors until the November election," Council Chair Michael Blake said. Peter Haskell could have been appointed to fill Wintle's seat through Nov. 8 as a result of having received the

ed to council seats at the most recent ballot.

The council also approved amendments to the traffic ordinance to allow for ATV access on a pair of public ways. ATV traffic is now permitted on the Goff Road over 900 feet from Route 23 to the Sangerville town line and also on the Silvers Mills Road nearly 1.3 miles from Route 7 to the Sangerville line.

ATV riders are to follow the posted 25 mph speed limit on the two roads and ATV access is permitted from April 15 to Dec. 1 from 7 a.m. to dusk. ATV clubs in Sangerville and Garland will work with the Dexter Highway Department to post signage.

The idea of opening other roads in town to ATV and snowmobile traffic was brought up, and possibilities could be looked at during future meetings. "I understand the concerns, really I do, but ATVers bring in a lot of money," Blake

Home

Continued from Page 4

I remember meeting an elderly man in Brooks one day, who told me that someday he was going to visit the United States. He didn't seem to realize he lived in the U.S. He was home. I've never forgotten that man. He lived in Maine. He

was home. He just didn't realize it. I lived in Maine. I, with our fam-

I once got to know a black ex-cop from New York. He left New York because he was tired of being mistrusted. If he ever raised his stick, his weapon, he was accused of being cruel. He was black. But he was not at home in his home.

He was home in Maine.

I've taken trips back to Pennsylvania, but finally realized those crowded suburbs were not home. They were crowded suburbs, where I didn't belong. I even got lost there once, about five miles from where I had been raised.

Maine had become home.

I realize that Maine is my home. And I am probably seen by those traveling suburbanites as one of those funny strangers, who live in

Now I feel sorry for those tourists, who spent the final weekend of summer coming to Maine for some time off, and who now have to return to Suburbia for their daily life.

I am at home. At home in Maine. Milt Gross can be reached for cor-Greenville golf was third Grace Bickford, Cassidy Pan- rections, harassment, or other purposes at lesstraveledway@roadrunner.com.

Continued from Page 5

use energy-saving FireBrick technology to increase efficiency and are low maintenance, turning on and off with the flip of a switch. Learn more about the benefits of a gas fireplace insert at heatnglo.com/insertawareness.

If you can't part with the aroma, crackle and act of building a real fire, consider pellet and EPA-certified wood inserts, which can be an easy, clean and efficient alternative as well.

Best practices

If making the upgrade to an insert is not possible, a few simple steps can drastically improve the energy efficiency of your fireplace. Number one, when the fireplace is not in use, close the chimney damper. You'll prevent warm air and your money from going up and out the chimney.

A flue sealer is an affordable, inflatable stopper that fits below the damper to further seal off the chimney and is a worthwhile purchase.

Proper maintenance can

also go far to improve your fireplace's efficiency. Have it inspected, maintained and cleaned annually. Even if you love DIY, you may want to hire a contractor to ensure the job is done safely and thoroughly.

Considering adding doors or a cover to the front of your fireplace to help reduce the draft and improve the look. There are many styles available to enhance your interior design.

This winter, bring together both traditional charm and modern energy efficiency. A few upgrades and habits will allow you to enjoy your fireplace all winter long, while keeping heating bills low.

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Katahdin Valley Health Center Welcomes Our New PODIATRIST Dr. David Thao





KVHC welcomes Dr. David Thao as the newest member of our patient care team. Dr. Thao was born in Thailand, and raised in Minnesota. A veteran of the US Navy, he received his Bachelor's degree from Minnesota State University and completed his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine and Surgery. Dr. Thao is relocating to Maine from Enterprise, Alabama with his wife and two children. Dr. Thao shares KVHC's passion for providing access to affordable, high quality health care services to those in need. He is looking forward to the natural beauty of Maine, and sharing in KVHC's vision.

KVHC is pleased to provide podiatry services to all members of the communities that we serve. Dr. Thao will begin seeing patients at KVHC clinics in September. For more information or to schedule your appointment, call KVHC today!

1-866-366-5842 www.kvhc.org

Continued from Page 1

from the site of the pair of me-

"She was fully devoted to

gus patients to stay. To this day almost 17

encouraged him to run for the State Senate. "That year be given to children in times I attended town meeting right conducted at the Worcesters kitchen table.

Worcester pickup trucks being driven helped lead the push to have

of three schools at Mattanaw-

cook. Keegan Cannell lead

Greenville by shooting a 49.

Sept. 10: Foxcroft boys soccer lost at MDI 1-0.

Foxcroft girls soccer won

cated on the Milo Rd. in Dover-Foxcroft

SPACES 5x10

to 10x35

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564-8526

at MDI 3-1. Goals came from

ciera and Jacalyn Pelletier.

Calling all Guilford Senior Citizens: Annual Fall Foliage "Leaf Peeper" Bus Tour October 6, 2016

Come enjoy a scenic ride through Maine's North Woods, the Moosehead Museum, and the down home hospitality of Historic Pittston Farm!

FREE to Guilford residents; non-resident guests welcomed at \$15.00 per person which includes:

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Moosehead Museum Tour

 Gate fee Delicious meal and beverage

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health services to KVHC patients for more than 11 years and looks forward to providing these services to the Brownville community.



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Katahdin Valley Health Center Flu Clinics

Each year, between 5 and 20 percent of the US population gets the flu. Annually, the flu causes 200,000 hospitalizations in the US alone. Get your flu vaccine now to protect yourself before flu season begins.

Help us **BEAT THE BUG** this September!



No appointment necessary!

All insurances will be billed for flu shots. No insurance? No problem! Self-pay fee: \$20 Self-pay enrolled in KVHC Sliding Fee Program: \$5 (payment due at time of service)

Tuesday, September 20th

1:00pm - 4:00pm 30 Houlton St., Patten

Wednesday, September 21st

3:00pm - 7:00pm 59 Bangor St., **Houlton**

1:00pm - 4:00pm 50 Summer St., **Millinocket**

Thursday, September 22nd

11:00am - 7:00pm 180 Main Road, **Brownville**

11:00am - 7:00pm

33 Walker St., **Ashland**



Call 1-866-366-KVHC or visit www.kvhc.org for more information.

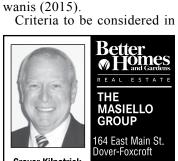
DOVER-FOXCROFT — was a longtime educator in French, office manager for determining the award win-The executive committee of SAD 4 and one of the found- WDME Radio (2008); Rhon- ner will include the overall (PCEDC) is seeking nominations for the annual Warren "Pete" Myrick Community Service Award, to be presented at the annual meeting of the PCEDC in December. Date and location to be announced.

The Myrick Award is given by the PCEDC Executive Committee to recognize a

nomic Development Council as the council's president in

Previous Myrick Award recipients are Ówen Pratt, retired Dover-Foxcroft town manager (2003); Merlene Sanborn, director of the Penquis Higher Education Center (2004); Roger Merchant, Piscataquis County Cooperative Extension Service (2005); Piscataguis County resident, Edwin Treworgy, retired edbusiness or organization who ucator, long-term member of exemplifies Myrick's concern the SAD 41 school board and for and commitment to educa- member of the Three Rivers tion, economic development Kiwanis(2006); Tracy Miand/or civic leadership in the chaud Stutzman, executive region. Myrick, a Guilford director of the Maine Crafts resident who died in 2002, Association (2007); Sherry

the Piscataquis County Eco- ers of the PCEDC, serving da Taylor of Maine Highlands Federal Credit Union (2009); John Simko, former town manager of Greenville and former president of PCEDC (2010); Thelma Regan, executive director of Piscataquis Valley Adult Education Cooperative (2011); Bob and Barbara Moore, owners of Bob's Sugar House (2012); Dennis Green, former Brownville selectman (2013); Richard "Dick" Brown, CEO of the Charlotte White Center (2014); and Eddie Lewis, longtime community volunteer and Dover-Foxcroft Ki-



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ner will include the overall impact of the candidate's accomplishments, the duration the candidate's engagement in community service activities and the breadth of involvement in the community. The award is not given to recognize anyone solely for job performance, but seeks to acknowledge those who go above and beyond in donating their time to community ser-

Nomination packages must be received by Oct. 11 — a change from earlier notices. The package should consist of a one- or two-page letter that details how the candidate meets the award criteria in the specific areas of education, economic development and/ or civic leadership, as well as any supporting documentation.

Nomination packages may be sent via e-mail to Christopher Winstead at christopher.winstead@pcedc.org; or mailed to Christopher Winstead, Executive Director, Piscataquis County Economic Development Council, 50 Mayo Street, Dover-Foxcroft, Maine 04426.

Births

Among the recent births recorded at Mayo Regional Hospital in Dover-Foxcroft were:

BROWN — A daughter, Addison Hope Brown, born on August 23, 2016, to Taylor Renner and Zachary Brown of Milo. Maternal grandparents are Rob and Suzanne Labelle of Sangerville and Daniel Renner of Milo. Paternal grandparents are Andrew and Tracy Brown of Maryland. Great-grandparents are Gramie and Gramp Brown.

FOSS — A daughter, Remington Lynn Foss, born on August 19, 2016, to Morgan Elizabeth (Caron) and Frank Charles Foss, Jr.; joining big brother Levi. Maternal grandparents are Sheri Truman and Henry Truman, Gary Caron of Chelsea. Paternal grandparents are Jodi Parker of Dresden, Frank Sr. and Tina Foss of Windsor. Great-grandparents are Judy and Pa Jones of Dres-

MALOON — A son, Isaac O'Brian Maloon, born on August 22, 2016, to Kelsey Jo (Callins) and Shawn O'Brian Maloon of Guilford; joining big brother Ivan. Maternal grandmother is Amy Cookson of Abbot. Paternal grandparents are Patrick and Melanie Maloon of Parkman. Great-grandparents are Dennis and Joyce Cookson of Abbot, Robert Boardman of Parkman.

MOORE — A daughter, Amelia Morgan Moore, born on August 1, 2016, to Abby Leah

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(Harmon) and Dylan Michael Moore of Sebec; joining sister Avery. Maternal grandparents are Leah Harmon, Tim and Rachel Harmon of Dover-Foxcroft. Paternal grandparents are Holly and Buddy Currier of Bradford, Chris Moore of Stetson. Great-grandparents are Linda Smith and Ben Doody of China, Nancy and Jeremiah Eckelberry of Bradford.

NOKE — A son, Avery Owen Noke, born on August 28, 2016, to Jennifer Jean Goodine Noke and Luke Daniel Noke of Milo; joining sister Clara Jean. Maternal grandparents are Anthony and Tami Goodine of Atkinson. Paternal grandparents are Michelle Noke of Connecticut, Paul and Terri Noke of Mattawamkeag. Great-grandparents are Paul and Jean McKusick of Milo, Owen and Roberta Goodine of Atkinson, Robert and Judy Tremblay of Canaan, Raymond and Verne of Connecticut.

THOMPSON — A daugh ter, Julianna Louise Thompson, born on August 30, 2016, to Christina Tirrell of Dover-Foxcroft and Shaun Thompson of Bradford. Maternal grandparents are Denise and James Tirrell of Dover-Foxcroft. Paternal grandparents are Donna and Kevin McEwan of Charleston, Paul and Jenna Thompson of Goldsboro, NC. Great-grandparents are Margorie Hagelin of Charleston, Donnie and Jill Perkins of East

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Applications can be picked up at the human resources office located in the Old Mayo Building Monday through Friday or apply online at www.mayohospital.com.

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Paid Training Provided

Staff needed to work with adults in our residential programs located in: Abbot, Bangor, Brewer, Corinth, Dexter, Dover-Foxcroft, Glenburn, Hampden and Levant areas. Immediate openings for weekends, 2 day Live-in positions, evenings and overnights. Must have a HS diploma or equivalent and a valid ME driver's license in good standing.

\$9.25 per hour, no experience necessary.

Please apply online:

www.charlottewhitecenter.org

E.O.E

"All real estate advertised herein is subject to the Federal Fair Housing Act and the Maine Human Rights Act, which make it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, disability, familial status, national origin or sexual orientation. We will not knowingly accept any

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advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis."

Please leave a message on the answering machine if you call after business hours. We'll return your call as soon as possible.

FRIDAY AT 12:00 P.M.

CALL 564-8355

FAX 564-7056

Auctions Apartments For Rent

DOVER-FOXCROFT - 1 BR 2nd floor. Center of town. All utilities included, plus cable. \$475/month. First / last month's and security deposit required. Available now. 564-7013 or Cell: 774-444-3844.

DOVER-FOXCROFT - 2 BD, Duplex, Hardwood Floors. Wa ter, Sewer, Trash and Plowing included. 1st Month Rent, Security and References Required. Available September. 564-2694.

DOVER-FOXCROFT - 2 BR, ences and security deposit required. Available now. 774-444-3844 or 564-7013.



Massachusetts OSD LIVE PUBLIC AUCTIONS, 2 Days! 2 Locations! 2 Auctions! FIRST AUCTION: Fri., September 23, 2016, Ayer-State Police, 31-69 2016, Ayer-State Police, 31-69 Bishop Rd, Ayer, MA 01432, Reg. 8:30 a.m. / Start 10 a.m., SECOND AUCTION: Sat., Sep-tember 24, 2016, 289 Lyman St. Westborough, MA 01581, Reg. 8 a.m./ Start 10 a.m., OVER 190 TOTAL VEHICLES TO BE SOLD 8:06 536:1401 Complete SOLD, 800 536-1401, Complete Details at: www.AUCTIONSIN-TERNATIONAL.

Competition

Action Pistol Shooting Compe tition. Big Pine Gun Club, Rt. 150 N. **GUILFORD**. September 17th, 8:30 a.m. Shooting Fee: \$20. Eye and Ear Protection Required. Additional 3 Gun Match to be held. Public invited. Call Kerry 564-0721.

Homes For Rent

ABBOT - 3 Bedroom farm Dish, Plowing. \$650/month. References and security deposit required. Tenant pays own utilities. 876-3029.

Lawn & Garden

Privacy Hedges, LIMITED SUPPLY, 6ft Arborvitae, Fast Growing, Reg \$129 Now \$69, Beautiful, Bushy, Nursery Grown. FREE Installa-Grown. FREE Installa-tion/FREE delivery, Other Trees Available! 844-592-3327, www.lowcosttreefarm.com.

Miscellaneous

SAWMILLS from only \$4397.00 MAKE & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship! FREE Info/DVD:www.Nor-woodSawmills.com 1-800-578-1363 Fxt 300N

Pets

Black and chocolate Lab puppies. Ready 9/7/16. Taking deposits. Vet checked and first shots, 943-3015 / 943-2752.

Wanted to Buy or Trade

FREON 12 WANTED: R12 collecting dust in your garage. We case of cans. EPA certified (312) 291-9169 sell@refriger-

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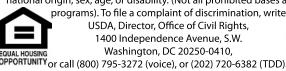
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COVERED BRIDGE APARTMENTS

Located III dulliold Waiting List Applicants Needed 2 Bedroom Apartments On-site Laundry & Mail Facilities Rent Based on 30% Income Subsidized

Contact **R&C MANAGEMENT** 62 West Kingfield Road Kingfield, ME 04947 Phone: 207-265-4006 Fax: 207-265-5087 Email: rcmngt@tds.net

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PUBLIC AUCTION 16-278 REAL ESTATE & EQUIPMENT/INVENTORY **COMPLETE LIQUIDATION RE: FOXCROFT AGWAY**

76 NORTH ST., DOVER-FOXCROFT, ME **TUESDAY, OCTOBER 11, 2016 AT 10AM** (Business Closing, Owner Retiring)





F450 4WD Rack Body Dump, Plow Cub Cadet 4WD Tractor w/ 417 Loader - Retail Lawn & Garden Pet Center Inventory - Yarns & Craft Inventory - Repair Shop & Support Equipment - Pellet Stoves Store Fixtures - Hoop House.

Visit Keenan Auction.com for complete listing! ~ Outstanding Gift Certificates will be honored until September 16, 2016 -

Real Estate: 2.23± Acres - large level yard, paved parking - retail/commercial complex with 5,040+/-SF retail area, office, 1,840+/-SF warehouse/shop w/ (2) OH doors, 2,812+/-SF retail/storage, 690+/-SF pole barn storage. Ref. Dover-Foxcroft Tax Map 36, Lots 101, 102 & 103.

Preview: Tue., September 27th from 10AM-12PM & 8AM Day of Sale Real Estate Terms: \$10,000 deposit to bid (nonrefundable as to the highest bidder) in CASH or CERTIFIED U.S. FUNDS, made payable to the Keenan Auction Co. (deposited with the Auctioneer as a qualification to bid), with balance due and payable within 30 days from date of auction. 10% Buyer's Premium. Equipment Terms: Cash, or Checks w/ approval. 10% Buyer's Premium. All items sold for immediate removal. For more

1 Runway Rd. info call (207) 885-5100 & So. Portland, ME 04106 request auction #16-278. Our 207-885-5100 7,432nd Auction & 44th Year. Company® info@keenanauction.com Richard J. Keenan #236.

COMMUNITY CALENDAR

Wednesday, Sept. 14

ABBOT: The Abbot Historical Society meets at 6 p.m. at the town hall, with a program on the 200th anniversary of the Moosehorns. FMI call 876-3073.

DEXTER: The first meeting of the sign language club will be from 6-8 p.m. at the Abbott Memorial Library. FMI call 924-

Thursday, Sept. 15 DOVER-FOXCROFT: EMDC and the PCEDC host a business resource night from 4:30-6:30 p.m. at The Mill. FMI go to www.

EMDC.org/eventcalendar.
DOVER-FOXCROFT: A session of Medicare 101 will be offered in the Sebec Room at Mayo Regional Hospital at 6 p.m. To register call 1-800-432-7812.

DOVER-FOXCROFT: Thompson Free Library hosts a "The World in Your Library" program on China at 6 p.m. FMI contact 564-3350 or df@thompson.lib.me.us.

Friday, Sept. 16GREENVILLE JCT:

Greenville Jct UMC hosts Dan Schall Ministries at 7 p.m., with a potluck at 6 p.m. Saturday Sept. 17

DEXTER: Dexter Rec's inaugural Family Fun Day 5K starts

at 8 a.m. at Dexter Regional High School, with registration at 7 a.m. FMI call 270-0195. DEXTER: The Dexter Rec

Department's Family Fun Day takes place at Crosby Park from 11 a.m.-3 p.m., to benefit continued park improvements. FMI call

DOVER-FOXCROFT: The fifth annual Sound Bites concert, to benefit Pine Tree Hospice, starts at 7 p.m. at Foxcroft Academy. FMI contact 564-4346 or wecare@pinetreehospice.org.

MILO: Three Rivers Kiwanis serves a blueberry pancake break-

Kiwanis' foundation account.

SEBEC: A fundraising community cookout, sponsored by the Sebec Village Associates, will be served outside of the Reading Room from 4:30-6 p.m. FMI call

Sunday, Sept. 18

DEXTER: The HJ Crosby Community Band Camp participants perform a free concert at the town hall at 2 p.m.

DOVER-FOXCROFT: The Dover-Foxcroft UMC hosts a sing-along with Lew Dow and the YesterYear Music Makers at 7 p.m. FMI contact 564-8013 or lld@myfairpoint.net.

Monday, Sept. 19 DOVER-FOXCROFT: Maine Highlands Senior Center

and TIP Collaborative hold a free fall risk screening from 1-3 p.m. at the Dover-Foxcroft Congregational Church. FMI call 992-

Tuesday, Sept. 20
BROWNVILLE: The Brownville-Brownville Junction Historical Society meets at 4 p.m. at the Parish House Museum, 72 Church St.

DOVER-FOXCROFT: The Center Theatre screens "More Than Honey" at 7 p.m. FMI go to www.centertheatre.org.

GUILFORD: A NAMI-certified suicide prevention workshop which meets the public school employee requirement — will be held at the Guilford UMC from 6:30-8:30 p.m. To register go to wboomsma.com or call 343-

Tuesday, Sept. 20

DEXTER: The Millside Fitness Center hosts a free Tai Chi class at 9 a.m.part of Falls Prevention Week. FMI call 924-

DEXTER: The GFWC/Dexter Women's Literary Club meets at

fast from 7-10 a.m., to benefit the Kiwanis' foundation account. the town hall at 1:30 p.m., with Senior Center and TIP Collaborative hold a free fall risk screening grams Manager Lisa Dunning.

> Wednesday, Sept. 21 DOVER-FOXCROFT:

Piscataquis County Democratic Committee meets at 64 East Main St., Suite H from 6:30-8:30 p.m. FMI call 564-0139.

GREENVILLE: 'Managing for High Value Crop Trees and Chestnut Restoration' takes place on a property near Greenville from 12:30-3:30 p.m. To register contact 564-2321 ext.

3 or info@piscataquisswcd.org. GREENVILLE: Shaw Public Library presents David Greenham performing "The Zany Majestic Bard" at 6 p.m. at the Center for Moosehead History. FMI call 695-3579

GUILFORD: The Maine Highlands Senior Center and TIP Collaborative hold a free fall risk screening from 11:15 a.m.-1 p.m. at Friends of Community Fitness. FMI call 992-6822.

Thursday, Sept. 22 DEXTER: The Maine Highlands Senior Center and TIP Collaborative hold a free fall risk screening from 2-4 p.m. at the Reddy Health Center. FMI call 992-6822

DOVER-FOXCROFT: A free session of the Essentials of College Planning will be offered at 1 p.m. at PHEC. To register call 1-800-281-3703 or go to http://

meoc.maine.edu.
DOVER-FOXCROFT: Pine Tree Hospice presents a free screening of "Being Mortal" at 6 p.m. at the Center Theatre. FMI call 564-4346.

Friday, Sept. 23 DEXTER: VFW Post 4298

serves a baked bean and hot dog supper from 5-7 p.m. to benefit bringing The Moving Wall to town in 2017. FMI call 270-0286. MILO: The Maine Highlands

tive hold a free fall risk screening from 10 a.m.-noon at the town hall. FMI call 992-6822

Saturday, Sept, 24
DOVER-FOXCROFT: Maine Highlands Senior Center and TIP Collaborative present a children's bike rodeo at the PRY MCA from 10 a.m-noon — with free helmets to the first 25 second-graders. FMI call 564-7111.

DOVER-FOXCROFT: Maine Highlands Senior Center and TIP Collaborative present "The Falling Monologues" at 2 p.m. at the Center Theatre. FMI call 992-6822

DOVER-FOXCROFT: The PCHS Class of 1986 30th reunion starts at 3 p.m. at 60 Orchard Rd. FMI call 343-0349.

GUILFORD: The Guilford UMC holds an inside and outside yard sale from 8 a.m.-1 p.m.

GUILFORD: The Guilford Bicentennial Harvest Fair, with family activities, takes place in the North Main St. area from 11 a.m.-2 p.m.

GUILFORD: A Bicentennial Fashion Show, featuring 1800s attire, starts at 3 p.m. at Friends of Community Fitness. FMI call

GUILFORD: 14th District American Legion of Piscataquis County will hold its first meeting of the year, hosted by Conner-Trafton Post 19 at the Masonic Hall, Hudson Ave. Supper is at 6:30, meeting at 7:30.

GUILFORD: A guided luminary tour of Elmwood Cemetery starts at 6:45 p.m.

MONSON: A New England contra dance takes place at the Finn Hall from 7:30-10:30 p.m. FMI call 997-3639.

RIPLEY: The Ripley UMC will hold a benefit yard sale and cookout from 9 a.m.-2 p.m. FMI call 277-5841.

Sangerville Historical Society news

SANGERVILLE — The Sangerville Historical Society will hold its monthly meeting in the Community Room at the Town Hall at 6:30 p.m. on Tuesday, Sept. 27. The fall schedule will be the same time and place on Oct. 25 and Nov. 29. The public is welcome with new ideas and suggestions.

The museum will remain open to the public through September on Tuesdays from p.m. If weather stays warm it will remain open into

USE THE CLASSIFIEDS TO BUY, SELL AND TRADE...

NOTICE OF PUBLIC SALE Notice is hereby given that in of Foreclosure and Sale entered July 29, 2016 in the action entitled Federal Home Loan Mortgage Corporation v. Michelle Lynn Wellagain f/k/a Michelle L. King f/k/a Michelle King, by the Piscataquis Judicial Center, Docket No. DOVDC-RE-15-5, wherein the Court adjudged the foreclosure of a mortgage granted by Michelle King a/k/a Michelle L. King to JPMorgan Chase Bank, National Association dated November 20, 2007 and recorded in the Piscataquis County Registry of Deeds in Book 1888, Page 92 the period of redemption having expired, a public sale of the prop erty described in the mortgage will be conducted on Tuesday, October 4, 2016, commencing at 12:00 PM, at the Law Office of Shapiro & Morley, LLC,

South Portland, Maine 04106. The property is located at 26 Lincoln Street, Greenville, Maine. The sale will be by public auction. All bidders for the property will be required to make a deposit of \$5,000.00 in cash, certified or bank check at the time of the public sale made payable to Shapiro & Morley, LLC, which deposit is non-refundable as to the highest bidder. The balance of the purchase price shall be paid within thirty (30) days of the public sale In the event a representative of the mortgagee is not present at the time and place stated in this notice, no sale shall be deemed to have occurred and all rights to reschedule a subsequent sale are reserved. Additional terms will be announced at the public

707 Sable Oaks Dr., Suite 250,

Shapiro & Morley, LLC, 707 Sable Oaks Dr., Suite 250, South Portland, Maine 04106, (207) 775-6223

15-022222

OBITUARIES

Rodney B. Blodgett



CROFT & WATER-VILLE - Rodney B. Blodgett, 64, died recently in Brownville of natural causes. He was born August 21, 1952, in Dover-Foxcroft, the son of Richard and Regina (Marsh) Blodgett.

Rodney grew up in Dover-Foxcroft, and graduated from Foxcroft Academy in 1971. After high school, he attended Northern Maine Community College. Rod then enlisted in the U.S. Air Force. After two years of service, he returned to Dover-Foxcroft and began his 25 year employment with C.F. Hathaway Co. employed by Hathaway, Rod was transferred to Waterville where he eventually became the warehouse supervisor. Upon closure of the Hathaway plant, Rod attended the University of Maine at Augusta and received an Associate Degree in Drug and Alcohol Counseling. Rod worked several years in the mental health field and counseled people with drug and/or alcohol addiction. He also worked for Waterville Homeless Shelter and the Skills Program.

For the last two years, put-

DOVER-FOX- ting his own life on hold, Rod moved to Brownville to care for his aging father. Rod spent many years of his life helping those who were unable to help themselves. He did find time for himself and enjoyed playing golf and cribbage, going fishing, and cheering on his favorite teams, the Celtics, Patriots and Yankees.

Rod was predeceased by his parents. He is survived by his son, Richard R. Blodgett of Ocala, FL; his daughter, Erica L. Blodgett of Corpus Christi, TX; two sisters and brothersin-law, Linda and Keith Graham of Clinton, and Karen and Garry Baker of W. Gardiner. He also leaves four nephews, Travis Baker, and Joe, Ben and Jon Graham; a niece, Erin Baker; an aunt, Thelma Chessa, and an uncle, Gerald Blodgett.
A memorial service will be

conducted 1 p.m., Tuesday, Sept. 20, 2016, at the Lary Funeral Home, 62 Summer Street, Dover-Foxcroft. In lieu of flowers memorial contributions may be made to Disabled American Veterans, P.O. Box 3415, Augusta, ME 04330. Condolences may be expressed at www.laryfuneralhome.com.



LEGAL NOTICE PETITION FOR

EXECUTIVE CLEMENCY STATE OF MAINE

Augusta, August 9, 2016

Notice is hereby given that a Petition for a Pardon for **KEITH HARVEY** who was convicted of the crimes of CR 78-64 — BURGLARY; CR 78-194 — BURGLARY is now pending before the Governor and a hearing will be conducted in the MAINE DEPARTMENT CORRECTIONS BOARD ROOM, **TYSON** DRIVE, FLOOR in Augusta, on THURSDAY the 27th day of OCTOBER 2016, at 9:00 o'clock A.M.

NOTICE OF PUBLIC SALE

Notice is hereby given that in accordance with the Consented Sale entered April 12, 2016 in the action entitled Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-EQ1 Asset-Backed Certificates, Series 2006-EQ1 v. Laurie A. Johnson-Kudsi and Dorothy Jan Johnson et al., by the Maine District Court, Division of Dover-Foxcroft, Docket No.: DOVDC-RE-15-27, wherein the Court adjudged the foreclosure of a mortgage granted by Laurie A. Johnson-Kudsi and Dorothy Jan Johnson and Bashar Kudsi to Mortgage Electronic Registration Systems, Inc., acting solely as nominee for EquiFirst Corporation, its successors and/ or assigns dated May 31, 2006 and recorded in the Piscataquis County Registry of Deeds in Book 1750, Page 3, should the period of redemption have expired without redemption of the property by the mortgagor(s), a public sale of the property described in the mortgage will be conducted on October 5, 2016 commencing at 10:00 AM at Office of Shechtman Halperin Savage LLP, 190 U.S. Route One, 2nd Floor-Rear Falmouth, Maine.

The property is located at 391 Board Eddy Road, Dover-Foxcroft, Piscataquis County, Maine, reference as described in said mortgage

The sale will be by public auction. All bidders for the property will be required to make a deposit of \$5,000.00 in cash, certified or bank check at the time of the public sale made payable to Shechtman Halperin Savage, LLP, which deposit is non-refundable as to the highest bidder. The balance of the purchase price shall be paid within thirty (30) days of the public sale. In the event a representative of Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-EQ1 Asset-Backed Certificates, Series 2006-EQ1 is not present at the time and place stated in this notice, no sale shall be deemed to have occurred and all rights to reschedule a subsequent sale are reserved.

terms will be Additional announced at the public sale. Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-EQ1 Asset-Backed Certificates, Series 2006-EQ1 By its attorneys, Shechtman Halperin Savage, LLP John Michael Ney, Jr., Esq. 1080 Main Street. Pawtucket, RI 02860 (401) 272-1400



NOTICE OF PUBLIC FORECLOSURE SALE **PURSUANT TO 14 M.R.S.A. SECTION 6321 ET SEQ.**

RESIDENTIAL PROPERTY LOCATED AT 1855 Dexter Road, **Dover-Foxcroft, Maine** (Mortgage recorded in the Piscataquis County Registry of Deeds in Book 1997, Page 152)

By virtue of and in execution of a Judgment of Foreclosure and Sale dated May 9, 2016 and entered on the docket in the Maine District Court (Dover-Foxcroft) on May 19, 2016, in an action captioned University Credit Union v. Clarence J. Merchant, II, Docket No. DOV-RE-2015-20, for the foreclosure of a Mortgage dated June 12, 2009 and recorded Piscataquis County Registry of Deeds in Book 1997, Page 152 (the "Mortgage"), said judgment having been entered and the statutory ninety (90) day redemption period having elapsed without redemption, notice is hereby given that there vill he sold at a nublic sale the premises described in the Mortgage located at 1855 Dexter Road, Dover-Foxcroft, Maine (the 'Property").

TERMS OF

SALE: The

Property will be sold at auction beginning at 10:00 a.m. on October 14, 2016 at the offices of Eaton Peabody, 80 Exchange Street, 8th Floor, Bangor, Maine. All bidders will be required to deposit \$5,000.00 to bid, in cash or certified U.S. funds made payable to University Credit Union ("UCU") in order to register to bid (the "Deposit"). Deposit shall be increased to ten percent (10%) of the successful bid within five calendar days after the conclusion of the auction, but such increased amount shall not be less than \$5,000.00. The Property shall be sold to the highest bidder, who must leave the Deposit as a non-refundable down payment. The highest bidder shall also be required to sign a Purchase and Sale Agreement calling for a closing within 30 days, at which time the balance of the bid price will be due immediately in available U.S. funds, and UCU, the foreclosing mortgagee, will deliver a duly executed Quitclaim Deed Without Covenant and Release Bill of Sale, if applicable, conveying The Property the property. shall be conveyed subject to all matters set forth in the Purchase and Sale Agreement and the additional terms of sale which will be available prior to the auction. Additional terms may also be announced at the time of the auction. UCU, the foreclosing mortgagee, and its assigns, reserve the right to bid without making the required deposit and, if UCU, or its assigns, is the high bidder, to pay for the Property with a credit against the debt owed to it.

For more information on the above-described Property containing the legal description, legal and bidding details, as well as possible site visits, contact Bruce B. Hochman, Esq., attorney for UCU, One Portland Square, P.O. Box 15235, Portland, Maine 04112 (207-274-5266).

Dated: August 31, 2016 **UNIVERSITY CREDIT UNION** By: /s/ Bruce B. Hochman Bruce B. Hochman, Esq. Its Attorney Eaton Peabody P.O. Box 15235 Portland, ME 04112 (207) 274-5266

TAICH

Contributed photo

BALANCING ACT – The National Council on Aging reports, "Many studies have shown Tai Chi to be one of the most effective exercises for preventing falls." On Tuesday, Sept. 20 at 9 a.m. at the Millside Fitness Center in Dexter, people from the area are invited to observe and try a free Tai Chi class as part of Fall's Prevention Week. Scott Mayer, Tai Chi master, will speak about how Tai Chi can improve balance and prevent falls. Class participants in the photo include front, from left, Jan Bailey, Liz Breault, Beth Ranagan and Linda Tisdale. Back, Ellie Davids, Scott Mayer, Loretta Higgins and Jane Palmer.

Boomsma expands suicide prevention program

Boomsma, educator, author and founder of Abbot Village Press, recently announced an expansion of the suicide prevention training he's offered in the past.

"I began offering the workshop as an adjunct to the Substitute Teacher Program I teach. Maine law requires all public school employees including substitutes to complete basic suicide awareness and prevention training," he explained. "But last year's classes were attended by a wide variety of people ranging from health care workers to parents, pastors and individuals who revealed having personal experiences with selfharm and suicide and a desire to learn ways to help others.

Boomsma noted that he actually wasn't that surprised. "After all, Maine is ranked 14th in the U.S. for deaths by suicide. Our state averages 196 deaths by suicide each year; the most recent available statistics show a 16 percent increase from 2007 through 2011 and suicide is the second leading cause of death among Maine youth aged 15-34. Once people understand this public health crisis, the Maine law requirement becomes secondary. People may come initially for that reason, but they leave feeling confident they can make a positive contribution to decreasing self-harm and suicide in our schools and commu-

Previously offered through adult education programs, this fall Boomsma dis-

Walter Methodist Church. The church shop, participants will gain is providing the facility and assisting with promotion, making it possible for him to expand the program and offer it at no charge.

There are three sessions scheduled this fall. While the content follows a pre-estab-lished, researched-based curriculum, each session will have a slightly different focus. The first, on Sept. 20, emphasizes the school environment. The second session on Oct. 27 is planned as an after-school session, both as a convenience to school staff and employees, but also to encourage high school students to attend. The third session on Nov. 15 will review why the holidays can be a difficult period for

Boomsma admitted his passion is focused on kids and the school environment. "But these workshops are for anyone who has someone in their life that they are concerned about, adult or youth."

He's particularly excited about some of the results from last years' workshops. "Ninety three percent of last year's participants either agreed or strongly agreed they felt more confident in their ability to recognize suicide warning signs and risk factors. Eighty five percent said they felt better equipped to help someone who might seem suicidal. These are people who can and will make a difference.

The first step in suicide prevention is to become aware of the issues in order to develop covered an opportunity to part- prevention knowledge and strat- com or call Abbot Village Press ner with the Guilford United egies. In this two-hour work- at 343-1842.

general information on suicide prevention and intervention. They will receive printed resources and information on more in-depth training offered by the Maine Suicide Prevention

Program. The training is presented in conjunction with the Maine Suicide Prevention Program, an initiative of the Maine CDC in DHHS offered through a partnership with NAMI Maine, The Maine Medical Association, Co-Occurring Collaborative Co-Occurring Serving Maine and Maine Primary Care Association. In addition to being Gatekeeper-trained, Boomsma is a certified mental health first aid specialist by NAMI (National Alliance on Mental Illness) Maine.

While suicide prevention is a key component, Boomsma explained it is really about mental health. Citing the example of self-harm, he said, "Self harm is a serious problem in our youth population and valid predictor of suicide risk. I firmly believe that recognition of emotional issues and early intervention is possible. People do not need to be a heart doctor to learn CPR and they do not need to be a psychologist to provide help to those with emotional needs.'

In addition to the program in Guilford, Boomsma teaches the course in conjunction with RSU 19 Adult Education in Newport and MSAD 53 Adult Education in Pittsfield. For more information about any of these workshops, visit http://wboomsma.



Observer photo/Stuart Hedstrom

HONORED BY THE PCSWCD - Mary Margaret and Gene Ripley hold a sign presented to them on Sept. 9 by Piscatáquis County Soil and Water Conservation District Chair Gordon Moore recognizing the Ripley Farm as the organization's 2016 Cooperator of the Year. Looking on is PCSWCD Executive Director Joanna Tarrazi.

Continued from Page 1

ed Bates College in Lewiston worked for several years at Fisher Farm in Winterport before coming to Piscatauqis County where they served as MOFGA journeypersons while starting their own farm. The journeyperson program provides hands-on support, training and mentorship for those pursuing careers in organic farming in Maine.

In 2015 Carmen Allen joined the Ripley Farm as an assistant farm manager. Sara

Moody came aboard the op- Ripley were also presented eration this year to complete the staff.

"I'm thrilled to see people can work agriculture and make a living," State Sen. Paul Davis (R-Sangerville) said to start the post-lunch 2016 PCSWCD Outstand-Award presentation. Davis gave the Ripleys a Legislative Sentiment he co-sponsored with State Rep. Norm Higgins (R-Dover-Foxcroft). Gene and Mary Margaret

with a sentiment from the of-fice of U.S. Sen. Angus King (I-Maine). PCSWCD Board Chair

Gordon Moore said the organization looks for cooperators who work with the PCSWCD and the Natural ing Cooperator of the Year Resources Council of Maine when deciding who will be the recipient of the honor. He said the Ripley Farm "has done exemplary work and is an example for other folks in our region." Moore added, 'You have done wonderful work, you have come a long way real fast."

"We see you as young farmers with strong values, you are leading the next generation of farmers who are coming up right behind you guvs," PCSWCD Executive



Observer photo/Stuart Hedstrom

FARM TOUR – Gene Ripley leads a tour of the Ripley Farm on the Merrills Mills Road in Dover-Foxcroft prior to lunch and the awards presentation. Five acres is used to grow organic vegetables which are sold through a Community Supported Agriculture (CSA) program and wholesale accounts.



Observer photo/Stuart Hedstrom

LEGISLATIVE SENTIMENT — State Sen. Paul Davis (R-Sangerville) presents a Legislative Sentiment to Gene and Mary Margaret Ripley recognizing them as the Piscataquis County Soil and Water Conservation District Cooperator of the Year.

A pair of signs were pre- operator of the Year. The sign sented, recognizing Ripley includes farm mascot Chester Director Joanna Tarrazi said. Farm as the Outstanding Co- the Carrot.

Free community movies

DOVER-FOXCROFT — "Being Mortal," a Frontline documentary based on Atul Gawande's bestselling book, will be shown on Sept. 22 at 6 p.m. at the Center Theatre. 'Being Mortal" is a moving look at how aging and death are viewed by society and handled by the medical profession.

"Still Alice," an Academy Award-winning screen adaptation of Lisa Genova's New York Times bestseller, will also be shown at the Theatre on Oct. 18 at 6 p.m. "Still Alice" is the story of how a diagnosis of early-onset Alzheimer's disease changes the life of a Harvard professor with a successful husband and three grown children.

Optional discussion following both viewings will be facilitated by Skip Curtis of Beacon Hospice and Lisa Joy White of Pine Tree Hos-

Both of these movies will be shown free of charge and are open to the public. Snacks will be available for attendees at no charge as well. These movies are courtesy of Pine Tree Hospice's Caring for the Caregiver program. The Caring for the Caregiver program focuses on support and education for community caregivers both family and professional. For more information call 564-4346 or email wecare@ pintreehospice.org.



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