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HEALTH & SENIOR PAGE 5 LIVING

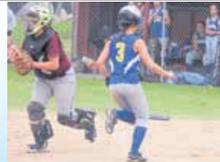
AFFM award recipient



SPORTS

PAGE 6

PCHS softball falls at Mattanawcook



Trash talk

Commissioners nearing deadline for solid waste disposal decision

By Stuart Hedstrom
Staff Writer

DOVER-FOXCROFT — For a number of months, the Piscataquis County Commissioners have been weighing options for the long-term future of solid waste disposal as after 2018 the contract between the Municipal Review Committee (MRC) and the Penobscot Energy Recovery Company (PERC) expires. The over 180 MRC member governments have been deciding to continue with PERC, remaining as an MRC member as part of a new venture to go to a future facility in Hampden operated by the Maryland-based Fiberright or choosing another option.

"We have seven different collection points for municipal solid waste in our counties for the unorganized territories," Interim County Manager Tom Lizotte said during a June 7 meeting. Lizotte said the county contracts with some towns for the disposal of nearby unorganized territory (UT) residents' waste, such as those living in Blanchard and Elliotsville getting rid of their trash through Monson and Barnard residents going to Dover-Foxcroft.

Lizotte said with these towns making a choice for post-2018 disposal, the county will likely go along with the decision that has been made by the community. What still is to be decided is where trash from the county transfer stations in Lily Bay and Orneville will go.

Monson Town Manager Lucas Butler said residents there opted to remain with the MRC for Fiberright. "For the average citizen in Monson the minute that bag hits the dumpster, they are thinking 'it's not my problem, it's the town's problem,'" he said.

Butler said the MRC "kind of pulled it all together and really came up with a solution that works best for municipalities." He said the town looked into staying with PERC but company officials did not respond to requests for presentations. Monson has also considered creating its own landfill but this option would have been far too costly.

The town manager said the contracted rate of \$70 a ton with rebates was best for Monson. "I feel really strongly they have come up with the best solution to our trash problem," Butler said, adding he is willing to advocate on behalf of the MRC.

The commissioners expressed some concern because technology being proposed at the Fiberright facility has not been proven in the U.S., just in Europe.

"The research is great, but there's no proof it's going to work," Commissioner James White said. He said there are still steps before construction can start, such as the permitting process, and "even if they get over all their hurdles, it still might not work."

Butler said a facility such as that in the Fiberright project has not been implemented in the U.S. yet, but for Monson the proposal is worth putting faith in.

"That really leaves us with what to do we do with Lily Bay and Orneville?," Lizotte said.

Commissioners Chair Fred Trask asked Moosehead Rubbish President Sean Bolen, who hauls trash for the county, for his recommendation on Lily Bay and Orneville.

The MRC has set a deadline of June 30 for its members to make a decision on the Fiberright plan, in order to sign a contract with the best incentives. The commissioners are scheduled to discuss and potentially make a decision on post-2018 waste disposal during their June 21 meeting.

In other business, Head of Maintenance David Ronco told the commissioners he will be retiring on June 24 after 18 years with the county.

"I just want to say now Dave will be missed by everyone here in the county," Lizotte said. "He is just a really good guy who sees these buildings as something he owns and he takes great care of." Lizotte added that Ronco will always be on the campus shoveling at 6 in the morning following a snowstorm, and he is the first person many visitors see.

Ronco said for the last five years Josh York has worked as his assistant, and he is recommending York succeed him as head of maintenance. "I think he would be a perfect individual to step in," Ronco said, mentioning all the department heads have nothing but positive things to say about York.

"Josh is doing a good job and he's very conscientious," Ronco said. "Again, I cannot recommend anyone more strongly." Ronco said when he started nearly two decades ago his predecessor told him, "I have been waiting for the right man" and Josh is that right man.

"I always appreciate promot-

Please see Page 3, TRASH



Observer photo/Stuart Hedstrom

A GIFT TO THE TOWN — A week after the entire study body posed outside in the formation of the numbers of 200 in honor of the Guilford Bicentennial, a picture of the scene was given to the town of Guilford by students in Peggy Cleaves' fifth-grade class at Piscataquis Community Elementary School during the June 9 morning meeting. Among the students speaking on the town's history were Samantha Goodwin, left, and Anna Zimmerman as Guilford Town Manager Tom Goulette and Principal Anita Wright look on. "It's going to hang in the town office for the next 200 years," Goulette said upon receiving the gifted picture.

By Stuart Hedstrom
Staff Writer

BROWNVILLE — The Brownville-Brownville Junction Historical Society recently received a \$4,164 grant from the Maine Community Foundation, with the funds earmarked for improvements to the society's Parish House Museum on Church Street.

"We are hoping to get Internet access here and get a computer for visitors to use and another computer for staff to use to put all we have into a database," Brownville-Brownville Junction Historical Society board member Lynn Weston, who wrote the grant application, said about the use of some of the awarded funds. Weston said a scanner — which would be used to make copies of glass images among other tasks — new printer, museum shelving and additional fire extinguisher are among other possible grant fund purchases.

"There's so much stuff we just don't have room to display," Weston said, as the Brownville-Brownville Junction Historical Society volunteers are working to move the organization



Observer photo/Stuart Hedstrom

HISTORICAL SOCIETY GRANT — The Brownville-Brownville Junction Historical Society recently received a grant for over \$4,100 from the Maine Community Foundation to help with improvements to the Parish House Museum on Church Street. Pictured at the museum are, from left, society Treasurer Marilyn Kindamo, Vice President George Dean and board member Lynn Weston.

forward. "We hope drum up more members and more interest," she said, with the renewed interest including greater involvement with students such as those at the nearby Brownville Elementary School.

Recently-elected society Vice President George Dean said a sign for the Parish House Museum will be placed by the Church Street/Route 11 intersection. "If you want to know if we are open look for the sign to see if we are

open," he said with the museum open on Tuesday and Thursdays from 10 a.m. to 2 p.m. Other times can be scheduled by con-

Please see Page 11, HISTORICAL

MMA debut part bucket list, part teaching tool for Lupo

The Sports
OBSERVER

By Ernie Clark



The year was 1995, and Lewiston, Maine, was still a fight town.

Thirty years had elapsed since Muhammad Ali had knocked out Sonny Liston in the first round of their rematch for the world heavyweight boxing title at what then was known as the Central Maine Youth Center.

The sport remained popular in the area thanks to native son Joey Gamache, a super featherweight and lightweight world champion during the early 1990's.

That year, 1995, marked the last time Stacy Lupo stepped into a ring.

Lupo, then a 27-year-old amateur boxer and kickboxer and owner of Lupo's Mid-Maine Karate in Pittsfield, won a unanimous decision over Vermont Golden Gloves silver medalist Don Labbe during an April 21, 1995, show in the same Lewiston building where Ali fought, which by then was renamed the

Multi-Purpose Center.

But by that time boxing had begun relinquishing some of its popularity to a new sport, mixed martial arts, through the advent of the Ultimate Fighting Championship. Kickboxing opportunities were even fewer — leading Lupo to a major decision.

"I beat [Labbe] and I thought, 'This is a good time for me to walk away,'" said Lupo. "I've got a family to raise and bills to pay, so I walked away from it. I shut down my school because



Stacy Lupo

at that time the UFC was just taking off but it wasn't anything that was taking off up here. There just wasn't a call for it like there is now."

Lupo, a former wrestler at Nokomis Regional High School in Newport who owns black belts in Taekwondo and Shotokan karate, has heard such calls more often in recent times.

He now teaches kickboxing classes at Angelo Rizzitello's The Outlet/Shatterproof Combat Club in Dexter, and on Saturday night he'll enter the same facility where he last fought 21 years earlier — now called the Androscoggin Bank Coliseum — to make his mixed martial arts debut on the Maine-based New England Fights' latest boxing-MMA card.

"When I walked away the idea was to stay away because I get the itch all the time and I had to separate myself from it," said Lupo, now a 48-year-old grandfather who lives in Corinna and works as a millwright welder at Sappi's paper mill in Skow-

Please see Page 7, LUPO

Dexter has busy summer on tap

By Stuart Hedstrom
Staff Writer

DEXTER — Town Manager Shelley Watson provided updates on several happenings scheduled for the upcoming few months during a June 8 meeting of the town council.

"I don't want you to forget the anniversary celebration on the 17th," Watson said in her report. On June 17 the community will host a special event from 2-4 p.m. at the town hall to mark the 200th anniversary of the incorporation of Dexter.

"That was the exact date the town was incorporated 200 years ago," Watson said. She said resident Dave Pearson will be dressed in period costume to read the proclamation that established Dexter on June 17, 1816, with cake to follow in the dining area.

Watson said plans are underway for a Fourth of July parade, and organizers are encouraging participants to tie their floats into the 200-year milestone theme.

A hiring committee has met to review applicants to staff a summer camp being offered to SAD

46 students in grades 2-5. The program will be funded through a grant from the William and Joan Alford Foundation. "We have chosen five wonderful applicants and three have been chosen as lifeguards," Watson said.

The Plummer Foundation is underwriting a fifth counselor position.

"The Red Hot Festival is growing bigger every day," Watson said about the inaugural event scheduled for Saturday, Aug. 13. She said there is still a great need for volunteers, about 100 are needed, and those willing to help out can do so in two-hour shifts.

"Everyone who volunteers gets a free T-shirt, so there's an incentive there," Watson said. In other business, Watson reported that budget meetings are ongoing with very tough decisions and cuts being made to help maintain the current mill rate. The council's final budget meeting was scheduled for June 13.

Please see Page 9, SUMMER

School year nears an end in RSU 68

By Stuart Hedstrom
Staff Writer

DOVER-FOXCROFT — With the final day for students set for June 14 and the current academic year concluding at the month's end, the RSU 68 directors had a brief agenda for the June 7 meeting. Among the action items, the salaries of nine positions — including five administrators — were set by the board.

Answering a question from Vice Chair Jenny Chase, Superintendent Robert Lucy said these employees all received an approximate 3 percent raise.

The salaries are part of the 2015-16 proposed budget, approved at the annual meeting the Tuesday before to be moved to the referendum one week later on June 14 — results were not available as of presstime.

"I think the increase is reasonable and we will get some of this money back," Chair Rick Johnston said about state funds. "I think we are in good shape for next year, we have a full staff at

Please see Page 12, RSU 68

Whoopie Pie Fest get sweeter

Organizers plan exciting changes for June 25 event

DOVER-FOXCROFT—For the seventh year, the Center Theatre and Piscataquis Chamber of Commerce will partner with other local and regional businesses to bring the sweetest Maine festival back to downtown Dover-Foxcroft. In addition to an incredible 10,000 whoopie pies being prepared, this year several aspects of the festival on Saturday, June 25 will be changing, making it all so much sweeter.

In previous years, the festival ran from 10 a.m. to 3 p.m., this year it will run until 8 p.m. Piscataquis Chamber Executive Director Denise Buzzelli explains, "(East) Main Street vendors have expressed disappointment in the past with the length of the festival, the day moved much too quickly for most, and they really wanted more time to sell their product. Keeping the festival open until 8 p.m. gives the vendors a great opportunity to potentially see a different crowd, like those folks who work on Saturdays and haven't been able to come to the festival before. We are hoping it will also motivate

vendors and visitors from away to stay overnight and spend extra time in Piscataquis County."

In addition to the extended schedule, the layout of the festival has changed significantly. Before, the bakers and live music stage were stationed in a parking lot behind Pastimes Pub and Pat's Pizza, and away from the vendors. This separate area is where the contests, judging and live broadcasts were held. Festival goers had to stand in a long line to enter "The Whoopie Pie Zone" and pay an entrance fee. Some vendors felt they saw less traffic because crowds would turn the corner before visiting the booths placed after the entrance. This year, the festival is laid out like a 'V', with vendors on the left arm, whoopie pie bakers and festival merchandise on the right arm and between them is the Vamey Agency's Kids Zone with fabulous kids' rides and games. Finally, a food court with picnic tables, a street dance area and the music stage with live broadcasts and contests where the two arms meet — directly in the

center of downtown.

There will be three entrance gates this year, and admission to the festival has been brought down to an easy \$3 per person due to the generosity of festival sponsors with children under 12 getting in free. This means shorter, faster lines and a greater opportunity for all vendors to see the same traffic.

The first gate, sponsored by Bangor Savings Bank, will be at the corner of East Main and Court streets to the east of Rite Aid. The second gate, sponsored by the Bangor Daily News, will be stationed on the west side of the Rite Aid, at the corner of Court and Pleasant streets. The third gate, sponsored by Dave's World and US Cellular, will be stationed downtown, in front of the True Value building, adjacent to the music stage.

As they come in to town, festival-goers will find signs directing them to the fairgrounds for parking, where shuttle busses will transfer to and from.

Live music will be performed this year by two bands. Sharon Hood

and Dixon Road will play all day long with Willicker playing a set in the afternoon. The Z107.3/Townsquare Media Street Dance is a new addition to the festival, as well as a designated food court, as most of the food vendors will be stationed in one place, with plenty of seating in the court and other shady spots.

The Whoopie Pie Festival organizers are grateful for the ongoing community support and the financial support of this year's sponsors, including Bangor Savings Bank, Dave's World, Z107.3, Bangor Daily News, the Vamey Agency, Will's Shop 'n Save, The Freedom House Bed & Breakfast, Foxcroft Printers, Bergs Sportswear, George Howard Insurance, Kim Cavanaugh Law Office, Mallett Real Estate, Pat's Pizza of Dover-Foxcroft, Rideout Seasonal Services and True Textiles, with Maine Credit Unions as the official sponsor of the Main Street Zone for the second year.

For more information, please visit mainewhoopiepiefestival.com or call 564-7533.



Observer photo/Stuart Hedstrom

YEARBOOK DEDICATION — Piscataquis Community Elementary School grade six teacher Diana Hobart, right, is presented with the first yearbook out of the box by Principal Anita Wright during an assembly on June 3 to kick off the school's annual Arts Alive event. The yearbook is dedicated to Hobart, who will be retiring at the end of the school year.

Brownville and Willimantic net culvert project funds

In 2014, Maine voters passed the "Clean Water for Maine" bond. As a result, \$5,400,000 in funds was earmarked for vital improvement projects including stream crossing and culvert upgrades. Among the grant recipients are the towns of Brownville and Willimantic which both received \$95,000. The funds for Brownville will be used on Front Street and the \$95,000 for Willimantic is earmarked for the Norton Corner Road.

The projects awarded will benefit public infrastructure by

replacing several culverts that are currently failing and at risk of complete washouts, open up fish spawning habitat, eliminate undersized and other impassable culverts and reduce some of the worst ongoing erosion impacts to streams, brooks, and lakes.

The Department of Environmental Protection received 85 applications to review which totaled over \$6.8 million dollars in fund requests. The department has issued over \$2.4 million in grant money through this second round of applications.

SAD 46

Continued from Page 1

The superintendent said he also wanted the public to know a \$454,384 balance is being carried forward to 2016-17, and these funds have not been spent.

In addition to the monetary warrant items, non-exclusive 10-year tuition contracts between SAD 46 and Harmony and Athens were approved.

"What it does, it locks in a guaranteed tuition rate which provides some relief for Harmony and Athens," Jordan said, mentioning these two Somerset County communities both have school choice.

SAD 46 and Harmony previously had a decade-long contract, which was renewed, and the agreement with Athens is new.

When asked, the superintendent said no Athens students currently attend SAD 46 schools. "Right now we have none, it's a transition," he said. "They are used to going to going to Skowhegan, Madison way for everything they do."

Jordan said tuition rates are set by the state in December.

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Library offers 'Let's Talk About It' book group

GREENVILLE — The Shaw Public Library has been selected by the Maine Humanities Council to offer "Let's Talk About It", a free reading and discussion group with copies of the books available through the library. This program is provided by the Maine Humanities Council's Maine Center for the Book in cooperation with the Maine State Library and through the council by a grant from the Belvedere Fund of the Maine Community Foundation.

The series "Destruction or Redemption: Images of Romantic Love" begins June 24 at 6:30 at the library and continues for five sessions until Aug. 26.

Books to be read and discussed in this series include "Madame Bovary" by Gustave Flaubert, "The French Lieutenant's Woman" by John Fowles, "The End of the Affair" by Graham Greene, "Morgan Passing" by Anne Tyler and "Lolita" by Vladimir Nabokov. David Richards will facilitate the discussions.

It has been considered by past participants to be a great experience to be part of these programs and to have the opportunity to get together with the community to discuss what was read. The experience is further enriched with a skilled facilitator. Books for the program are available at the Shaw Public Library. Please call the library at 695-3579 to register and pick up the titles.

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Contributed photo

PROJECT LINUS — The recent Project Linus Blanket Day 2016 was a huge success with 75 plus “blanketeers” finishing to date over 375 blankets to share with children in crisis. A heartfelt thanks is given to all who volunteered their time and talents making the blankets as well as the Dover-Foxcroft Congregational Church Women’s Fellowship for supplying the luncheon as well as the Penquis Higher Education Center, Piscataquis Valley Adult Education Collaborative and Bangor Savings. From left are Penobscot County Project Linus Coordinator Faye Johnson, Robin Chase of Bangor Savings, Penobscot County Coordinator Merlene Sanborn, Carrie Orcutt, Marilyn Hartford and Kelly Byron of Bangor Savings and Piscataquis County Coordinators Judy Raymond and Barb Austin.

Anti-wind power group claims victory

Seeks to protect Moosehead Lake from developers

By Nick Sambides Jr.
BDN Staff

BREWER — Industrial wind power projects will be more difficult to site on the west side of Moosehead Lake, after a state planning board voted unanimously on June 8 to remove six unincorporated areas from an expedited wind permitting area.

The Land Use Planning Commission’s 9-0 vote removed 14 townships and plantations from the area, where environmental reviews of wind projects are fast-tracked to encourage development. They are: Cathance, Concord, Edmunds, Long Pond, Mason, Misery Gore, Molunkus, Salem, Sapling and Sapling Administrative Area 1 townships; Denniston, Pleasant Ridge and Rangely plantations; and Taunton & Raynham Academy Grant.

Of the 14, Denniston, Long Pond, Misery Gore, the two Saplings and Taunton & Raynham are near the lake, along Route 201, said Richard McDonald, a member of the Moosehead Re-

gion Futures Committee.

The committee successfully petitioned to remove those areas from the expedited permitting zone in late February under a new state law. Committee members say wind development in those areas would detract from land value, spoil viewsheds and disrupt the tourism industry around the lake.

“We have taken a very strong initial first step. This is an extremely positive development for the Moosehead region and it represents a strong commitment by local citizens to protect it,” McDonald said after the meeting at Jeff’s Catering.

His committee opposes tentative plans by wind power developer EverPower to install 24 wind turbines on ridges near Big Indian Pond, as well as SunEdison’s possible 26-turbine project for Misery Ridge between Rockwood and Jackman. The companies have placed test towers in those areas but have not submitted formal plans, McDonald has

said.

Previously, wind farms proposed in the Unorganized Territory — which covers nearly half the state, mostly rural areas in the western and northernmost portions — were automatically fast-tracked for review. The new law, which took effect in January, requires wind-energy developers to seek zoning approval from the Maine Department of Environmental Protection, among other agencies, and follow the regular permitting process if enough local residents submit a petition certified by the state. The threshold is at least 10 percent of a given zone’s registered voters in the most recent gubernatorial election.

“It is just a perfunctory vote. We are just following the legislation involved,” commission Chairman Everett Worcester said.

Anti-wind power groups say the new law restores residents’ rights by triggering hearings in which their input is given weight. But wind-to-energy proponents

say the law inhibits the growth of an important industry that has drawn millions of dollars to rural northern Maine. It effectively doubles the permitting process for wind projects, creating investor uncertainty, they say.

SunEdison spokesman John Lamontagne said his organization is reviewing the vote.

“We’re determining if it has any impact on potential projects,” Lamontagne said.

An EverPower spokesman could not be reached.

On May 9, the commission voted to remove from the expedited permitting zone several other Somerset County areas. They were: Big Moose, Harfords Point, Moosehead Junction and Sandbar Tract townships; Moxie Gore, Parlin Pond, Rockwood Strip and two plantations, The Forks and West Forks. Three Franklin County areas also were removed, Freeman and Lexington townships and Highland Plantation, as was Trescott Township in Washington County, officials said.

PCES receives \$1,000 for library books

GUILFORD -- As part of the 2016 Books Across America Library Books Award, the NEA Foundation has distributed 100 awards for \$1,000 each to schools across the country.

Piscataquis Community El-

ementary School Librarian Charlotte Violette applied for and received an award for the school library. The high interest books purchased with these funds will be available for the students when school reconvenes in the fall.

Milo Free Public Library news

By Rochelle Williams
Library Director

MILO — The children’s summer reading program theme this year is “On your mark, get set ... READ!” Sign-up week is June 20-24. The program will run for five weeks beginning June 27 with a final party on July 29.

A gentleman contacted me in March regarding sending used children’s books to him in Taiwan. He is originally from Illinois and has a business near the elementary school of 200 students. He has volunteered to help reinforce the kids’ basic language skills. Picture books for grades 1-3 are best. We sent him five books and he greatly appreciated it. If anyone is in-

terested, please contact me here at the library and I can give you his name, e-mail address and shipping information.

Kathy’s pick is “Go Green”, a book that could have a green cover or the word green in the title. Come and check out the selected variety.

We have many donated puzzles (500 to 1,000 pieces), DVD’s, VHS movies and books on CD. They can be checked out just like a book.

There have been many more books added to our books for sale. We are running an ongoing special sale — all book are 10 cents each.

Questions, call 943-2612 or e-mail us at milolibrary@trc-maine.org.

Trash

Continued from Page 1

ing someone from within because they know the layout and they know what to do,” Commissioner Jim Annis said.

A decision on the hiring of York as head of maintenance is scheduled for June 21. In the meantime, the county will advertise for York’s current position.

“I did ask Tom if I could fill in if they needed me,” Ronco said about covering vacation and sick time.

Another county position will also need to be filled as Emergency Management Agency (EMA) Director Tom Capraro said EMA administrative/probate clerk Brenda Clawson will be departing on June 24 to resume her teaching career.

Clawson had been with the county for about five months as the position was newly created at the start of the year, with Clawson spending approximately four days with the EMA and a fifth day with probate.

In his report, Lizotte said he will be in Augusta for a June 16 session concerning the Atkinson de-organization efforts. He said next week the likely conclusion at the meeting will be that a study on the matter is done.

“There’s many hurdles to go with that,” Lizotte said.

4-H Adventures in Health Science slated

GREENVILLE — Are you between the ages of 12-18 and interested in a career in the health field? Do you know someone who is?

The Adventures in Health Science program will be held at C.A. Dean Memorial Hospital from June 28-30. Participants will learn about the anatomy (structure), physiology (function) and pathophysiology (function of diseases and conditions) of the respiratory system while meeting with people who work in the healthcare field. The program runs from 10 am to 2 p.m. all three days, with lunch provided.

4-H encourages kids to “learn by doing” and this program will be as hands on as possible, including participating in dissections of animal lungs with a vet. The program cost is waived for currently enrolled 4-H members. Please sign up by June 21, by contacting Sheila Norman at UMaine Extension in Piscataquis County at 564-3301 or sheila.norman@maine.edu.

Center Theatre awarded \$2,700 grant

DOVER-FOXCROFT — The Center Theatre has been awarded \$2,700 from the Maine Community Foundation’s Piscataquis County Fund. The grant will be used to build board and staff capacity, according to Executive Director Patrick Myers.

“We’ll be using the support to send members of our staff and board to various trainings and workshops this year,” Myers said. “It will help to educate new board members about the role and responsibilities of nonprofit board members. And for the staff, we’re looking at volunteer management, social media and marketing, as well as nonprofit management as areas in which to provide training.”

The Maine Community Foundation has a long history of supporting the Center Theatre via grants from various funds. “They’ve supported us through the purchase of energy-efficient LED spotlights, helped us grow our community theater, supported our drama camp, and were instrumental in beginning our Endowment Fund,” said Myers.

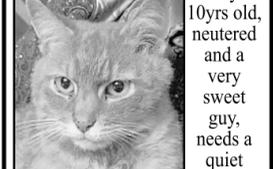
“As we celebrate our 10th an-

niversary, we are very grateful to the Maine Community Foundation and the Piscataquis County Fund for their generous support over the past decade,” Myers said. “This most recent grant is just another testimony to their commitment to our community. This grant will support training for our staff and board that will ensure that the Center Theatre remains vibrant and sustainable for many more years.”

The Center Theatre is a nonprofit performing arts center dedicated to making the arts a part of life in the Maine Highlands. This year marks the 10th anniversary of the Center Theatre reopening its doors to produce affordable entertainment, arts and education. For more information, call 564-8943, stop by the 20 East Main Street location between 10 a.m. and 3 p.m. on weekdays or visit www.centertheatre.org.

Pet of the Week

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TOWN OF MILO PUBLIC HEARING AND SPECIAL TOWN MEETING
The Milo Board of Selectmen will be holding Public Hearing and Special Town Meeting, on Tuesday, June 21st at 6:30 PM. This meeting will be to accept the conveyance of the “Derby Shops” property consisting of approximately 97 acres: Please attend and voice any concerns and/or support. Those requiring Auxiliary Aid-Contact the Town Office 72 Hours prior to Meeting. 943-2202

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This week’s Find the Whoopie Pie Winner is...
Ann Mailloux of Atkinson
The Whoopie Pie was hiding in Center Theatre 10th Anniversary ad.
Thank you to all who entered.
Look for our grand prize winner and your guide to the Whoopie Pie Festival in our June 22nd edition!

The Muhammad Ali we must not forget

"I am America," Muhammad Ali famously declared. "I am the part you won't recognize. But get used to me — black, confident, cocky; my name, not yours; my religion, not yours; my goals, my own. Get used to me."

And get used to him we did. So much so that when Ali was memorialized last week, millions of people throughout the United States and millions more

across the globe joined in honoring the man known simply as "The Greatest."

At a moment when Americans are deeply divided, it will be tempting to focus on the safe, comfortable Ali as portrayed by the media in his later years: world icon, crippled by illness, lionized by leaders from across the political spectrum, honored by President George W. Bush with the Presidential Medal of

Freedom.

What we need now, however, is to be reminded of the passionate, combative Ali: "black, confident, cocky" fighter for civil rights, proud Muslim, conscientious objector, humanitarian and provocateur extraordinaire.

The former is a domesticated Ali, a celebrity we can whitewash without disturbing our self-satisfaction at "how far we have come" toward achieving

racial justice, religious freedom for all, and equality of opportunity for every American.

The latter is the authentic Ali, the disruptive, courageous advocate for social justice who used his fame, wit and influence to speak truth to power. This is the hero we need, the hero we cannot and must not forget.

Today Ali is almost universally beloved, including by many who once reviled him.

But when he refused on religious grounds to fight the Vietnam War nearly 50 years ago, he quickly became the most hated man in America. He compounded his political heresy by joining the Nation of Islam and shedding his "slave name" to become Muhammad Ali.

Stripped of his world heavyweight title, convicted for draft evasion, he dedicated his life to fighting for religious freedom,

decrying racial injustice and speaking out against the war.

In June 1971, the U.S. Supreme Court unanimously reversed his conviction, finding Ali's conscientious objector claim to have been "religiously based and sincerely held." Although he paid a high cost, Ali's defiance strengthened and

Please see Page 8, MUHAMMAD ALI

Critical and important assistance and services

To the Editor;

The Department of Health and Human Services (DHHS) will be starting local eligibility determination and assistance services for public benefits, programs and services such as SNAP (food stamps), Medicaid, TANF (Temporary Assistance to Needy Families), Long Term Care, Child Care Subsidy, etc. Two Eligibility Determination Specialists from the Bangor DHHS office will be stationed every month at PENQUIS on North Street in Dover-Foxcroft on the first Thursday, starting at 9 a.m. to help local residents access critical and important assistance and services.

These services are for all residents — expectant families, families and their children, adults and seniors. If you need services, or are experiencing problems receiving services, these Specialists will help you to figure things out.

No appointment is necessary; all assistance will be provided on a "drop-in basis." If transportation is needed to/from the PENQUIS office, you can contact LYNX by calling 974-2420 or 1-855-437-5883. There may be a small charge for this service if you are not already a DHHS client. If this is a problem for you, we can help. You can e-mail us at hhhpscataquis@gmail.com or leave a message at 564-8245.

The DHHS kiosk will remain at PENQUIS and is another option for residents to start their applications for assistance, update their personal file, or provide documentation.

Helping Hands with Heart (HHH) is a local collaborative of agencies and concerned residents who have worked together for nearly 20 years to support services, education and programs for families and children in our region. We have worked on restoring the physical "pres-

ence" of DHHS in our county for more than eight years and are pleased to be able to report some progress on this effort. Earlier this session of the Legislature, Senator Paul Davis introduced legislation to promote this opportunity through a Study that was conducted to determine need.

Given that the average resident of Piscataquis County must travel between 1-2.5 hours one way to get to the Bangor DHHS office, it has been difficult for many residents to obtain the services that they need. The visits by these Eligibility Determination Specialists will help to expand access to our area residents by reducing the travel distance.

HHH is very appreciative of our legislative delegation — Senator Paul Davis and Representatives Norm Higgins and Paul Stearns — for their advocacy in helping to make this happen. Senator Davis' bill was

passed by the Legislature, vetoed by the Governor and then received a unanimous override by the Legislature in this last session. We are pleased to have been able to work together with our legislative delegation, the DHHS staff from the Bangor office and local service providers to expand access to local residents.

If you have questions about this opportunity, you can call 564-8245 and leave a message, or email hhhpscataquis@gmail.com, and we will get right back to you.

These services will be available on the first Thursday of the month, starting on Thursday, July 7 at 9 a.m. at the PENQUIS office on North Street, Dover-Foxcroft. We will be tracking use to hopefully expand this service if the need is demonstrated.

Sue Mackey Andrews
Helping Hands with Heart
Dover-Foxcroft

Park popping up in Union Square

To the Editor;

What is a pop up park? It is a way to create a public space without spending a bundle. Dover-Foxcroft Downtowners — made up of business owners, residents, and the Town — plan a pop up park this summer at Union Square in the middle of Dover-Foxcroft's historic downtown.

The Dover-Foxcroft Downtowners group is part of the Maine Downtown Center, which works to grow economic vitality in select Maine towns and cities. Businesses, residents, and the Town have been working together since Dover-Foxcroft was selected as a Network Community by the Maine Downtown Center in 2010.

Already in 2016, the vol-

unteer group has (1) achieved semi-final status in a national contest— Stihl's Main Street Contest; (2) organized a downtown cleanup with 27 volunteers washing windows, weed whacking, planting and sweeping Main Street; and (3) increased the number of trash cans downtown from zero to four, where each trash can is "managed" by a business.

A pop up space is no cost or low cost. And, it is temporary. If it works — if firetrucks and cars move easily, if businesses see more foot traffic, and if people enjoy Union Square — the Dover-Foxcroft Downtowners will find funding for a more permanent park with

Please see Page 8, PARK

Elder abuse: prevention depends on education

By Jaye L. Martin

The Maine Council for Elder Abuse Prevention (see www.elderabuseprevention.info) and the GFWC Maine Federation of Women's Clubs (see www.gfwcmaine.org) jointly sponsored a statewide scholarship contest focused on raising awareness of elder abuse in Maine. The winner of the contest will receive \$1,000 and the runner-up will receive \$500. With an estimated one out of every nine Maine seniors becoming victims of elder abuse each year, it is of critical importance that more Mainers of all ages learn about this serious issue.

Students applying for the scholarship were asked to respond to the following question: What is elder abuse and what does it mean to you? Essays were received from nearly every one of Maine's 16 counties. The winner in each county was eligible to compete for the statewide award. The winner and runner-up in the statewide contest will be announced on June

15 which is World Elder Abuse Awareness Day.

The winning essay in Piscataquis County and runner-up in the statewide contest was Kolby Kain from Dexter Regional High School. Here is the text of her winning essay:

As of 2006, June 15 was designated as World Elder Abuse Awareness Day. Elder abuse has always been present in our world but has recently been brought to the attention of everyday people. Abuse is a very serious thing in our world and elder abuse is a part of that. Elder abuse is also associated with domestic violence. The abuse usually takes place by a spouse, family member, neighbor, or caregiver. Elder abuse has many forms such as emotional, this includes verbally



Kolby Kain

shaming, criticizing, and any form of humiliation. It could also be physical, hitting, kicking, restraining, giving excessive medication or withholding medication. Another major form of elder abuse is financially taking advantage of them which is a slower, less noticeable form of abuse. Using their money or valuables without their permission. Also there is sexual abuse, abandonment and neglect.

Elder abuse has many health consequences towards the victim. Their everyday functional abilities begin to decline after being neglected and left sitting or in their beds. They get no physical activity so their muscles get rapidly weaker. Their dependency becomes increased as well as their sense of helplessness. They also suffer from depression as well as dementia. Many also suffer from malnutrition because they cannot feed themselves or prepare their own meals and their caregiver refuses them their food. Bedsores are common from staying in their

bed for long periods of time without being able to move or change positions. Some cases even result in death.

Health care providers can be a huge help with preventing elder abuse if they are all required to attend a training in the subject. Studies show that physicians only report about 2% of elder abuse cases, not only because they don't know the signs. There tends to be great concern of ruining the only relationship the elder person has. Some elderly refuse to stand up for themselves because their abuser has them scared of being left without the only one they think is there for them, therefore without them they have no one and they know they are completely dependent on another being's help.

When I was first introduced to elder abuse I was shocked. Sexual abuse and domestic abuse are more widely known so this form of abuse was new to me.

Please see Page 8, ELDER ABUSE

Finding forgotten burial grounds

Genealogists like to hang out with dead people, weird as that may sound, and this is the time of year when we visit cemeteries searching for ancestral gravesites. Many of these sites are located in populated village or town limits but if you're heading into the wilderness for a cemetery hunt there are a few commonsense things I recommend to keep you safe.

First of all, if you are in a rural area don't rely on your GPS to locate a road or a cemetery. I've noticed our GPS is usually unreliable in many parts of Piscataquis County. It once directed us to Millinocket to locate an address in Greenville. So, to find your cemetery

rely on a good map and it's best to call the town clerk's office in the town where the cemetery is located to get directions and a map if available and to learn about the road's condition. This is especially important if your ancestors are buried 10 miles in on a deserted logging road.

Secondly, take a friend with you when you head out. If your friends have no interest in cemeteries then make sure someone knows where you are going and approximately when you should be back. If you have car trouble or are injured, be sure your friend is instructed

Family
DISCOVERER
By Nancy Battick



Please see Page 9, BURIAL

We must act now to protect critical infrastructure from cyber-attacks



By U.S. Sen. Angus King (I-Maine)

Here in the United States, we are lucky to live in one of the most technologically-advanced countries in the world. And while this provides an unprecedented level of access to information, it also makes us one of the most technologically-vulnerable countries in the world and exposes us to possible cyber-attacks. In fact, at this very moment, there are hackers

across the globe working to find weaknesses in the digital systems that help run critical infrastructure like the electric grid that we rely on to power our daily lives.

A successful cyber-attack on the grid or other American infrastructure could have catastrophic consequences for our country. That's why we need to take proactive steps to safeguard against these threats.

From my position on the Senate Intelligence Committee, I've heard testimony from top security officials outlining how critical infrastructure like the energy grid are desirable targets for bad actors like hackers, terror groups, or foreign countries hoping to attack the United States. These same officials

have also warned that, without action, we remain vulnerable to cyber-attacks that could result in terrible damage to our public health and safety, economic security, and national security.

To see the potential dangers of this type of cyber-attack, look no further than an incident in December of 2015 that left more than 225,000 Ukrainians in darkness. That sophisticated cyber-attack was coordinated to target the industrial control systems within Ukraine's power grid, which act as the intermediary between the grid's computers and the switches that actually

Please see Page 9, CYBER-ATTACKS

Protecting workers and small businesses from misguided federal regulations



By U.S. Sen. Susan Collins (R-Maine)

Federal regulations can impose unexpected and costly requirements on small businesses, educational institutions, and non-profit organizations. A prime example is a new U.S. Department of Labor rule on overtime pay that could harm the very workers it intends to help, cause small businesses to curb hiring, and force universities and colleges to either

raise tuition or cut programs.

The new rule, scheduled to take effect this December, will double the current annual salary threshold from \$23,660 to \$47,476 for mandatory overtime.

While it is time for a reasonable update in the threshold, doubling it will have negative consequences. I have spoken with small businesses, educational institutions, and non-profit organizations across our state, and it is clear that this huge and sudden increase in the threshold is far too much and too fast. Rather than producing bigger paychecks, this new rule is likely to produce reduced hours, benefits, and flexibility for Maine workers.

Many small employers in Maine

have told me that they do not have the margins to pay overtime to salaried employees earning up to \$47,476. Some will have to shift their employees to hourly jobs at rates that account for potential overtime. Formerly salaried employees used to flexibility in their work schedules will have to track closely each hour they work each week, instead of being able to leave work to pick up a child at school without worrying about the impact on their paycheck.

Although the regulation is touted as a means of boosting employees' pay, a study commissioned by the

Please see Page 9, REGULATIONS

The Piscataquis Observer GUIDE

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Health & Senior Living



Doore receives AFFM Private Agency Worker of the Year Award

DOVER-FOXCROFT — Adoptive and Foster Families of Maine (AFFM) presented Stephanie Doore, program coordinator at Community Health and Counseling Services, with the Private Agency Worker of the Year Award at the annual spring training conference in April.

In recognizing Doore, AFFM board member Denise Card noted Doore “demonstrates by example how to stay grounded in the sea of change that is children’s mental health service and child welfare, and she does it with integrity, compassion, leadership and an impeccable work ethic.”

Card noted in Doore’s 23 years of working in foster care, “she has written over 3,000 pages for home

studies, attended over 1,000 hours of team and community meetings and trained and worked with more than 125 foster families. Her empathic and uplifting support for foster families provides a positive example for all of the staff who work with families and children, whether foster, birth, kin or adoptive families. She is a compassionate advocate for foster parents and children in foster care, not only at Community Health and Counseling Services but also throughout Maine.”

Doore previously received national recognition in 2011 when the Foster Family-Based Treatment Association presented her with the Treatment Foster Care Professional of the Year Award.



Contributed photo

HONORED FOR HER WORK – Community Health and Counseling Services Program Coordinator Stephanie Doore, right, was presented with the Adoptive and Foster Families of Maine (AFFM) Private Agency Worker of the Year Award. Pictured with Doore is AFFM board member Denise Card.

JD Foundation receives Maine Community Foundation grant

ABBOT — The JD Foundation has received a \$7,136 grant from the Piscataquis County Fund of the Maine Community Foundation to allow the organization to hold a three-day event called “A Journey Through Grief”, especially designed for women who have lost a loved one to suicide.

This grant will help many who struggle with the aftermath of losing someone to suicide and in dealing with the complicated feelings. Those who cannot afford to attend an event like this will now have the opportunity.

The non-profit JD Foundation was founded in October of 2008 after the loss of, William Jody Day. Day’s family knows first hand how this type of loss affects others and they are dedicating to helping others through the process so that they will better their coping skills, form friendships they might not have had otherwise and to learn the natural effects that nature has as a healing tool.

For more information on “A Journey Through Grief”, please call Cheryl Morin at 876-2295.

Dementia care workshop offers help and hope

On June 28 Pine Tree Hospice is hosting a dementia care workshop from 9 a.m. to 4 p.m. at the Dover-Foxcroft Congregational Church. Kathryn Pears, founder of Dementia Care Strategies, will be the speaker.

Pears has a master’s degree in public policy and management and an executive certificate in health care policy from the Muskie School of Public Service at the University of Southern Maine. Following a 15-year career with the Maine Chapter of the Alzheimer’s Association, she started her own company Dementia Care Strategies.



Pears

Pears trains and consults with families, health and long-term care professionals and facilities, and aging and disability community agencies on the non-pharmacologic management of the challenging behaviors that occur with dementia. Pears also has personal experience, her own father being diagnosed with Alzheimer’s at age 58.

The workshop will cover topics such as what dementia is ... and isn’t, what to expect in each stage, medication, understanding what triggers behavior, creating a supportive physical environment, why people with dementia don’t see the world the same way and how that impacts care. The workshop is open to all personal and professional caregivers and healthcare workers.

This event is part of Pine

Tree Hospice’s Caring for the Caregiver series, which is an ongoing program to educate, support and encourage area caregivers. Caregivers are individuals who take care of a disabled person, an older person who has difficulty with daily living or someone with chronic illness. They can be paid or unpaid, personal or professional. Caregiving is a demanding job that often receives little recognition from society. Pine Tree Hospice recognizes that caregivers need care. This is an issue that affects one in five Mainers. Another issue that is affecting many families in Maine is having a family member with dementia.

There is no charge for attending and lunch and snacks will be provided. To register, please call 564-4346 or email wecare@pinetreehospice.org.

Open house

GREENVILLE — New building, new programs and new staff. Come join the Natural Resource Education Center (NREC) at the new office at 19 Lakeview Street (right across from Big Lake Equipment) on Wednesday, June 22 from 3-6 p.m.

Meet the NREC board of directors and the new team of educators that will be leading this summer’s youth education program “The Maine Woods Explorers”. NREC officials have big plans this summer including revamping the MWE program to bring more science and education to the outdoors classroom, the Thoreau-Wabanaki Trail Festival, a pre-K program with the L.C. Bates Museum at the Shaw Public Library and an opening celebration during Forest Heritage Days for the fire tower located at the Visitors’ Center. For more information, please go to <http://nrecmoosehead.org/>.

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Mayo Regional Hospital offers community defibrillator service

DOVER-FOXCROFT — As part of its commitment to making the Maine Highlands one of the safest and most heart-healthy regions in the state, Mayo Regional Hospital offers Automatic External Defibrillators (AEDs) for public use in regional events. Mayo has provided this service to local businesses and workplaces over the past seven years and the hospital now offers AEDs to the community for special events. AED units are used to save victims of sudden cardiac arrest.

Mayo keeps at least one unit at each of the three EMS bases in Dexter, Corinth and Dover-Foxcroft. Community members planning a special event (a reception, party, parade or a large barbeque or clam-bake) can make arrangements with the staff at their nearest EMS base to reserve and sign out a defibrillator for use at the event if needed. The device must be returned after the event so that it can be made available to the next function.

An AED is an essential part of treatment for people who

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PCHS' season ends in 14-8 slugfest at Mattanawcook

By **Stuart Hedstrom**
Staff Writer

LINCOLN — For the first time in a decade, and possibly first time since the late 1980s, the Piscataquis Community High School softball program made the regional semifinals. The eighth-seeded Pirates — who knocked off previously undefeated and top-seeded Narraguagus High School of Harrington 11-8 in a Class C North quarterfinal earlier in the week — traveled to No. 4 Mattanawcook Academy for a matinee on Saturday, June 11. The Lynx, no strangers to the semifinals having advanced that far for the fourth time in five seasons, would score in every one of the team's trips to the plate to outpace the Pirates, 14-8, and advance to the regional championship.

PCHS (who finished at 11-8 and had a seven-game winning streak snapped) scored twice to start the game. Senior Delani Bennett — who along with classmates Courtney Deane and Jordynne Littlefield were the three seniors on the Pirate roster — came to the plate with two runners on in the top of the first. Bennett singled through a hole in the left side of the infield to drive in sophomore Erin

Speed and junior Jewel Lamb. The Lynx, who won the team's 11th straight game to improve to 15-3 on the season, would score twice in the home half of the inning and then built a 7-2 advantage after three innings.

With two outs in the top of the fourth, PCHS sophomore Lena Downes reached base on an error. Speed followed by dropping a single inside the leftfield line — she would end up reaching base in all five of her plate appearances — and she and Downes both got into scoring position on a wild pitch.

Lamb then stepped into the batter's box and sent the ball down the leftfield line. Downes and Speed each were driven in get the Pirates within three at 7-4.

In each of the ensuing four half innings, both teams added two runs. In the top of the fifth freshman Rachel Beckwith singled into leftfield to send home Bennett and freshman Alivia Hunt scored on classmate Hope Adkins' sacrifice fly to leftfield.

Trailing 11-6 in the top of the sixth, Speed led off by beating out the throw to first for the infield single. Lamb then drew a walk on a full count to put a

pair of Pirates on base. Littlefield would end by flying out to leftfield, but she hit the ball deep enough for Speed to tag up at second and get to third safely — Lamb would then swipe second base to get into scoring position.

Bennett followed by sending the ball to deep leftfield, and as soon as the catch was made Speed was off from the base as she scored on the sacrifice fly and Lamb was able to advance safely to third. Lamb was driven in on a double to leftfield by Hunt to make the score 11-8. Hunt finished 3-for-3 at the plate, reaching on a fielder's choice in her other at-bat.

The Lynx ended up adding three runs in the home half of the sixth to go ahead 14-8. Mattanawcook sophomore pitcher Haley McLaughlin, who like Lamb would toss a complete game for her team, used two strikeouts to counter a pair of baserunners in the seventh and help she and her team earn the victory.

Mattanawcook was scheduled to face second seed and defending Class C state champion Bucksport High School (17-1) in the Class C North finale on Tuesday night at Brewer High School.



Observer photo/Stuart Hedstrom

PLAY BALL! — The PCHS softball team, introduced during the pregame ceremony, traveled to Lincoln on Saturday, June 11 for a Class C North semifinal against Mattanawcook Academy. The semifinal berth was the first for the Pirate softball program in at least a decade and possibly the first such appearance since the late 1980s. The fourth-seeded Lynx would defeat the No. 8 Pirates 14-8.



Observer photo/Stuart Hedstrom

MID-WINDUP — Junior Jewel Lamb fires in the pitch during the Class C North semifinal between the Pirates and the Lynx of Mattanawcook Academy of Lincoln.



Observer photo/Stuart Hedstrom

FALLING DOWN INTO THE GLOVE — PCHS sophomore Lena Downes makes the catch in the bottom of the first of Saturday's Class C North semifinal in Lincoln.



Observer photo/Stuart Hedstrom

THROW ACROSS THE DIAMOND — Pirate freshman Alivia Hunt heaves a fielded bunt down the third base line by Mattanawcook senior leadoff hitter Cheyanne Libby across to senior Delani Bennett at first during the fifth inning.

SOFTBALL Class C North semifinal

No. 4 Mattanawcook 14,
No. 8 PCHS 8
PC 200 222 0 | 8
MA 241 223 X | 14

PCHS (11-8): Hunt 3-3 2B
RBI run SB; Speed 3-3
3 runs 4 SB.

MA (15-3): Libby 4-4 RBI
4 runs 4 SB; McLaughlin
4-4
2 2B RBI; Lyons 3-4 BB
2B

3 RBI 3 runs 4 SB; Tolman
3-4

HR RBI run 4 SB.
WP McLaughlin 6 IP 8
runs
9 hits 5 BB 6 K.
LP Lamb 7 IP 14 runs
16 hits 5 BB 4 K.



Observer photo/Stuart Hedstrom

SPEED ON THE BASEPATHS — Sophomore Erin Speed steals third base before Mattanawcook senior Laci Hanington can get the throw during the top of the first on June 11. Soon after Speed scored the first run of the game on a two-RBI single by senior Delani Bennett. Speed would end up reaching base in all five of her appearances at the plate.

Road race news

Milo resident Rico Portalatin, 44, won the Black Bear Half-Marathon on June 5 in Orono. Portalatin covered the 13.1 miles in 1 hour, 19 minutes and 45 seconds to finish first out of a field of 228.

Also running in the half marathon was Cindy Obrey, 51 of Sangerville, who was 121st at 2:07:57; Gayle Peirce, 56 of Exeter, 155th at 2:16:27; David Stanhope, 52 of Exeter, 170th at 2:20:34; and Judy Snow, 61 of Dover-Foxcroft, 198th at 2:30:35.

In the Black Bear Marathon, Brett Almasi, 35 of Milo, came in 11th out of 90 runners with a time of 3:26:57. Brittany Paradis, 30 of Harmony, finished 62nd at 4:40:00. The event at the campus of the University of Maine included a

10K. Erica Peterson, 27 of Dover-Foxcroft, ran a time of 59:49 to place 78th in a field of 192. Donna Peterson, 56 of Dover-Foxcroft, was 137th at 1:09:17; Michelle Mulherin, 29 of Milo, was 183rd at 1:37:56; and Susan Mulherin, 57 of Milo, was 184th at 1:38:03.

On June 5 four residents from Greenville took part in races on Mount Desert Island. Steven Bilo-deau, 27, finished 173rd out of 282 in the Acadia Half Marathon, with a time of 2:17:36. Carolyn Goetz, 31, was 190th at 2:23:13.

In the Acadia 10K Noah Bilo-deau, 14, finished 74th, out of 171, at 1:01:02 and right behind in 75th place was Leah Bilo-deau, 20, at 1:01:04.

Tennis honors

Piscataquis Community High School's Lucinda Wingert was named Penobscot Valley Conference Player of the Year for girls Class C tennis. Wingert was also chosen for the Class C First Team.

PCHS' Alanna Whitney was selected for the girls' Class C Third Team, and she and Wingert were both named to the PVC All-Academic Team. Also named to the All-Academic Team was Libby Toothaker of Dexter Regional High School, Foxcroft Academy's Madison Fadley, Sophia Kurzius, Alice Russ and Elena Russo as well as Kara Pariseau of Penquis Valley High School.

For boys tennis, William Strauch of Dexter was named to the Class C Third Team.

Boys All-Academic honorees include Blake Arno, Antonio Ayala, Toan Bui and Dylan Harmon-Weeks of Foxcroft and Penquis' Telos Wallace.

Postseason scoreboard

Class B North baseball Prelims

- Oceanside 6
- Presque Isle 0
- Waterville 2
- MDI 1
- Nokomis 4
- Foxcroft 0
- Belfast 2
- Gardiner 1

Quarterfinals

- Old Town 3
- Belfast 0
- Nokomis 3
- Winslow 2
- Hermon 13
- Waterville 6
- Erskine 4
- Oceanside 3

Semifinals

- Old Town 3
- Erskine 1
- Hermon 6
- Nokomis 0

Final

- Old Town vs. 3. Hermon
- Class C North baseball Prelims
- Bucksport 7
- Limestone/MSSM 0
- Washington 11
- Penquis 1
- Dexter 12
- Orono 4

Quarterfinals

- George Stevens 8
- Dexter 1
- Houlton 12
- Washington 9
- Bucksport 7
- Central 3
- Mattanawcook 10
- Ft. Kent 9

Semifinals

- George Stevens 3
- Mattanawcook 0
- Houlton 5
- Bucksport 0
- George Stevens vs. 2. Houlton

Final

- George Stevens vs. 2. Houlton
- Class D South baseball Quarterfinals
- Searsport 10
- Buckfield 1
- Valley 11
- Vinalhaven/North Haven 1
- Richmond 3
- North Yarmouth 2
- Rangeley 9
- Greenville 4

Semifinals

- Searsport 10
- Rangeley 0
- Valley 4
- Richmond 1
- Final
- Searsport vs. 2. Valley
- Class B North softball Prelims
- Nokomis 3
- John Bapst 1
- Ellsworth 5
- Gardiner 3
- Medomak 8
- Erskine 5

- Presque Isle 13
- Foxcroft 1
- Quarterfinals
- Hermon 18
- Presque Isle 0
- Medomak 4
- Oceanside 3
- Winslow 5
- Ellsworth 3
- Old Town 10
- Nokomis 2

Semifinals

- Old Town 1
- Hermon 0
- Winslow 5
- Medomak 2
- Final
- Winslow vs. 4. Old Town
- Class C North softball Prelims
- Orono 16
- Calais 9
- Dexter 13
- George Stevens 9
- PCHS 8
- Washington 0
- PCHS 11
- Narraguagus 8
- Bucksport 12
- Dexter 0
- Limestone/MSSM 15
- Orono 3
- Mattanawcook 14
- Houlton 9
- Semifinals
- Mattanawcook 14
- PCHS 8
- Bucksport 6
- Limestone/MSSM 0
- Final
- Bucksport vs. 4. Mattanawcook
- Class D South softball Quarterfinals
- Buckfield 5
- Temple 2
- Greenville 13
- Rangeley 1
- Semifinals
- Richmond 18
- Greenville 1
- Buckfield 3
- Vinalhaven/North Haven 2
- Final
- Richmond vs. 3. Buckfield
- Class B North boys tennis Prelims
- Hermon 4
- Medomak 1
- Old Town 5
- Foxcroft 0
- MDI 5
- Presque Isle 0
- Quarterfinals
- John Bapst 5
- MDI 0
- Camden Hills 5
- Old Town 0
- Hermon 3
- Waterville 2
- Caribou 5
- Winslow 0
- Semifinals

- Caribou 3
- John Bapst 2
- Camden Hills 5
- Hermon 0
- Final
- Camden Hills 4
- Caribou 1
- State championship
- North 2
- Camden Hills South 3
- No. 2 Cape Elizabeth 2
- Class C North boys tennis Prelims
- Washington 5
- Deer Isle-Stonington 0
- Ft. Kent 3
- Shed 0
- Van Buren 4
- Lee 1
- Sumner 3
- Dexter 2
- PCHS 3
- Penobscot 2
- Quarterfinals
- George Stevens 5
- PCHS 0
- Orono 5
- Sumner 0
- Mattanawcook 3
- Van Buren 2
- Van Kent 4
- Washington 1
- Semifinals
- George Stevens 3
- Ft. Kent 2
- Orono 3
- Mattanawcook 2
- Final
- George Stevens 4
- Orono 1
- State championship
- South 4
- Waynflete 4
- North 1
- George Stevens 1
- Class C North girls tennis Prelims
- PCHS 3
- Washington 2
- Lee 4
- Woodland 1
- Houlton 4
- Calais 1
- Orono 5
- Deer Isle-Stonington 0
- Ft. Kent 4
- Van Buren 1
- Quarterfinals
- Mattanawcook 4
- Ft. Kent 1
- George Stevens 3
- Orono 2
- Penobscot 4
- Houlton 1
- PCHS 3
- Lee 2
- Semifinals
- Mattanawcook 4
- PCHS 1
- George Stevens 3
- Penobscot 2
- Final
- Mattanawcook 4
- George Stevens 1
- State championship
- South 1
- St. Dom's 5
- North 1
- Mattanawcook 0

Postseason roundup

June 7: Seventh-seeded Foxcroft baseball lost vs. No. 10 Nokomis 4-0 in a Class B North prelim. Nate Church, Jeremy Richard, Tanner Strout and Jason Thompson all had hits.

No. 9 Foxcroft softball lost at eighth seed Presque Isle 13-1 in a Class B North prelim. Abbi Bourget, Alli Bourget and Desirae Brawn each singled.

No. 8 PCHS softball won vs. ninth-seeded Washington Academy 8-0 in a Class C North prelim. Jewel Lamb tossed a five-hitter with seven strikeouts. Jordynne Littlefield and Erin Speed both drove in a pair of runs.

June 8: Ninth-seeded Dexter baseball won at No. 8 Orono 12-4 in a Class C North prelim. Cameron Carr hit a solo home

run and he added an RBI-single.

No. 10 Penquis baseball lost at seventh-seeded Washington Academy 11-1 in a Class C North prelim. Dillon Nickerson drove in the run and Josh Blanchard and Justin Valvo both doubled.

Tenth-seeded Dexter softball won at No. 7 George Stevens 13-9, in nine innings, in a Class C North prelim. Tory Asbury had two singles and four RBIs and Skyler Theodore drove in three runs.

June 9: No. 9 Dexter baseball lost at top seed George Stevens 8-1 in a Class C North quarterfinal. Matt Richards singled twice and drove in the run.

Fourth seed Greenville baseball lost vs. No. 5 Rangeley 9-4 in a Class D South quarterfinal.

No. 10 Dexter softball lost at second-seeded Bucksport 12-0 in a Class C North quarterfinal. Abby Webber picked up two hits.

Fourth-seeded Greenville softball won vs. No. 5 Rangeley 13-1 in a Class D South quarterfinal.

No. 8 PCHS softball won at top seed and previously undefeated Narraguagus 11-8 in a Class C North quarterfinal. Jordynne Littlefield drove in three runs on a double in the top of the seventh and she singled in two other at-bats.

June 10: Fourth seed Greenville softball lost at No. 1 Richmond 18-1 in a Class D South semifinal. Shelby Cowin singled and scored a run.

Dexter native to coach Waterville field hockey team

By Larry Mahoney
BDN Staff

Dexter native Chrissy Cunningham has always been passionate about field hockey and has been a tireless worker.

Now the 22-year-old is hoping those traits will rub off on her Waterville High School players after she was recently named the school's head field hockey coach.



Cunningham

Cunningham graduated in early May from Thomas College in Waterville, where she appeared in 64 games during her four-year career. The midfielder started 49 of 50 games during her final three seasons.

She also was a midfielder at Dexter High School and played on the Tigers' 2009 Class C state championship team.

Cunningham will inherit a Waterville team that has won just two games over the previous two seasons. The Purple Panthers were 2-11-1 this past season under Amie Danielson after going 0-14 in 2014.

"It's very exciting," said Cunningham, who earned her degree in elementary education. "I've always wanted to coach. I've made Waterville my home the past four years. This is a great opportunity."

"She's a gem," said Dexter field hockey coach Margaret Veazie. "She is the type of girl who has always been committed to field hockey. She has been very dedicated to it and passionate about it."

Kristy (Veazie) Staples, Margaret Veazie's daughter who coached Cunningham her senior year, said Cunningham is a "real good leader" and that she has "never seen anyone

who worked as hard as Chrissy did. And she has a wonderful personality. She will draw kids to the sport."

"She's fun. Her kids will like her," Veazie said. "Her passion will be infectious. She understands what it takes to be successful, she really does. She always came through in big games because of her work ethic."

Cunningham said she has benefited from playing for the Veazies and for Thomas College coach Andrea Theberge.

"They have given me a lot of support," she said. "They have been very helpful."

She said her first order of business at Waterville will be to get her players involved in a variety of summer leagues and with the prestigious Maine Majestic club program that is based in Waterville.

She said that she is a "big believer" in the philosophy that "if you put the time and effort in, it will show."

"If you don't do something 110 percent, don't do it at all," she added.

Cunningham does have coaching experience as she has worked at a number of clinics over the years including ones involving the Veazies and Theberge.

She said her players will work hard, but they will also have fun.

"I don't believe in all-work, no-play. I like to have a good time," said Cunningham, who will insist on having a close-knit team.

"Chemistry is a key part of being a team," she said. "We're going to set expectations. I believe we can be a good team. I hope we will be."

Cunningham expects to get involved with the youth program in Waterville so she can establish a culture and pipeline like the one in Dexter.

"I began playing in second grade," she said.

Amy, Coty, Monica Memorial 5K and 10K results

DEXTER — The sixth annual Amy, Coty, Monica Memorial 5K to End Domestic Violence was run on June 11 with the following results: 1. Beau Briggs age 14 of Newport 22 minutes, 53.81 seconds; 2. Gabriel Stone 13 Exeter 24:28.98; 3. Jacob Cobb 13 Dexter 26:02.81; 4. Danielle Vafrades 33 Dexter 26:09.81 (women's winner); 5. Abby Webber 17 Garland 27:10.48; 6. Bryce Conner 11 Dexter 27:37.52; 7. Julia Annis 19 Dover-Foxcroft 28:13.64; 8. Glenn Annis 45 Dover-Foxcroft 28:13.86; 9. Cassidy Regan 34 Dexter 28:56.11; 10. Kristy Fogler 38 Exeter 29:51.23;

11. Gary Larson 71 Dover-Foxcroft 29:52.53; 12. Carter Shaw 16 Corinna 29:58.37; 13. Darcie Sands 38 Dover-Foxcroft 30:19.03; 14. Lesley Chambers 33 Dover-Foxcroft 30:31.11; 15. Renee Dube 22 Dexter 30:32.42; 16. Kacie Ladd 33 Dexter 30:35.4; 17. Cody Pelletier 21 Dexter 30:42.82; 18. Heather Linkletter 36 Cornville 30:50.45; 19. Michelle Mason 29 Dover-Foxcroft 30:58.36; 20. Paul Mason 27 Dover-Foxcroft 30:58.59;

21. Nicole Webber 41 Garland 31:25.12; 22. Linda Hanscom 54 Dexter 31:49.08; 23. Jessica Ellis 34 Dexter 31:50.01; 24. Elizabeth Kinney 12 Corinna 32:09.47; 25. Jeremy Glidden 39 Augusta 32:24.15; 26. Amy Webber 47 Dexter 32:42.87; 27. Alisha Gustin 23 Hampden 32:53.68; 28. Chelsie Crane 26 Exeter 32:56.06; 29. Blake Thompson 12 Garland 33:15.11; 30. Frank Reynolds 41 Dexter 33:23.31;

31. Ashley Reynolds 16 Dexter 33:23.40; 32. Rachael Sicksels 14 Dexter 33:40.99; 33. Miranda Kinney 29 Corinna 33:54.10; 34. Emma Opepewell 22 Alton 34:46.71; 35. Matthew Gravew

16 Plymouth 35:03.94; 36. Brandi Alton 29 Winn 35:24.21; 37. Marlene Stone 38 Exeter 35:43.59; 38. Denna Miles 38 Sangerville 36:23.41; 39. Brady Reynolds 11 Dexter 38:45.77; 40. Susan Killam 61 Blanchard 39:06.32;

41. Janica Barrows 22 Palmyra 41:17.78; 42. Dawn Allen 44 Winn 41:26.16; 43. Amber Drew 23 Newport 41:26.21; 44. Jennifer Cole 23 Dover-Foxcroft 41:50.88; 45. Tammie McCann 29 Chelsea 42:38.81; 46. Nadine Glidden 43 Augusta 42:45.59; 47. Melissa Stevens 35 Corinth 42:52.72; 48. Traci Calnan 29 Dexter 44:11.33; 49. Marc Calnan 43 Dexter 44:11.40; 50. Savannah Hobbs 21 Dover-Foxcroft 44:40.40;

51. Nancy Rotkowitz 48 Dover-Foxcroft 46:59.52; 52. Robert Rowe 56 Newport 50:12.49; 53. Michael Pike 44 Skowhegan 51:02.90; 54. Kimberly Pike 41 Skowhegan 51:04.37; 55. Angela LaRochelle 37 Hampden 54:59.50; 56. Lisa Clark 36 Perry 54:59.62; 57. Hailey Calder 13 Perry 55:00.64; 58. Frederick Killam 48 Cannan 1:03.42; and 59. Michael Killam 14 Cannan 1:03.58.

10K results: 1. Erin Smith 37 Bow, N.H. 39:55.72; 2. Greg Leavitt 48 Glenburn 43:40.16; 3. Maryanna Ray 36 Ripley 45:39.75 (women's winner); 4. Andrew Bermudez 38 Dexter 46:17.23; 5. John Lemieux 71 Sangerville 52:25.01; 6. Heather Gudroe 38 Dexter 52:45.67; 7. Michele Landry 39 Bradley 56:29.70; 8. Peter Devine 66 Garland 58:44.09; 9. Paul Poulin 35 Shawmut 59:52.99; 10. Tracy Glidden 50 Dexter 1:00.34;

11. Lisa Gordon 50 Newport 1:00.40; 12. Bob Clark 64 1:03.19; 13. Ann Goodwin 46 Milford 1:03.47; and 14. Karen Prescott 32 Newport 1:14.25.

Inaugural running of the Moose Maine 5K

GREENVILLE — The first Moose Maine 5K took place on the morning of June 12 with the following results: 1. Noah Pratt, age 16, 21 minutes, 38.7 seconds; 2. Peter Bilodeau 30 22:02.9; 3. Brooke Noyes 16 23:18.4 (women's winner); 4. Jonathan Pratt 40 23:48.3; 5. Rachel Emerson 42 24:11.8; 6. William Fletcher 40 25:30.2; 7. Alyssa Bragdon 20 25:38.3; 8. Katie Fletcher 10 25:44; 9. Paul Ducey 68 26:30.6; 10. Eric Ward 50 26:57.2;

11. Dean Milligan 40 27:32.1; 12. Laurieann Milligan 40 27:32.2; 13. John Burgess 65 27:37.7; 14. Laurie Gregory 50 27:41.8; 15. Ben Landry 20 27:51.6; 16. Ryan Landry 20 27:58.9; 17. Bob Clark 60 29:08.1; 18. Nigel Tall 10 30:29.1; 19. Ethan Pratt 10 31:11.4; 20. Amber Simmons 20 31:18.1;

21. Amanda Hunt 35 31:48.2; 22. Holly Fletcher-Johnson 40 33:54.2; 23. Linda Rogers

24. Peyton Ward 30 34:02.9; 25. Dawn Allen 40 34:49.7; 26. Jess Lyons 30 35:14; 27. William Shibles 20 35:14.3; 28. Franki Delaney 30 36:00.1; 29. Ron Dobra 69 37:35.1; 30. Benita Allen 50 38:21.7;

31. Misty Leask 30 38:52.4; 32. Samantha Coffin 20 38:53.3; 33. Jeri Ann Gilbert 52 40:46.4; 34. Bill Swift 40 41:27.4; 35. Jason Douglass 30 42:12.1; 36. Alicia Cook 30 42:22.5; 37. Dylan Coy 10 43:28; 38. Judy Snow 60 43:28.6; 39. Susan Mulherin 50 43:28.6; 40. Kristy Farnsworth 30 44:16.1;

41. Debbie Zalewski 60 44:16.4; 42. Robert Rowe 50 45:58.7; 43. Leida Gilbert 40 48:53.4; 44. Lize Douglas 30 48:59.9; 45. Triton Tall 10 49:04.4; 46. Cheryl Bouley 57 52:17.3; 47. Lisa Soucy 40 52:20.5; 48. Anna-Maria Herick 50 53:13; 49. Michelle Caldwell 40 53:47.7; and 50. Miranda Caldwell 20 53:48.2.

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Lupo

Continued from Page 1

hegan.

"But I had friends who fight up at [former UFC contender] Marcus Davis' gym [Team Irish MMA Fitness Academy in Brewer], so I'd go there on Saturdays and train with them. I'd spar with their pros and with their amateurs just to keep my feet in it."

Then Lupo attended an NEF show in Lewiston, and the urge to compete grew too great to resist.

"I said, 'I can compete at this level right here,'" said Lupo. "I might not be able to compete at a higher level but I just wanted to get back in there. It's kind of on my bucket list, and I'm getting pretty damned old. I've competed in boxing and kickboxing. I want an MMA fight or two."

Lupo will fight an opponent just two years his junior in Steven Bang Sr., a bariatric surgeon and triathlete from Auburn who

split his first two amateur bouts.

"I've been in the ring with world champion kickboxers, pro boxers and right down through, and I can't say for certain that I'm not going to go down to this NEF contest and not have a fair amount of ring nerves," said Lupo. "It's been a long time since I've competed like that, but I'm looking forward to it."

Lupo's training has dropped his weight from 188 to 165 a week out from fight night — the three-round bout will be contested in the lightweight (155-pound) division — and his regimen also has included visits to the Team Irish gym to work out with regional talents Jon Lemke and Ricky Dexter.

"I feel better than I have in a

long time," said Lupo, who also participated in a public sparring session in Dexter on April 1. "I have aches and pains, oh God yes, but I just want to get in there and try it."

One common denominator for Lupo and Bang beyond middle age is their motivation.

"I've trained to stay in shape my whole life, and after a while you run out of sports and things to do to stay in shape," said Lupo. "You have something to train for and challenge yourself, and I think Steve said it best when he said [MMA] gives you a goal to go toward, and that's what it is about for me."

"I'll jump in the ring with anybody and it doesn't bother me, not because I think I can beat

anybody but because I've been in there and done it and don't get all that worried about it. I don't have that ego that's going to be crushed if I take a loss."

Yet there is some pressure for

Please see Page 11, LUPO

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NOTICE OF PUBLIC SALE PURSUANT TO 14 M.R.S.A. §6323
By virtue of a Stipulated Judgment of Foreclosure and Sale dated May 19, 2016 and entered in the Maine District Court, District Thirteen, Division of Piscataquis at Dover-Foxcroft, Civil Action, Docket No. DOVDC-RE-2016-017, in an action brought by the UNITED STATES OF AMERICA, acting through the RURAL HOUSING SERVICE, USDA, f/k/a the FARMERS HOME ADMINISTRATION, Plaintiff, against MONA H. TAYLOR, Defendant, for the foreclosure of a Mortgage Deed dated December 31, 1985 and recorded in the Piscataquis County Registry of Deeds in Book 0591 Page 493, the statutory ninety (90) day redemption period having been waived, notice is hereby given that there will be sold at public sale at the office of the USDA, Rural Development, 967 Illinois Avenue, Bangor, Maine, on July 25, 2016 at 1:00 P.M., all and singular the premises described in said mortgage deed and being situate at 10 Lincoln Street in Greenville, Maine.

The property shall be sold to the highest bidder at the sale. Ten percent (10%) of the purchase price will be required to be paid, in cash or by certified check payable to the Rural Housing Service at the time and place of sale. The balance of the purchase price is to be paid within thirty (30) days following the sale. Failure to pay the balance due within thirty (30) days following the sale shall be deemed a forfeiture of the successful bidder's deposit. Additional terms may be announced at the time of sale.

The above property is being sold "as is" and will be conveyed by Release Deed without any warranty as to the condition, size or location of the property or the state of title to the property.

The property will be sold subject to utility easements and rights of way of record and utility easements and rights of way that are visible on the face of the earth. The property will be sold subject to real estate taxes assessed by and due and payable to the Town of Greenville.

Further information regarding the terms and conditions of the sale of this property may be obtained by contacting the offices of Broderick & Broderick, P.A., at (207) 794-6557. Dated: June 10, 2016 /s/ Richard H. Broderick, Jr., Esq. Attorney for Plaintiff

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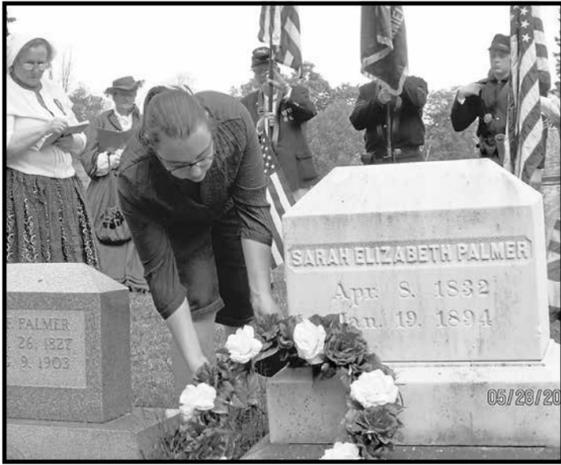
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Sarah Elizabeth Palmer Tent #23



Photos courtesy of Sarah Elizabeth Palmer Tent #23

CIVIL WAR MEMORIALS – The Sarah Elizabeth Palmer Tent #23, Daughters of Union Veterans (DUV) and the Daniel Chaplin Camp #3, Sons of Union Veterans (SUV) held a joint memorial May 28 to honor two Dover-Foxcroft residents who served during the Civil War. Sarah Elizabeth Palmer left home in 1862 to volunteer as a nurse for the wounded in Washington, D.C. and Alexandria, Va. She served directly under Dorothea Dix along with hundreds of other women from the north until the end of the war. The SUV honored Dr. Elbridge Thompson, a Foxcroft Academy graduate who enlisted at the outbreak. He was attached to the 12th Regiment of Maine Volunteers and saw action in the Shenandoah Valley and from Vicksburg to New Orleans. For three years Dr. Thompson treated the wounded and witnessed the worst conditions imaginable for a medical healer. He served until December 1864 when he was transferred to the Provost Marshal's office in Bangor until the close of the war. He then returned to Dover and resumed his private practice, along with becoming very active in the community. Attending from the DUV and SUV were Molly and Eric Bennett, Toni Snyder, Jennifer Sylvain, Linda Tozier, Carmen Smith, Tootie and Wayne Bennett, Jim and Mary Annis. For more information about joining the DUV, contact Estella Bennett at 876-3073.

Muhammad Ali

Continued from Page 4

expanded our nation's commitment to liberty of conscience.

How ironic, then, to hear words of praise for Ali from those who demonize American Muslims, turn a blind eye to racial inequality and police brutality, and ignore the devastation of poverty.

Ali's life is not a salve for America's conscience — it is a sharp prick that should inspire us to action. We don't have to agree with his politics or share his religion to share his commitment to work for justice, religious freedom and equality for all.

After all, an American is not defined by race, religion or creed. An American is defined by adherence to the principles

and ideals that flow from the Constitution with its Bill of Rights.

Liberty of conscience, freedom to dissent, the right to peacefully protest and petition — these are the fundamental, inalienable rights that animated Ali's lifelong struggle for freedom and justice. Exercising those rights on behalf of the oppressed and marginalized is what makes him a true American hero.

"I am America," Ali proclaimed.

For the sake of fulfilling the vision of a nation with "liberty and justice for all," I hope and pray that he was right.

Charles C. Haynes is vice president of the Newseum Institute and founding director of the Religious Freedom Center.

Park

Continued from Page 4

benches, trees, and a clock.

Dover-Foxcroft Down-towners ask for your support. Visit our Facebook page, tell your neighbors about Union Square pop up park, and think

of local business first when you need something. Help create pride in our downtown by saying, "Meet me at Union Square!"

**Janet Sawyer
Dover-Foxcroft
Downtown Volunteer**

Elder Abuse

Continued from Page 4

My grandmother is currently in a nursing home and we visit her often. To hear that people can and actually do these things is unfathomable to me. These people depend entirely on someone else which takes away the dignity that they do have left, abusing that leaves them completely helpless and humiliated.

I believe that elder abuse needs to become more publicized the way that other abuse is being explained. People worldwide are aware of domestic abuse and sexual abuse because there are many organizations projecting its issues out to their communities. Involvement in the community could be a huge help to this cause. Financial Abuse Specialist Teams have been created throughout

the United States to inform the authorities about elders in their communities and the situations they are in. With the public being knowledgeable about these situations and becoming aware that this is a problem all around them, everyone can begin to contribute in small ways to help all of our elders avoid these terrible situations that many are going through unknown and alone.

On June 15, World Elder Abuse Awareness Day, the winner and runner up will be honored at a press conference at the State House. If you want to learn more about how you can help prevent elder abuse or you need help stopping abuse visit www.elderabuseprevention.info.

Jaye L. Martin is executive director at Legal Services for the Elderly in Augusta.

Find 'The Piscataquis Observer' on Facebook

Hibbard Skilled Nursing Center
Immediate Opening
CNA-M, Evening Shift
Our 93-bed facility has an immediate opening for a Certified Nurse Aide Med Tech. This is a full time position on the day shift. Excellent benefit package.
Qualified applicants should apply at:
1037 West Main Street Dover-Foxcroft, ME
207-564-8129
EOE

Hibbard Skilled Nursing Center
SUMMER AND/OR FULL TIME EMPLOYMENT
We are currently accepting applications for work in our dietary department. Must work every other weekend and be flexible with schedule. No experience necessary. Excellent benefits for full time employment
Applications may be picked up at:
Hibbard Skilled Nursing Center
1037 West Main Street
Dover-Foxcroft, Maine 04426
207-564-8129
EOE

HELP WANTED
Full Time in our Lumber Yard
Must be able to lift and clean driving record.
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Dover True Value
69 East Main St., Dover-Foxcroft

FALCON TRANSPORTATION
FULL & PART-TIME DRIVERS WANTED
East Coast Region
Pay is \$0.40/mile
Medical insurance, vacation pay, new equipment, home time, no touch freight.
Contact Bruce Sargent or Jim Pelkey at
207-760-1200

ADMINISTRATIVE ASSISTANT
Piscataquis County is seeking qualified applicants for the full time position of **Administrative Assistant** with responsibilities in the Emergency Management Agency and the Probate Court located in the Peaks House and the Probate Court in Dover-Foxcroft.
This position is for 35 hours per week. A competitive benefit package is included.
Qualifications: The successful candidate must have excellent communications skills, the ability to deal with the general public and be able to work independently. The candidate must be proficient in keyboarding, be in good physical condition, and have the ability to follow complicated procedures and possess good judgment.
Applications and a detailed job description are available at the Commissioner's Office, Monday thru Friday 8:30a.m. to 4:00 p.m. **Applications and resumes will be accepted thru Friday July 1, 2016 at 4:00 p.m.**

Hibbard Skilled Nursing Center
RNS & LPNS
FULL AND PART-TIME
We are a 93-bed, multi-level facility with several openings in our Nursing Department. We are looking for motivated and energetic nurses to work with our post-acute patients as well as our long term care residents.
We are offering a sign-on bonus of up to \$5,000.00 for full time employment.
Interested applicants may visit for an application, or send resume to:
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Dover-Foxcroft, Maine 04426
e-mail: angelajones@firstatlantic.com
207-564-8129
EOE

Now Hiring Greenville
Northwoods Outfitters is seeking a year round Full or Part Time Customer Service Associate.
Candidate should be friendly, self-motivated, and able to work weekends. Apply in person.
No calls please

MILO - Woodland Acres Apartments
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Rent only 30% of adjusted income. Heat and hot water included. Qualified applicants must be disabled for 62 year of age or older or handicaps/disabled regardless of age.
Income limits apply. We are an equal opportunity organization.
For more information, please call
(207) 561-4700, TTY: 955-3523 (Maine Relay Service).

CHARLOTTE WHITE CENTER
NEW OPENINGS!
Paid Training Provided
Staff needed to work with adults in our residential programs located in: Abbot, Dexter, Dover-Foxcroft, and Corinth. Immediate openings for weekend Live-in positions Saturday through Sunday, as well as evenings and overnights. Must have a HS diploma or equivalent and a valid ME driver's license in good standing.
\$9.25 per hour, no experience necessary.
Please apply online:
www.charlottewhitecenter.org
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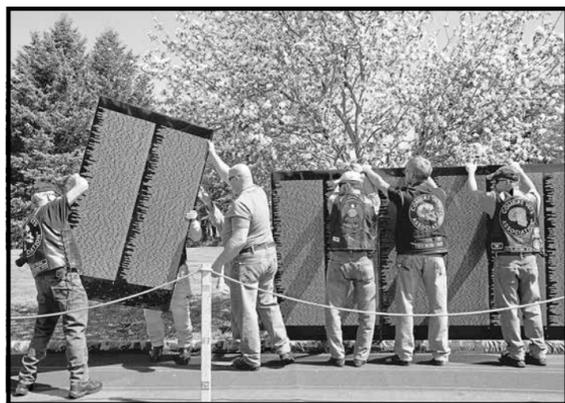
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On-Call/Per-Diem Opening
Patient Service Representative
Katahdin Valley Health Center (KVHC) is now hiring for an on-call/per-diem Patient Service Representative. The person in this role will provide administrative support to our clinical team, schedule follow up appointments, and complete all general patient registration and scheduling duties.
Minimum Qualifications Required: Excellent customer service skills, experience in an office setting, proficiency in Microsoft Office products, as well as the ability to work in a busy health care setting. Previous experience in a healthcare office setting a plus. This entry level, full-time position comes with a comprehensive benefits package including health, dental and life insurance along with vacation time.
KVHC has a competitive Salary and Benefits package including a generous amount of paid time off. Candidates are encouraged to submit resumes with references to Katahdin Valley Health Center via USPS at the address on the right, or email to michelle.lefay@kvhc.org.
Katahdin Valley Health Center
ATTN: Human Resources
P.O. Box 500
Patten, ME 04765
Katahdin Valley Health Center is an Equal Opportunity Employer

MAINTENANCE POSITION
Piscataquis County has an opening for a **maintenance position** within the courthouse complex. The individual in this position will work 32 hours per week. Starting pay is \$10.59/hour, with benefits.
Position includes janitorial work and general building and grounds maintenance.
Qualifications and Skills required: ability to work independently, good communication skills, janitorial skills, basic grounds and buildings maintenance skills, ability to lift a minimum of 50 pounds, ability to pass a background check.
Please contact the Piscataquis County Commissioner's office (207-564- 6500) for an application and job description. **Applications will be accepted until 4 p.m. on July 1, 2016.**
Applications should be submitted to :
County Commissioners Office
Piscataquis County
163 East Main Street
Dover-Foxcroft, ME 04426



Photo courtesy of Monson Historical Society

CEMETERY REPAIRS – The Monson Historical Society recently had extensive repairs made to the Hillside Cemetery thanks to the crew from the Charleston Correctional Facility. Crew boss Leon Gerry and his men worked on 120 headstones, straightening those that were tipping. The crew also repaired 68 broken stones, many from the 1800s, which were in multiple pieces. One especially heartwarming stone was found buried under the soil, marking the grave of Frances, age 2, and the daughter of William and Mary Hughes. With no obvious base the men found a piece of slate in the woods and made a base, setting the headstone on it so the girl is now known and with her parents.



BDN file photo/Micky Bedell

THE MOVING WALL – Shirley B. Carter VFW Post 4298 of Dexter is working to bring The Moving Wall to town next May, where the memorial inscribed with the names of more than 58,000 Americans who lost their lives during the Vietnam War would be on display for about a week at the Mount Pleasant Cemetery. Last month over 200 veterans escorted The Moving Wall to the Knox Museum in Thomaston, with many remaining to help install the memorial.

Summer

Continued from Page 1

The council met with David Iverson, incoming commander of Shirley B. Carter VFW Post 4298, about plans to host The Moving Wall next year at the Mount Pleasant Cemetery on the Bryant Road. The wall is a half-sized replica of the Vietnam Veterans Memorial in Washington, D.C. and, like its larger version, is inscribed with the names of more than 58,000 Americans who lost their lives during the Vietnam War.

Iverson said the plan is for The Moving Wall to arrive on May 10, 2017, be assembled by a crew of veterans and then be on display from May 11-17. "It's here for a week, it's open 24/7 and it's guarded 24/7," he said. "There's a lot of activity but respectful activity. It's not a carnival, it's a memorial."

Shuttles would be available to transport visitors from in-town Dexter up to the cemetery. Iverson said The Moving Wall was on display at the Knox Museum in Thomaston over Memorial Day and buses were used for transportation then.

Councilor Marcia Delaware said she recently was up at the open space at the Mount Pleasant Cemetery where The Moving Wall would be set up. "I think the field's going to be a real nice place to have it," she said. "That's a beautiful site up there."

"Thank you for offering that," Council Alan Wintle said, as the council indicated its support of the effort.

Iverson said there is an approximate \$6,500 cost to bring The Moving Wall to Dexter so the VFW will be fundraising and seeking sponsorships.

Cyber-Attacks

Continued from Page 4

distribute electricity.

Ironically, the hackers behind the attack in Ukraine might have caused even more damage if not for the fact that the Ukrainians still used older, manual technology to operate their grid. So believe it or not, the future of securing our grid could actually be found in the past.

In order to build on this approach of using "retro" technology to shore up our energy grid cyber-defenses and protect us from potential attacks, I introduced a bipartisan bill this week that would examine possible solutions that replace key automated devices that are vulnerable to cyber-attacks with analog and human-operated systems.

This bill, the Securing Energy Infrastructure Act of 2016, seeks to thwart even the most determined and sophisticated cyber-adversaries. By adding these safeguards, we could make it much more difficult for hackers to attack the grid remotely.

A bipartisan group of Senators have joined me on this legislation, including Senators Susan Collins, Jim Risch (R-Idaho), and Martin Heinrich (D-N.M.). Each of these Senators serve with me on the Intelligence Committee, and they know just how pressing this issue is for the safety and security of our country. By aiming to reengineer the so-called "last-mile" of the energy grid, our bill would enlist the assistance of top national security experts and the energy industry to study ways to isolate its most important systems, add manual safeguards, and help defend our energy infrastructure from a devastating blow that could cut off electricity to millions of people across the United States.

In the digital age, cyber-space is a new battlefield and we need to be prepared for the day that our adversaries will try to use our technological advances against us. As demonstrated recently in Ukraine, that day could be tomorrow. We must meet that threat head on — and do so without delay.

Regulations

Continued from Page 4

National Retail Federation found that most employees would see no change in net pay. Instead, many employees would see their hours reduced to avoid overtime, while others would see their base wages, benefits or bonus pay decreased in order the offset the added payroll expense.

Moreover, the National Federation of Independent Business — a leading voice for small business — has noted that the new overtime rule would particularly hurt small businesses in rural areas. The Maine Department of Labor believes that

the rule would have a disproportionate economic effect on Maine businesses, where salaries and the cost-of-living are not as high as in other regions of the country. For instance, the cost of living in Bangor is roughly 37 percent lower than in Washington, D.C. While \$47,476 might seem like a reasonable threshold for an employee living in a high-cost area like Washington, D.C., it's the equivalent of a salary of more than \$74,000 in Bangor.

Some of Maine's businesses are highly seasonal. Workers understand that their salary involves extra

Please see Page 12, REGULATIONS

COMMUNITY CALENDAR

Thursday, June 16
DOVER-FOXCROFT: Medicare 101 will be held at 6 p.m. in the Sebec Room at Mayo Regional Hospital. To register call 564-7346 or 1-800-432-7812.

Friday, June 17
DEXTER: A 200th anniversary celebration of Dexter's incorporation starts at 2 p.m. at the town hall.

Saturday, June 18
ATKINSON: The Sons and Daughters of Union Veterans will conduct a Flag Day memorial service for two Civil War veterans at 2 p.m. at the Sweet Cemetery. FMI call 876-3073.

DEXTER: The Dexter Sunrise Kiwanis and Knights of Columbus serve a pancake breakfast from 6-9 p.m. at the Knights of Columbus Hall.

DOVER-FOXCROFT: The PRYMCA holds its eighth annual Dinner Dance Auction from 5-10 p.m. FMI call 564-7111.

MONSON: A New England contra dance will be held at the Finn Hall from 7:30-10:30 a.m. FMI call 997-3639.

Monday, June 20
GREENVILLE JCT: The PCEDC holds its quarterly meeting at 4 p.m. at Kelly's Landing. FMI go to www.pcedc.org.

Tuesday, June 21
MILO: The SAD 41 district budget meeting and information session starts at 5:30 p.m. at the Penquis Valley School.

MILO: A special town meeting concerning the conveyance of the Derby Shops starts at 6:30 p.m. at the town hall.

Wednesday, June 22
GREENVILLE: NREC holds an open house at the new office (19 Lakeview St.) from 3-6 p.m. FMI go to <http://nreemoosehead.org>.

Thursday, June 23
MILO: The Three Rivers Kiwanis holds its annual yard sale from 10 a.m.-5 p.m. and auction from 5-9 p.m. FMI call 943-2317 or 279-0481.

Friday, June 24
MILO: The Three Rivers Kiwanis holds its annual yard sale from 10 a.m.-5 p.m. and auction from 5-9 p.m. FMI call 943-2317

or 279-0481.
Saturday, June 25
DEXTER: The Misty Mountaineers perform at the Wayside Grange at 7 p.m. FMI call 277-3733 or 924-5035.

DOVER-FOXCROFT: The annual Maine Whoopie Pie Festival takes place during the day in the downtown. FMI go to <https://mainewhoopiefestival.com/>.

DOVER-FOXCROFT: St. Thomas Catholic Church, 43 High St., holds a yard sale — rain or shine — to benefit the Dover-Foxcroft Area Food Cupboard and the youth ministry from 8 a.m.-1 p.m.

DOVER-FOXCROFT: The Thompson Free Library hosts a children's program on microscopes at 10 a.m. FMI call 564-3350.

GREENVILLE JCT: A community art show will be held at the Depot Freight Shed from 9 a.m.-3 p.m. FMI go to www.greenvilledepot.org.

SANGERVILLE: The South Sangerville Grange serves a bean

hole bean supper from 4:30-6 p.m.

Sunday, June 26
DOVER-FOXCROFT: The sixth annual Piscataquis Cruise In, sponsored by the Piscataquis County Republican Committee, takes place at the baseball field on Fairview Ave. from 10 a.m.-2 p.m. FMI call 965-8410.

HARMONY: A cribbage tourney, to benefit building repairs, starts at 1 p.m. at the Harmony Community Center with sign-ups at 12:30 p.m. FMI call 683-5237 or 683-5621.

Tuesday, June 28
DOVER-FOXCROFT: Pine Tree Hospice hosts a dementia care workshop from 9 a.m.-4 p.m. at the Dover-Foxcroft Congregational Church. To register contact 564-4346 or wecare@pinetreehospice.org.

Thursday, June 30
DOVER-FOXCROFT: A free session of the Essentials of College Planning will be offered at PHEC at 1 p.m. To register call 1-800-281-3703 or go to <http://meoc.maine.edu>.

OBITUARIES

Obituary Notices

ALLEN, Joyce E., 86, Monson, at Dover-Foxcroft, February 20, 2016. A memorial service will be held 11 a.m., Sunday, June 19, 2016, at the UCC Church on the Willimantic Road in Monson.

GOULD, Mary Elizabeth "Betty" Decker, 88, San Antonio, TX, and Milo, ME, at San Antonio, TX, June 3, 2016. Arrangements are in the care of the Lary Funeral Home.

LUNDIN, Faye E., 93, Milo, at Lincoln, June 7, 2016. A graveside memorial service will be conducted 11 a.m. Monday, June 20, at the family lot in the Evergreen Cemetery, Milo. Arrangements are in the care of the Lary Funeral Home.

PINETTE, Andrea E., 72, Dover-Foxcroft, at Portland, May 20, 2016. Arrangements are in the care of the Lary Funeral Home, Dover-Foxcroft.

Notices

GALLANT — A memorial graveside service for **Timothy Alan Gallant**, 40, who passed away October 29, 2015, will be held at the North Atkinson (ME) Cemetery on June 18, 2016, at 11 a.m. Please gather with us to remember our "Tim".

WESTON — A graveside committal service for **Barbara Lee Weston**, of Dade City, FL, who passed away March 7, 2016, in Florida, will be conducted 11 a.m., Saturday, June 18, 2016, at the family lot in Lawn Cemetery, Guilford. Arrangements are in the care of the Lary Funeral Home, Guilford.

Joyce E. Allen

MONSON — Joyce E. Allen, 86, died February 20, 2016, at Mayo Regional Hospital in Dover-Foxcroft. She was born in Monson, April 21, 1929, the daughter of Arthur and Edna (Champion) Haggstrom. Joyce dedicated her time to family, friends and various civic organizations in Monson including the Monson UCC Guild and Sunshine Club. She enjoyed spending summers at Camp Ketchawink and entertaining on holidays and birthdays.

As her adored grandchildren grew, they would spend many hours swimming at Meme's cottage at Lake Hebron. The grandchildren would pace back and forth at the dock and Meme would say, "1 for the money, 2 for the show, 3 to get ready, and 4 to go," and splash. Meme's directive never failed and will always be remembered fondly by her grandchildren.

She was predeceased by her husband of 58 years, Paul Byron Allen in 2006; sister, Althea French and husband, Harold; brother-in-law, Clarence Allen; and son-in-law, Jonathan Grout.

She is survived by four children and their spouses, Kennard and Gayle of Monson, Dwain and Janet Sawyer of Dover-Foxcroft, Rodney and

Elaine of RI, and Donna Grout of MA; eight grandchildren, Daina (Morgan) Markella, Tom (Holly), Kennard (Vanessa), Kirk, Megan (Matt) Jackins, David, Faith, and James; a great-granddaughter, Ruby Rose, and soon to arrive, Lydia; two great-grandsons, Zen and Greyson; special nephew and niece, James French and his wife, Sherry of Guilford, and Nancy Taylor of Dover-Foxcroft; and two special ladies, Lisa Kelley and Dawn MacPherson-Allen.

The family would like to thank the staff and caregivers at Main Street West, Hibbard Nursing Home, and Mayo Regional Hospital for their outstanding care and comfort for Joyce and family.

In lieu of Flowers, donations may be made to the Monson Fire Department, c/o Monson Town Office, P.O. Box 308, Monson, ME 04464. A memorial service will be held 11 a.m., Sunday, June 19, 2016, at the UCC Church on the Willimantic Road in Monson, with the Rev. Ryan Henderson officiating.

Andrea E. Pinette

DOVER-FOXCROFT — Andrea E. Pinette, 72, passed away May 20, 2016, at Maine Medical Center in Portland. She was born September 28, 1943, in Bangor, the daughter of Roland Z. and Genevieve M. (Deery) Pinette.

Andrea graduated from Piscataquis Community High School in Guilford in 1962, where she played trumpet. She worked in Washington, D.C. for many years. She especially enjoyed watching her nieces and nephews as they were growing up.

She is survived by two sisters, Lucille Chambers of Sangerville, and Katherine Spencer and her husband, Clermont of Pittsfield.

She was predeceased by a sister, Yvonne Young. Andrea's family wishes to

thank the staff at Hilltop Manor for the care and compassion shown to her over the past eleven years. In addition, a special thank you is extended to her niece, Patty Chambers, for her devoted care of Andrea.

A graveside memorial service was conducted 1 p.m. June 4, 2016, at the family lot in the Lawn Cemetery, Guilford. A memorial celebration of Andrea's life took place after the service at the Parkman Grange Hall. In lieu of flowers, memorial contributions may be made to PAWS, 39 Clinton Street, Milo 04463, or to a charity of choice. Arrangements are in the care of the Lary Funeral Home. Condolences may be expressed at www.laryfuneralhome.com

Mary Elizabeth "Betty" Decker Gould

SAN ANTONIO, TX & MILO, ME — Mary Elizabeth "Betty" Decker Gould, 88, passed away June 3, 2016, in San Antonio, TX, after a long illness. She was born January 10, 1928, in Augusta, ME, the daughter of the late Roy Emery Decker of LaGrange, ME, and Jennie Eula Morrill of Milo, ME. Her great-grandfather was 1LT Royal B. Decker who fought with B Co., 20th Maine Volunteer Regiment at the Battle of Gettysburg.

Betty grew up in Milo, graduating from Milo High School in the Class of 1946. She attended two years of nursing training at New England Baptist Hospital in Boston, MA, then completed her training at Madigan Memorial Hospital in Houlton, ME, graduating in September 1950 with an R.N. degree. In 1971, she obtained an Associate's Degree from Montgomery College, Rockville, MD, and in 1974, a Bachelor of Arts Degree in Education from the University of Maryland, College Park, MD.

She met Ansel Vernon Gould in February 1950 at the wedding of their parents, Eben Cassius Gould and Jennie Morrill Decker, in Gorham, ME. It was an auspicious meeting as Betty and Ansel later wed at Eben and Jennie's home in Maplewood, NJ, on April 4, 1952, a union that lasted for 57 years. They lived in Norfolk, VA, while Ansel served in the U.S. Navy, then returned to Princeton, NJ, while he completed his Master's Degree. They subsequently lived in La Mesa, CA, Levittown, NJ, and Waltham, MA, eventually settling in Rockville, MD. Her declining health led to a move to San Antonio, TX, three years ago so she could be in a nursing facility near her daughter.

Betty worked as an obstetrical nurse at Orange Memorial Hospital, Orange, NJ, for several years. She stayed home while her children were young, then worked part-time at Sears while returning to college, then with the Finance Department at Mitre Corporation in McLean, VA.

One of Betty's loves was travel, and some of her favorite memories included a two month trip to Europe in 1953 when Ansel was stationed in the Mediterranean, living in England for six months in 1968, and touring Europe during visits to her daughter's family when they

were stationed in Nurnberg, Germany.

After retirement she enjoyed spending time with her family, especially the grandchildren. They often visited her and Ansel in Rockville, and they made several trips together to Disney World. She and Ansel also made many trips to San Antonio, TX, where they attended all the grandchildren's sport, school, scout and recreational activities. She cherished the yearly visits to the family camp on Schoodic Lake, where she enjoyed visits with friends and relatives, the peacefulness of the Maine woods, fresh lobster and steamer clams, and lively games of chicken foot dominoes with the grandchildren.

Betty was predeceased by her husband; parents; stepfather; and special cousins: Carl, George and Bob Hamlin, who were like brothers to her. She is survived by her daughter, Deborah Jane Pederson and husband, Claud "Pete" of San Antonio, TX; son, Robert Eben Gould and wife, Ellen McGinn of Silver Spring, MD; and brother-in-law, Dr. William Eben Gould and wife, Adelle Drane-Bosch of Cerritos, CA. She will be lovingly remembered by her grandchildren: Peter, Kenneth, Matthew and Jennifer Pederson of San Antonio, TX. She and Peter were especially close, as he spent four years living with her and helping to care for her after Ansel died in 2010.

Friends and family were invited to call 10 a.m., Tuesday, June 14, 2016, until time of funeral service at 11 a.m. at Lary Funeral Home, Milo, with Pastor Phil McGlauffin of the Milo United Baptist Church, officiating. Burial was in the family lot in Evergreen Cemetery, Milo. In lieu of flowers, friends may make donations to the National MS Society, Greater DC, Maryland Chapter, 1800 M Street Northwest, Suite B50, North Washington, DC 20036 or online at www.nationalmssociety.org/Chapters/MDM. Messages of condolence and memories may be expressed at www.laryfuneralhome.com.



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Maine friends to run across U.S.

Effort will honor family members affected by cancer

By Peter Warner
BDN Staff

Marie Miller has always enjoyed running for fun. Sami Wilson just took it up a couple of years ago — at Miller's urging.

This summer, the two friends will test the limits of their endurance when they run across the U.S.

Miller and Wilson are gearing up to participate in the 4K For Cancer, a 4,000-mile relay from San Francisco to Baltimore. The event, which begins on June 19, benefits the Ulman Cancer Fund for Young Adults, based in Baltimore, which focuses on direct patient services.

The race is run in teams, whose members will run two at a time, two miles at a time, alternating along the route.

"There's 27 people on my team, and every day we'll have a different running partner, so we're not running with the same person every day," said Miller, a native of Blanchard Township.

Each team member will run about 10 miles per day, with a rest day built into the schedule every three to six days.

"As a team we'll cover about 150 miles a day," Miller said of the seven-week journey, during which the teams will spend the night at YMCAs, churches and other donated spaces.

Miller was selected as a "leg leader" for the run and secured lodging for 10 nights of her team's trip.

Both women are participating to honor family members who have been affected by cancer.

Miller is running for her late maternal grandfather, Wayne Young, who died of esophageal cancer when she was 12. She said he helped raise her.

"I have multiple family members that have been diagnosed with cancer and fought the disease, but my biggest and first impact with cancer was my grandfather," she said.

"It really changed my thinking," Miller said. "I've always wanted to do something ever since that happened. I think I finally found my way."

Wilson, a Bangor native, is running for two family members. Her aunt Carolyn Dorriety died of pancreatic cancer in

February. Wilson's cousin Jaxson Storm was diagnosed with leukemia at age 4 but is in remission nearly three years later.

"It was really bad," Wilson said of how the cancer took her aunt, which was a motivator to join 4K For Cancer.

The women took much different paths to running the race.

Miller has always enjoyed running since her days at Foxcroft Academy, where she was a soccer midfielder but only briefly ran competitively.

"Running was something that I did to relax me. It kind of seemed like something for my mental health instead of my physical health," she said.

Wilson is a latecomer to the activity. She was convinced by Miller to participate in the 2014 Color Run, a 5-kilometer race.

"I was never into sports in high school," said Wilson, who received encouragement from Miller as she learned to train.

"She was my biggest supporter," she added. "I've been running about four or five times a week and as much as I can. I do about nine miles at once."

Running has helped bring the friends closer together.

"She's my best friend, and now it's something else that we can do together. It's awesome," Miller said.

One of the prerequisites for running the 4K For Cancer is fundraising. Participants must raise \$4,500.

Miller was all set on that count. She was signed up to do it last year but was forced to undergo knee surgery for a genetic condition.

She put on a spaghetti dinner at the Goodwill Riders Snowmobile Club building in Hampden that accounted for \$2,500 of her goal. The facility, the food and drinks and the silent auction items all were donated.

She also held bake sales and bottle drives and made and sold Christmas wreaths.

"I was so grateful," Miller said. "I had a lot of family and friends that helped me."

Wilson also sponsored a successful spaghetti supper that netted more than \$1,500 toward her goal. She conducted a gift card raffle and had a collection box at Spotlight Cinemas and



Contributed photo

4K FOR CANCER — Friends Sami Wilson, left, of Orono and Marie Miller of Blanchard are gearing up to participate in the 4K For Cancer. The women will be on a 27-member relay team that will run across the country from San Francisco to Baltimore as a fundraiser for the Ulman Cancer Fund for Young Adults. The run begins June 19.

Pat's Pizza in Orono and did other small projects.

The recovery and rehabilitation period after Miller's May 2015 surgery meant she was forced to defer her acceptance in the 4K For Cancer until this year. She has bounced back better than expected.

"The surgeon said, 'You might not ever run more than a 5K without it hurting,'" Miller said. "Now I'm running up to 12 or 13 miles, but I'm running without pain, so I feel awesome."

The women have made other sacrifices in order to run the 4K For Cancer. Both have given up their jobs.

Miller, a 2015 University of Maine graduate who works for the Maine Department of Health and Human Services and volunteers with the Christine B. Foundation, believes making the run is worth it.

"I think it's a once in a lifetime opportunity, and I didn't want to give it up," she said.

Wilson walked away from her jobs at Spotlight Cinemas and at the Black Bear Inn in Orono.

Remembering people who have battled cancer is a central theme of the run. Miller plans to take along photos of her loved ones.

The teams will have more obvious acknowledgement of those affected by cancer.

"Every single day, everybody on the team dedicates a day of their running to someone or multiple people," Miller said, "and we write the names of those people on the back of our legs. That's who we're thinking about when we're running."

Wilson said the women will run through some interesting places, including the Rocky Mountains and two national parks. On their rest days, participants will visit cancer patients and their families.

"The first thing we do is run across the Golden Gate Bridge. I'm pretty excited about that," said Wilson, who hopes the experience might help enlighten her about her future.

"Hopefully being able to visit hospitals and the cancer centers and places like that might help me find some sort of a career path."

Lupo

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Lupo to perform at least up to his own expectations, as 70 of his friends and co-workers are expected to be supporting him from the stands.

"For me it's showing my level of skill that I've never gotten to show in front of a crowd before, and to show that I've maintained it and still have it," he said. "I'm 48 and I don't have any kind of grand picture in my head of becoming a world champion. I know who I am and what I am."

"Honestly I just want to represent myself well and I don't want to get caught with something stupid. You see it happen all the time with the younger guys and I think I'm at the age now where I'm not going to walk into something."

Sharing that perspective with the younger fighters, particularly those he trains at The Outlet, also

is important to Lupo.

"I want to represent for my gym, too," he said. "My fighters seem to all think this is going to be a 45-second street fight, and I just want to show them you don't have to go in there and go nuts the first 45 seconds. You see that a lot with amateurs, they just go in there and go to war and punch each other in the face until somebody goes down."

"Your better fighters are more calculating, they're smarter fighters. That's what I'm trying to show my guys."

Lupo acknowledges he was a better fighter at 21 than he will be upon his return to Lewiston at 48, but says Father Time hasn't diminished his competitive instincts.

"Do I think I have as much as I used to? No," he said. "But I think I can surprise some people."



Photo courtesy of Josh O'Donnell

RETURNING TO THE RING — Stacy Lupo, left, pictured sparring with Josh Harvey during an April exhibition show in Dexter, will be making his mixed martial arts debut on Saturday at a New England Fights' card at the Androscoggin Bank Colisee in Lewiston. The 48-year-old Lupo, who lives in Corinna and is an instructor at The Outlet/Shatterproof Combat Club in Dexter, won a boxing match by unanimous decision in what is now known as the Androscoggin Bank Colisee in 1995 during his last competitive bout.

Historical

Continued from Page 1

tacting President Susan Worcester at 965-8070.

Dean explained the museum is full of "a lot of old history," such as topographical maps and the oral histories from now deceased residents gathered by local author and historian Bill Sawtell.

Dean said a former Brownville Junction resident Ken Hatchette is currently working to detail all the properties owned by the Canadian Pacific Railroad in the community. "That's going to be quite a project," Dean said, as Hatchette is also exploring the benefits and modernizations brought to town during the railroad's years of operation.

Sebasticook Family Doctors is changing its name. And we want your help!

Over the years, we've changed and grown. It is time for an updated name and look to more accurately represent who and where we are. For example:

- Patients and others sometimes get confused because there is more than one "Sebasticook" medical organization.
- We cover more than the Sebasticook region.
- Many of our providers are not MDs but instead are highly-skilled, experienced and compassionate nurse practitioners, physician's assistants, and social workers.

We are your community health center so we want you to help choose the name that will take us into the future. One vote per person, please.



Everyone who casts a vote will be entered into a "thank you" drawing.

There will be two drawings, one from each choice.

You might win a \$25 Hannaford card.

Please fill out the form below and send or take to:

My choice for the new name of Sebasticook Family Doctors is:
(please pick one) Deadline to vote is June 24, 2016.

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Sebasticook Family Doctors
ATTN: Juanita Taylor,
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You may also drop off this form
at your local practice.

In Dover, 1008 West Main Street

Or vote online at
www.sebasticookfamilydoctors.org



Photo courtesy of GFWC/Miosac Club

TOP WORK OF ART – Foxcroft Academy senior Youjin Choi was recently recognized at an assembly or her painting of roses. The painting was the first-place winner at the GFWC Maine Spring Convention, and the artwork goes on to GFWC International Convention in June. From left are art teacher Jane Blay, Choi and Elaine Larson, club art show chair.

Regulations

Continued from Page 9

work during the summer and fall months and a more relaxed schedule for the rest of the year. The new overtime rule would result in many workers being moved from salaried to hourly positions or even being let go during winter months. This will make it harder for workers to make ends meet and harder for employers to retain high-quality employees.

Businesses are not alone in their concern. Non-profit organizations are also struggling with the impact on their workers and those whom they serve. The Executive Director for Habit for Humanity in Great Portland states that the “new overtime rules will so drastically change our current compensation obligations that we may no longer be able to give our workers the benefits, schedules and other incentives that drew them to us in the first place.” And he notes that “services to those in need will be reduced and organizational funding will decline as resources are spent on overhead instead of programs.”

Indeed, non-profit organizations would be among the hardest hit by this rule. Operation Smile, which provides vital oral surgeries around the world, estimates that the rule would cost the equivalent of more than 4,100 cleft-palate operations. Similar

cutbacks in essential services are predicted by the Salvation Army, youth services providers, home health care services, and blood centers throughout the country.

In addition, higher-education groups nationwide are urging the Department of Labor to take a more measured approach. The University of Maine system, which has worked so hard to freeze tuition and make higher education affordable, estimated that the new overtime rules could increase its costs by as much as \$14 million.

To prevent this rule from going into effect, I have joined a number of my colleagues in urging the Department of Labor to consider the negative impacts on small businesses and non-profits and reconsider its rule. In addition, I am a cosponsor of legislation that would nullify the current draft of the rule and would require the Department to take into account the effects of the rule on small businesses, differences in geographical regions, and impacts on lower-wage industries, startups, and workers.

The overtime threshold has not been increased in a number of years and should be raised, but doubling it will be extremely costly and damaging to small businesses, universities, nonprofit organizations, and so many other segments of our nation's economy and our society.

Radio club participating in National Emergency Communications Test

BROWNVILLE -- Amateur radio “Field Day” June 25–26 demonstrates science, skill and service. Members of the Piscataquis Amateur Radio Club will again be participating in the national Amateur Radio Field Day exercise at Stickney Hill. This event is open to the public and all are encouraged to attend.

Since 1933, ham radio operators across North America have established temporary ham radio stations in public locations during Field Day to showcase the science and skill of amateur radio. For over 100 years, amateur radio -- sometimes called ham radio -- has allowed people from all walks of life to experiment with electronics and communications techniques, as well as provide a free public service to their communities during a disaster, all without needing a cell phone or the Internet.

Field Day demonstrates ham radio's ability to work reliably under any conditions from almost any location and create an independent communications network. Over 35,000 people from thousands of locations participated in Field Day in 2015.

“It's easy for anyone to pick up a computer or smartphone, connect to the Internet and communicate, with no knowledge of how the devices function or connect to each other,” said Sean Kutzko of the American Radio Relay League, the national association for amateur radio. “But

if there's an interruption of service or you're out of range of a cell tower, you have no way to communicate. Ham radio functions completely independent of the Internet or cell phone infrastructure, can interface with tablets or smartphones, and can be set up almost anywhere in minutes. That's the beauty of amateur radio during a communications outage.”

“Hams can literally throw a wire in a tree for an antenna, connect it to a battery-powered transmitter and communicate halfway around the world,” Kutzko added. “Hams do this by using a layer of Earth's atmosphere as a sort of mirror for radio waves. In today's electronic do-it-yourself (DIY) environment, ham radio remains one of the best ways for people to learn about electronics, physics, meteorology, and numerous other scientific disciplines and is a huge asset to any community during disasters if the standard communication infrastructure goes down.”

Anyone may become a licensed amateur radio operator. There are over 725,000 licensed hams in the U.S., as young as 5 and as old as 100. And with clubs such as the Piscataquis Amateur Radio Club, it's easy for anybody to get involved locally. For more information about Field Day, contact Bill Welsh, Amateur Radio Call Sign KB1WEA, at 717-7838 or visit <https://www.facebook.com/parcradio/>.



Contributed photo

CIVIL WAR CANNON – Daniel Chaplin Camp #3, Sons of Union Veterans (SUV) sponsored a cannon demonstration June 4 at the Valley Grange Hall in Guilford. Tim Brochu of South Brewer brought his replication cannon to instruct and demonstrate the Civil War-era artillery piece to the SUV and Daughters of Union Veterans. Several of the men had a chance to fire after instruction from Brochu. For information about joining, please contact Commander Jim Austin at 564-2281 or Eric Boothroyd at 564-0139. Pictured are, from left, Austin, Eric Bennett, Brochu, Boothroyd, Wayne Bennett and Jim Annis.

Burial

Continued from Page 4

to call the police when you haven't touched base by a certain hour. And be sure your friend has directions.

Third, don't rely on cell phones. We have vast areas in northern Maine where cell phone coverage is non-existent or spotty at best. So, have your phone with you but be aware it may not work in backwoods parts of the state.

Fourth, dress appropriately. This is no time to worry about fashion. Wear good walking type shoes — uneven cemetery ground is no place to wear your little sandals. Bring bug spray and long sleeves — no shorts or tank tops. You may get covered in ticks or bitten badly so dress for cemetery stalking and have an extra sweater or jacket with you in case you get stuck and it turns cold.

Finally, be sure you take plenty of water and something to eat with you such as energy bars. If you get stranded in the woods overnight you'll want to have something to nourish you. Also, have a flashlight along.

All these suggestions may seem excessive but I knew an

elderly, partially disabled lady who ended up on a little-used logging road miles from the nearest house. She had serious car trouble late in the day. She was unprepared, no food, no water, and no warm jacket or blanket, and no one knew where she was. This might have ended tragically but fortunately a hunter came along and rescued her. She was lucky.

My philosophy in life is always better safe than sorry and this is especially true when you venture into the Maine woods in areas where there are no close houses or a road is seldom used or repaired. So, take precautions, enjoy your cemetery hunt, and stay safe.

Nancy Battick is a Dover-Foxcroft native who has researched genealogy for over 30 years. She is past president of the Maine Genealogical Society, author of several genealogical articles and co-transcribed the Vital Records of Dover-Foxcroft. Nancy holds a MA in History from UM and lives in DF with her husband, Jack, another avid genealogist. You can contact Nancy at nbattick@roadrunner.com.

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all grade levels.”

In other business, Lucy reported on several staff changes for 2016-17. He said grade 5-6 resource teacher Adrienne Parsons would be retiring and grade 8 English/language arts teacher Kassandra Foster and technology teacher Sean Malone both have both given notice of their intent to resign. The superintendent said

grade 3 teacher Brian Miller applied for and was hired for the opening in fourth grade. Lucy said the new third-grade vacancy is being advertised.

Lucy also said he wanted to thank all of the volunteers at the SeDoMoCha School, who previously were recognized at a tea. “We are just so grateful for all of the support in our school community by all of the volunteers throughout the year,” he said.

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