

HEALTH & SENIOR PAGE 5

A Matter of Balance classes start in April



Classroom hamster brings families together for One Book, One School

By Stuart Hedstrom
Staff Writer

DOVER-FOXCROFT — Since early January students and families at the SeDoMoCha Elementary School had the opportunity to read Betty G. Birney's "The World According to Humphrey" at home together for the sixth annual One Book, One School — copies of the book were provided by the school. The shared reading program concluded with a celebration on the evening of Feb. 11 with dinner, crafts, games and "Humphrey's obstacle course."

"We had about 250 people in attendance," SeDoMoCha Principal Julie Kimball said the day after the One Book, One School finale.

During the evening celebration, families arrived and began the program by either enjoying dinner in the cafeteria or taking part in activities in the art rooms, gym or multipurpose room. The entire menu was once again funded in full by the SeDoMoCha School Organization and consisted of

pizza sticks and sauce, carrots, broccoli, homemade cupcakes and iced tea. Several items were chosen due to connections to "The World According to Humphrey", as the title character is a helpful classroom pet hamster.

Many of the students worked up an appetite in the multipurpose room as they ran through the obstacle course while their parents watched from the stage. "Welcome to the hamster cage obstacle course," physical education teacher Ashley Jackins told the grade 2 participants. He explained the various obstacles resembled the "reindeer training camp" he has them run through in gym class, "but here you just keep going, you don't start over again to earn the distinction. You just continue on but you try your best."

The obstacles included the gauntlet, with two older students pushing large balls the youngsters

Please see Page 9,
ONE BOOK

SPORTS PAGE 8

High school basketball tournament time



Guilford's True Textiles bought by Quebec firm

By Darren Fishell
BDN Staff

BANGOR — The Quebec holding company Duvaltex has purchased specialty textile maker True Textiles, which has a production facility in Guilford, for an undisclosed price.

The purchase combines True Textiles with the Quebec-based Victor Textiles, which Duvaltex said will make it the largest manufacturer of commercial or interior fabrics in the United States and Canada.

Both companies make fabrics used for office, institutional, health care and hospitality customers. Duvaltex said in a statement that it expects the combination to benefit the Guilford business and Victor Textiles, with "opportunities to create synergies and efficiencies across the organization."

"The company plans to improve each operation's compet-

itive positioning by leveraging the individual strengths of each business unit across the organization," the announcement from Duvaltex said.

True Textiles, headquartered in Grand Rapids, Michigan, has locations in North Carolina, as well as a design and development office in New York City.

Jeremy Bakken, a spokesman for Duvaltex, said it's "business as usual" for locations other than True Textile's North Carolina plant, which is in the process of relocating.

Bakken said that he did not know whether in the long term there would be changes to employment levels at the Guilford facility.

"While Duvaltex is planning to explore opportunities to create internal efficiencies, Victor Textiles and True Textiles will continue to operate as independent business units," Bakken said.



Observer photo/Jeanette Hughes

PICK OF THE PICKEREL — Mike Beland of Milo shows two of the five pickerel he caught on Saturday at Boyd Lake as part of the 54th annual Schoodic Lake Ice Fishing Derby. Beland, who planned to go back out on Sunday and said he has taken part in the derby for many years, said, "They would be good eating for supper." Proceeds from the Schoodic Lake Ice Fishing Derby benefit Milo Fire Department charities and events.

Foxcroft Academy 'ironmen' win first Class B wrestling state championship

DOVER-FOXCROFT — Three months of grinding practices and major tournament success produced a familiar result for the Foxcroft Academy wrestling team Saturday — a state championship.

But this one is different.

Strength in the heaviest weight classes proved decisive for the Ponies, who edged Dirigo of Dixfield for the Class B crown at Oceanside High School in Rockland.

Foxcroft crowned five individual champions and totaled 146 points in winning its first Class B title after five Class C championships between 2004 and 2013.

"Every one is special," said Ponies head coach Luis Ayala. "but this being the first state

championship for Foxcroft in Class B is great.

"The stigma has always been 'Foxcroft's always good but they wrestle in Class C', you're a Class C team. So I told the guys, let's go out and show all those doubters who never thought we could do it that we can compete at this level. The last couple years in Class B we didn't have any (individual) state champions, but now we have five this year and we win states as a Class B team. I think we've definitely proven we're one of the elite teams in the state."

Dirigo, the two-time defending Class C state champion, was moved up to Class B when the state's wrestling world was reduced from three classes to two last spring but finished a solid second with 123 points.

Defending Class B state title holder Ellsworth was third with 94.5 points, with Winslow (91) and Mountain Valley of Rumford and Wells (79.5 points each) next among the 22 scoring schools.

Foxcroft took just a 115-109 lead over Dirigo heading into

the championship finals, but the Ponies went 5-2 in those matches while the Cougars went just 2-2.

"I'm just proud of the guys for how they came together and for just being relentless all year," said Ayala. "At the beginning of the year we thought we had a pretty good team but as the season progressed it became obvious what they were capable of doing and it was great to see them put it all together and achieve their goal."

Foxcroft senior Zach Caron remained undefeated on the season and earned his third individual state title in as many years by outpointing Mountain Valley's Eddie DeRoche 5-3 in the 145-pound final.

Then Foxcroft asserted itself in the upper weight classes, where the Ponies' Ironmen contingent of brothers Billy and Brandon Brock, Michael Pendriss and Connor Holmes all delivered victories.

"We had T-shirts made up for this year that said, 'Iron

Please see Page 7,
CHAMPIONSHIP



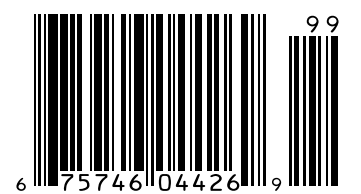
Photo courtesy of Angela Ayala

STATE CHAMPS! — The Foxcroft Academy wrestling team is the best in Class B after the Ponies finished in first place on Feb. 13 at Oceanside High School in Rockland, scoring 146 points or 23 more than the runner-up. Five members of the squad earned individual titles and the team honor completes a season sweep of the postseason matches with Foxcroft having previously won the Penobscot Valley Conference crown and the Class B North championship. The state championship, the first under the new two-class system, is the sixth overall in program history and the half dozen have been won with Luis Ayala as the head coach.



Observer photo/Stuart Hedstrom

HAPPY 200TH BIRTHDAY TO GUILFORD — Guilford Town Manager Tom Goulette, with resident Brian Woodworth looking on, displays a camper ceramic mug as part of the Bicentennial Birthday Bash on Feb. 14 at the Valley Grange to kick off a year of festivities celebrating the community's 200th birthday (the town was officially incorporated on Feb. 8, 1816). The bash began a 37-day raffle through the date of the annual town meeting on March 21, and a Red Sox gift bag went to Michelle Nichols with two tickets to a game at Fenway being won by Megan Ryder. Goulette said the daily winners will be announced on the Guilford Maine Bicentennial Facebook page, which includes information on all the events planned for 2016. "There's a lot of things going on up to our River Festival and even after that," he said.



Students showcase specialty T-shirts for 100th day show

By Stuart Hedstrom
Staff Writer

DOVER-FOXCROFT — For students at the SeDoMoCha School, Feb. 9 marked the 100th day of classes in the current academic year. Grade one pupils celebrated the milestone with a fashion show, featuring T-shirts they decorated with 100 items of their choosing.

"It was involving parents and students, counting out whatever with 100 or sets of 10," first-grade teacher Barbara Wentworth said prior to the 100th day fashion show. "We had some pretty clever designs," she said, saying some students and their families used decorations such as M&M's, paper clips, cotton balls and beads along with glitter and fabric paint.

Wentworth said the lesson was intended "to give them an idea of the quantity of 100 and how much that really is." She added, "We nearly had 100 percent participation."

The four first-grade classes, together totaling about 80 youngsters, gathered in the hallway to set up the fashion show runway with

Please see Page 6,
T-SHIRTS



Observer photo/Stuart Hedstrom

100 GEMS FOR THE 100TH DAY OF SCHOOL — SeDoMoCha Elementary School first-grader Payson Hall had 100 gems on her T-shirt as part of the grade 1 100th day fashion show on Feb. 9. Students, working with their families, learned about the quantity of 100 by decorating T-shirts with 100 items.

Selectmen approve solid waste pick-up truck purchase

By Stuart Hedstrom
Staff Writer

DOVER-FOXCROFT — The solid waste and recycling department will have a new pick-up truck, replacing a 2001 model, after the board of selectmen approved the purchase of a 2016 Chevy 3500 with bedliner and plow from Rowell's Garage for \$38,000 during a Feb. 8 meeting.

Town Manager Jack Clukey said the solid waste committee met the week before and "we got three bids" with two being made by Dover-Foxcroft dealerships. "The low price on all of that was provided by Rowell's and it totaled up to an even \$38,000." Bids were also made by Prouty Ford of Dover-Foxcroft and Varney, at about \$43,000 and \$40,100 respectively.

In other business, the board

Please see Page 9,
TRUCK

Abbot man pleads guilty to manslaughter in death of father

By Judy Harrison
BDN Staff

SKOWHEGAN — The Abbot man accused of shooting his father to death in May in Parkman and then turning the gun on himself pleaded guilty Friday to manslaughter in Somerset County District Court.

Zachary Grant, 38, originally was charged with murder in the death of David Grant, 61, on May 12 at the older man's rural home.

That charge is expected to be dismissed after Grant is sentenced March 31 at the Piscataquis County Courthouse in Dover-Foxcroft. There is no agreement on a sentencing recommendation, according to defense attorney Jeffrey Silver-

stein of Bangor.

Assistant Attorney General John Alsop, who is prosecuting the case, declined to comment after the hearing on the change of plea or Grant's possible sentence.

Grant faces up to 30 years in prison on the manslaughter charge. If he had been convicted of murder, he would have faced between 25 years and life behind bars.

Friday's change-of-plea hearing was held in Skowhegan instead of in Dover-Foxcroft at the request of Superior Court Justice Robert Mullen.

Grant entered an Alford plea. He agreed the state could prove he was guilty of manslaughter without admitting to all the de-

tails outlined in the affidavit.

Silverstein told the judge his client has no memory of the events of the day his father died.

This type of plea — named for the U.S. Supreme Court case North Carolina v. Alford, decided in 1970 — is "a guilty plea that a defendant enters as part of a plea bargain, without actually admitting guilt," according to Black's Law Dictionary.

In earlier court appearances, Grant wore a medical helmet because of injuries suffered from the self-inflicted gunshot wound. He did not wear a helmet Friday, but his left eye remained closed throughout the hearing.

Dressed in yellow and orange jail clothes, Grant spoke clearly

to the judge.

Grant told Maine State Police Detective Thomas Pickering that he did not remember going to his father's house and that "his memory loss [was] due to intoxication from alcohol," according to the court affidavit filed last year at the Piscataquis County Courthouse.

He also told detectives he had been hearing voices and was on prescribed antidepressant medication that he did not take on the day his father died.

Grant told Pickering "that he heard voices on May 12; that he does not remember what the voices told him to do."

An Abbot man who stopped by David Grant's Packard Road home about 10 p.m. May 12

found Zachary Grant inside the residence injured and bleeding, according to the affidavit.

The visiting man called 911 and said "Zachary Grant stated to him that he had killed his father, that he did not see Zachary's father; that Zachary was injured and having difficulty speaking; that Zachary was seated in a chair inside the residence and that he was covered in blood," according to the affidavit.

Police found David Grant on the ground outside beside his son's truck, and the state medical examiner's office determined he died from three gunshot wounds to his head, according to the affidavit. Zachary Grant was found injured from a

self-inflicted gunshot wound to the face.

The gunshot wound was found under his chin, and the bullet "traveled up behind Zachary's right eye and into his brain," one doctor interviewed by Pickering said.

Grant initially was taken to Mayo Regional Hospital in Dover-Foxcroft, then, transferred by LifeFlight helicopter to Eastern Maine Medical Center in Bangor. He later was treated at Acadia Hospital, where he was arrested May 27 upon his release.

Grant has been held without bail at the Piscataquis County Jail since his arrest.

BDN writer Nok-Noi Ricker contributed to this report.

Sen. Davis announces transportation projects

AUGUSTA — The Maine Department of Transportation (MDOT) has released its three-year work plan for 2016-18. Sen. Paul Davis (R-Piscataquis) is pleased to announce that many infrastructure improvements are slated for the region he represents in the Legislature.

The work plan is calendar year-based and includes all MDOT work activities. Projects and activities listed for

2016 are more firmly funded and tied to definite schedules, while those for 2017 and 2018 may be more subject to change, according to MDOT. Among the scheduled projects are improvements for Route 11, Route 6, Route 7 and Route 15. The Greenville Municipal Airport is slated for safety and infrastructure improvements, and several bridges throughout Piscataquis County will be repaired.

"Upkeep and repair of

Maine's transportation infrastructure is an essential function of our government," Davis said. "I'm pleased that our region will see dozens of projects over the course of the next three years."

Paving, drainage maintenance, and bridge repairs are among the types of work that will be undertaken. More details about the projects are available at <http://www.maine.gov/mdot/projects/workplan/>.

Center Theatre presents one-act play festival

DOVER-FOXCROFT — The Center Theatre and Slightly Off-Center Players are presenting a weekend of one-act plays Friday, Feb. 26 through Sunday, Feb. 28. The collection of family-friendly plays feature performances by two area schools as well as actors of all ages from the community.

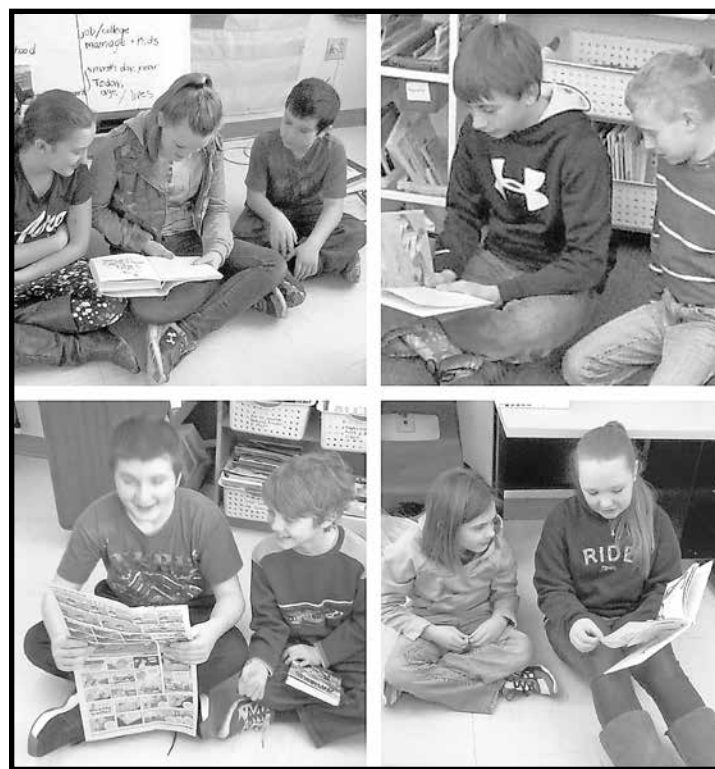
Wendy Voter, president of the Slightly Off-Center Players Community Theater Group and organizer of the festival, is looking forward to seeing the shows. "The plays coming to the Center Theatre are a great demonstration of the talent we have all around us," she said. "Not only the plays from Foxcroft Academy and Piscataquis Community Secondary School, but there are also two plays written and directed by local authors, and of course all the actors are from the area as well. I'm hoping the community comes out to support this local talent."

Performing in the festival will be students from Foxcroft Academy performing "Cheating Death", written by Kamron Klitgard and directed by Derrick Buschmann; students from Piscataquis Community Secondary School performing "The Great Pandemonium", written by Pat Cook and directed by Julie Harrington; "Shakespeare: A Small Rewrite" interpreted by David Murray and Dan Sharrow; "The Forlorn Unicorn", written by Rachelle Atwater and directed by Chelle Atwater and Ryan Schaffer; and "Remembering A River Runs Through It" by Norman Maclean, edited and directed by Daniel Linden.

"There really is something for everyone," Voter said. "Comedy, action, adventure, and some very touching moments."

The festival will be presented Friday, Feb. 26 at 7 p.m.,

Please see Page 10, THEATRE



Composite photo courtesy of Susan Killam

READ TO ME — Ridge View Community School accepted the Department of Education's Read To Me Challenge promoting the importance of literacy for all students in Maine. Throughout the school in Dexter on Feb. 2 all younger children had an opportunity to have an older student read to them. Students then brought home reading logs and challenged their parents to read to them 15 minutes every day for the month of February. Families are encouraged to accept this challenge and post pictures to #ReadtoMe or #ReadaloudME.

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Small earthquake reported in Piscataquis County

By Ryan McLaughlin
BDN Staff

SANGERVILLE — A small earthquake has been reported in Maine for the fourth time this month, officials said.

According to the United States Geological Survey, a magnitude-2.2 earthquake was reported around 8:30 a.m. Friday in the Sangerville area. The USGS said Friday's earthquake was not related to a swarm of microearthquakes reported in Washington County earlier this month.

One of those earthquakes was measured at 2.9 and the other at 3.3. Early Thursday, an earthquake measuring at 2.5 was reported in Franklin County. Tremors of 2.5 or less on the earthquake magnitude

scale, are "usually not felt but can be recorded by seismograph," according to UPSEis, an educational site for budding seismologists. Anything registering a 2.5 to 5.4 is "often felt, but only causes minor damage."

Davis announces reelection effort for Senate District 4

SANGERVILLE — Paul Davis has announced his intention to run for Maine Senate District 4 in the November election. Davis currently holds that Senate seat.

Davis is currently the chair of the Legislature's Inland Fisheries and Wildlife Committee. He also serves on the Taxation and Government Oversight Committees. Davis is a veteran lawmaker who has served

in both the Maine House of Representatives and the Senate. He was previously the Senate Republican Leader and Assistant Republican Leader.

"It is an honor and a privilege to represent the people of Piscataquis, Penobscot and Somerset Counties," Davis said. "The State of Maine has tremendous challenges ahead. Attracting businesses to our state, addressing our tax policies and lowering energy costs are just some of the priorities. These problems are difficult and complex, but I believe we can solve them and move Maine forward. I would welcome the opportunity to once again go to work for the people of my district."

Maine Senate District 4 consists of all of Piscataquis County and parts of Penobscot and Somerset Counties. Davis and his wife, Patricia, live in Sangerville and have two grown children, four granddaughters and one great-granddaughter. Davis can be contacted at 343-0258 or sendavis@myotmail.com.

PCSWCD to host free community dinner at D-F Congregational Church

DOVER-FOXCROFT — The Dover-Foxcroft Congregational Church and the United Methodist Church have pioneered a program that aims at offering a free community dinner at the Congregational Church. Since the official launch of the program in October 2014, efforts have been made by volunteers from these churches, the St. Thomas Aquinas Catholic Church and several area businesses to provide meals on the Mondays of the month. This program is open to anyone interested in enjoying a hot meal with friends and neighbors.

Rev. Chad Poland of the Dover-Foxcroft Congregational Church said that "the Community Dinner Project has brought organizations together through a common purpose, has provided friends and coworkers an opportunity to grow in their relationships through shared service and has connected people from across the spectrum of our community. What began with five people sharing a meal has reached numbers as high as 70. We are achieving our goal: A warm place, an inviting community and great food."

The Piscataquis County Soil and Water Conservation District (PCSWCD) is looking forward to saying thank you for all of the support the district has received from the community and giving back through hosting one of these dinners on Feb. 22, with tremendous assistance provided by the Foxcroft Academy National Honor Society students. In addition to serving dinner guests that evening, the PCSWCD will be supporting community members by showcasing local food from farms in the area in the meal. The meal will feature local, seasonal foods and the PCSWCD

will be promoting the farms and stores the district sources ingredients from. The PCSWCD has received generous food donations from Checkerberry Farm in Parkman, Breakneck Ridge Farm in Blanchard, Rusted Rooster Farm in Parkman, Widdershins Farm

in Dover-Foxcroft, Autumn Echo Farm in Medford and Shaw's Supermarket in Dover-Foxcroft. The PCSWCD welcomes all to join the free, delicious meal at the Dover-Foxcroft Congregational Church from 6-7 p.m. (or until the food runs out).

Snowmobiler injured Thursday in crash near Millinocket Lake airlifted to Bangor

By Nick Sambides Jr.
BDN Staff

TOWNSHIP 2, RANGE 8 — Two workers at a local snowmobile rental business helped a LifeFlight helicopter pick up a Massachusetts snowmobiler seriously injured in an accident just north of Millinocket Lake on Thursday, officials said.

Rob Caron, 42, of Mendon, Massachusetts, suffered a separated right shoulder and cracked ribs, a possible concussion, bruising to his right pelvis and possible internal injuries — he was coughing up blood — in the accident, Maine Game Warden Jim Davis said.

LifeFlight flew Caron to Eastern Maine Medical Center of Bangor, where he was admitted and is in stable condition. Caron will likely stay hospitalized overnight for observation, a hospital spokeswoman said.

A Penobscot Regional Communication Center dispatcher said that initial reports indicated that the accident occurred at about 10:45 a.m. near Pockwokamus Rock about a mile from the south gate to Baxter State Park, but confusion over its exact location with those who initially called 911 delayed emergency responders by more than 30 minutes, Davis said.

That's why the two snowmobilers dispatched from New England Outdoor Center were so helpful, Davis said.

"Given the injuries involved, it was definitely a LifeFlight call and because of what they did, he was able to go right straight to the hospital. It saved a lot of time, no

question," Davis said Thursday. According to witnesses, Caron was among seven snowmobilers riding west on Logan Pond Trail off Interconnected Trail System 86 north of Millinocket Lake when he hit a car-tire-sized rock just off the trail and was thrown from his 2012 Arctic Cat. Caron hit two more rocks, significantly damaging his helmet, Davis said.

For reasons unclear to Davis, the other snowmobilers called the outdoor center in Township 1 Range 8, which immediately sent the two workers. The workers found Caron and helped LifeFlight land its helicopter on the trail. That spared Caron an ambulance ride to Millinocket Regional Hospital or other medical facility before being

transferred to EMMC, Davis said. "They were very helpful to the whole thing," Davis said. "They were the first to arrive on-scene and were able to wave in the helicopter and got it there."

The helicopter was on standby at Millinocket Municipal Airport, Davis said.

Davis referred further comment to the outdoor center, where a worker there declined to identify the workers at the scene. She declined to comment further.

The snowmobiling party had not rented its equipment from NEOC, Davis said.

The accident and injuries occurred despite Caron being well-equipped and the trail he was on well-groomed, Davis said.



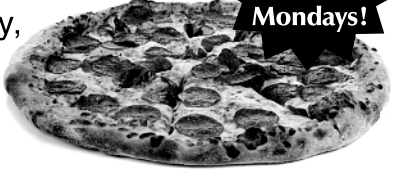
Photo courtesy of Susan Killam

TOP MIDDLE SCHOOL MATHLETES — The Eastern Maine Middle School Math League held its winter meet on Feb. 4 at the SeDoMoCha Middle School in Dover-Foxcroft. Other participating schools included the Ridge View Community School of Dexter and Central Middle School of Corinth. Awards were presented to first and second place teams as well as individuals, and SeDoMoCha's teams took first place for sixth, seventh and eighth grade. Congratulations to all the students who participated.


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**Foxcroft Academy Information Session:
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9:00 am - 10:30 am

SeDoMoCha Multipurpose Room

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Notice of FORMAL PUBLIC MEETING IN BROWNVILLE

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AT THE AMERICAN LEGION BUILDING LOCATED ON 67 RAILROAD AVENUE IN BROWNVILLE

Please join MaineDOT for a formal public meeting to discuss the future improvements of the Brownville Junction Bridge, which carries Route 11 over the Pleasant River in Brownville, Maine. Representatives of the Maine Department of Transportation will be present on Wednesday, February 24, 2016 at 6:00 p.m. to listen to concerns, receive comments, and answer questions from anyone with an interest in the project. The Department is particularly interested in learning local views relative to project consistency with local comprehensive plans, discovering local resources, and identifying local concerns and issues. Anyone with an interest is invited to attend and participate in the meeting.

Accommodations will be made for persons with disabilities. Auxiliary aids will be provided upon advance request.

Any inquiries regarding this project may be directed to the attention of Michael Wight, Project Manager, Maine Department of Transportation, Bridge Program, 16 State House Station, Augusta, Maine 04333-0016. Telephone: (207) 624-3435. Email: michael.wight@maine.gov

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Red County Caucus endorses Ted Cruz

To the Editor,
The members of "The Red County Caucus" announce their endorsement for the Republican nomination in the 2016 Presidential election.

In 2008, it was Piscataquis County's singular status as the only Red County in all of New England that caused then Representative Paul Davis to begin thinking of forming an activist group that was indicative of this unique achievement. After finding three other Conservatives who shared a com-

monality and saw the potential of his idea, Davis forged ahead and formed "The Red County Caucus". The RCC, as some have called the Red Caucus, is made up of those same four members: now Senator Paul Davis (R- Sangerville), former Senator Doug Smith (R-Dover-Foxcroft), former Representative Pete Johnson (R-Greenville), and Andy Torbett, a local Conservative activist and columnist.

In 2010, The Red County Caucus made its first impact upon the Maine political landscape with

its endorsement of then candidate Paul R. LePage. The RCC endorsement is viewed by many as a pivotal moment in the 2010 primary race that helped to propel the Mayor of Waterville to win the Republican gubernatorial nomination and eventually the Governorship. To this day, those who claim to stand for conservative principles must pass the litmus test of the Red County.

It is with these principles in mind, that The Red County Caucus unanimously endorses Senator Ted Cruz to be the Republican nominee for President of the United States in 2016. We find that Mr. Cruz is a man of strong moral fiber, a man of steadfast conviction, honest, unashamed of his God, his faith, and his family. He has proven that it these things that he treasures above all and, therefore, we stand convinced that he would tirelessly defend those selfsame treasures that we also hold so dear.

He has defended the precepts of the Constitution and our Free Republic before the Supreme Court with tenacity, prevailing against all odds. Then in the United States

Senate, despite a barrage of criticism from the media and members of his own Party, he has continued to defend the God-given Constitutional rights of all Americans.

Furthermore, We, The Red County Caucus, believe firmly that the solutions for a return to greatness in our beloved Nation are not found in one man. Those solutions are found in the citizens of this great Republic whose only impediment to success is a government that restricts our freedom and does not honor our rights. We believe that Senator Ted Cruz, as the next President of the United States of America, will work to lessen the power of government and return that power where it belongs, with "We The People."

The Honorable Paul Davis, Maine State Senator District 4
The Honorable Peter Johnson, former Maine State Representative
The Honorable Doug Smith, former Maine State Senator
Andy Torbett, Conservative activist/columnist

It's Derby Time, part deux!

To the Editor;
The ninth annual Moosehead Lake Togue Derby with Ricky Craven will resume on Friday, Feb. 19th through the 21st. We expect much better travel conditions as ole man winter is finally making an appearance this week, bringing us sub-zero temps and a fresh coating of snow. Anglers should still be careful around the typical bad ice areas such as: moving water, narrows, and pressure ridges.

NREC has been working hard to collect some awesome prizes this year including: Vacation trips, firearms, cash, concert tickets, and overnight stays in our area and all around Maine. And best of all, you don't need to fish to win any of these great door prizes. Just buy your ticket and you could be on your way to Vegas, Orlando, or Bermuda before the snow melts!

You can check out the complete prize listing on our website (www.NRECmoosehead.org). NREC is also giving away three prizes to kids including a youth lifetime fishing license, new Trek bike, and a Dove Tail bat. We have over 70 prizes to giveaway, so get your derby tickets this week!

Also, if you're in the area, drop by the Masonic Temple from 10 a.m. - 4 p.m. on Saturday, Feb. 20th and check out our silent and Chinese auctions. We have some great items up for bid like an autographed Red Sox baseball, art-work, two date night packages to Bangor, a Lionel train car, Native American keepsake basket, gift certificates galore, and much, much more. Stop in and make a bid. All the proceeds go toward our youth summer program, the Maine Woods Explorers.

NREC and the Masons will be hosting a Wild and Tame Dinner on Saturday night Feb. 20th from 4-7 p.m. at the Masonic Temple on Pritham Ave. We will be serving moose, deer and bear as the tasty wild treats and a roast turkey dinner if you're feeling tame. Dinner is by donation and again these funds will help support the Mason's charities and NREC's youth programs. We will be drawing all the derby door prizes and auction results after the meal around 7 p.m.

Good luck to all the participants and we'll see you at the derby!

Tim Obrey
NREC President

Keep roadways clear of snow

To the Editor;
When clearing your driveway of snow this winter, please do not leave that snow in the roadway. Many individuals in our community push snow across the road with plows and some snowblow snow into the road from their driveways.

This is an unsafe and illegal practice for a number of reasons:
• Snow left in the roadway can cause a traffic hazard for passing motorists, and once frozen in, can cause an unnecessary bump in the road.

• It can be hours before a plow truck comes back across the roadway to clear the snow you have left in the road, longer if the storm event has ended and roads have been cleared of snow.

• Snow left in the roadway can create a road hazard for motorists,

many of whom are your neighbors.

• If traffic packs the snow down and it freezes in, it can be very difficult to clear off. The Town has actually had push-arms on our wings damaged by frozen piles of snow and ice left in the roadway.

• Pushing snow across a roadway often means your plow truck is perpendicular to traffic and at risk for collision.

• Snow blown into the roadway can temporarily reduce visibility to zero if traffic passes at the same time.

We ask that you refrain from pushing snow across the road, and certainly refrain from leaving any snow in the roadway.

John Simko, Greenville Road Commissioner
Jeff Pomerleau, Greenville Police Chief

To end poverty, raise the minimum wage

To the Editor;
Minimum wage is not enough to live on and every day Mainers struggle to make ends meet. I'm a lifelong Mainer and a mental health care worker. Like many of the people who work to take care of loved ones in assisted living facilities, I work for low wages. These jobs, among the most important in our aging state, are undervalued and underpaid. Raising the minimum wage would improve the ability of thousands of people caring for our

loved ones to care for their own loved ones.

Additionally, these low-paying jobs prevent people from adequately saving for their own retirements. People living paycheck to paycheck can't put away for retirement, invest in a home, contribute as much to Social Security or save for a rainy day. Ultimately, this contributes to the vicious cycle that keeps our state in poverty.

Danielle VanHelsing
Dover-Foxcroft

Regulatory Reform: Unleashing our nations job creators

By U.S. Sen. Susan Collins (R-Maine)

When I ask employers in Maine what Washington needs to do to help them add jobs, they tell me this: reduce the cost and complexity of the federal regulations imposed on them. And this is not just a concern voiced by Maine businesses. Earlier this year, a poll of small business owners across the country found that the vast majority aren't hiring new workers right now, and more than six in ten pointed to government regulations as the reason why.

This is consistent with findings by the National Federation of Independent Business that new regulations cost small businesses an average of \$12,000 per employee annually. This excessive burden on our nation's job creators helps explain the tepid job growth we have seen in recent years.

No business owner I know questions the legitimate role

of regulation in protecting the health, safety, and well-being of employees and the public. But the public is not well-served by regulations that bury small businesses under a mountain of paperwork, driving up costs unnecessarily, and impeding growth and job creation. Proper regulation should be as efficient and simple as possible. At the very least, the benefits of a regulation should exceed its costs.

Unfortunately, the burden of federal regulations continues to grow. Right now, federal agencies are at work on nearly 2,500 new rules, at least 190 of which affect small businesses. Of these rules, 149 are major rules, costing more than \$100 million each. These rules will go on top of a pile of regulations now measured in the millions of pages.

Year-by-year, this pile of pages gets ever deeper. In the 1970s, the Federal Register, the compilation of federal regula-

tions, added some 450,000 pages. In the first decade of the 21st Century, more than 730,000 pages were added — a rate of 73,000 pages per year. And the pace continues to accelerate. On average since 2010, the federal government has added 80,000 pages to the Federal Register each year. This cannot continue.

We are now in the seventh year of an economic recovery that has produced such weak economic growth that most Americans still believe we are in a recession. The red-tape that is strangling our job creators is one of the reasons our economy has not rebounded as it did from prior recessions, and why millions of working-age Americans are not part of the labor force. If we want to get our economy back on track and rebuild the American workforce, Washington must get serious about streamlining and reforming our regulatory system.

In the Senate, the Homeland

Security and Governmental Affairs Committee has jurisdiction over legislation to reform our regulatory system. As a past-Chairman and Ranking Member of that Committee, I know how difficult, but essential, it is to reach consensus on how to improve our regulatory system. Other than comprehensive tax reform, there are few actions Washington could take that would do more to strengthen our economy than to make sure that federal regulations achieve their intended goals without imposing unnecessary costs.

The Committee is currently putting together a bipartisan regulatory reform package that I am cosponsoring. This legislation contains common-sense provisions that help provide needed certainty, consistency, and accountability in the regulatory process.

These provisions include establishing a legislative commission to examine and recommend to Congress federal rules that should be consolidated, improved, or repealed. The bill would allow the President to require independent agencies, such as the Environmental Protection Agency, to consider the cost as well as the benefits of "major rules" — rules that cost the economy \$100 million or more — before they adopt these rules, just as regular executive branch agencies must do. It would require federal agencies to notify the public three months before issuing new rules, to clearly state how they will measure the success or failure of new rules, and to prohibit them from using unofficial "guidance" documents to side-step these notification requirements.

In recent years, members of Congress from both parties and the President have offered regulatory reform proposals with little progress. In light of our persistently sluggish economy, I am hopeful that the Senate will move forward with regulatory reform this year. America's job creators and hard-working people have waited long enough.

Getting through winter

By Milt Gross

I've never known quite how to get through winter, but I always do. It takes a lot of waiting, I understand that now that I'm gaining in age experience. I'm not quite as eager to get out there into that beautiful winter day as I once was.

On a day off, while living in South Paris, which in winter felt like very North Paris, I'd look out the window at all that white beauty, grab my skis and head for the great outdoors. These days I look out the window and then check the calendar to ascertain how many more winter days there are left.

This year I'm looking forward to spring, when my other hip will have been replaced and both legs are feeling good again. We have made a few plans for those wonderful days ahead, such as visiting Fort Western in Augusta, going to the Maine State Museum in that same town, heading for Wolfe's Neck Woods State Park for some walk-

ing on "new" legs, and visiting various places up and down Maine's coast where I'll be able to walk on those "new" legs.

The great outdoors of the past makes me think immediately of the wooded hills and hilly fields north of South Paris where I lived a dozen years. There I could cross-country ski for miles, accompanied by our black lab whose main activity would be to step onto the trail right in front of me and sit down while she waited. My main activity, because this always occurred on a downhill, was to scream at her and try somehow to miss her. I always missed but never have figured out how I did.

I always missed the snowmobiles too, largely because I could hear them coming and they had heard my doggie-bound screams. I generally skied on their trails, stepping well off the trail so those snowmobilers, whom I knew from our fish and game club, could laugh

at me as they went flying past.

Up in Danforth, I had a friend who snowmobiled a lot. He used his seat more than his feet, because there was a lot more to his seat than to his feet. I never watched him snowmobile, but I wondered how that seat fit onto that seat.

I was just learning to cross-country ski in those days, because the superintendent of schools in whose junior high school I taught, took me one snowy day to the hill leading into the town dump. His purpose was to sell me his cross-country skis. He succeeded.

I very nervously made it down that hill, but soon learned to make it down — and up — others in that area. My most memorable day was back in that area north of South Paris, where I paused and watched a few deer standing down below me on a hillside looking up and watching me. A wonderful winter scene.

In those days, I was married to

my first wife, who, when skiing made it a point to wear a long, heavy coat in case she fell. She didn't want to hurt herself. She fell but never hurt herself. Watching her ski sometimes made me want to give up the whole thing as too risky. Other times it was amusing.

Guys, don't show the next sentence to your wife. Isn't it always fun to watch your wife struggle and fall while cross-country skiing?

Sometimes it was so cold on open, snowy fields that my glove-covered hands grew too cold for comfort. My feet never seemed to have felt that cold. But my hands did, and on those outings I wondered why I was so enjoying those outings.

Guys, do you ever wonder why you do things that hurt so much?

But when we lived in Steuben, I gave up skiing. That was because I managed to break my old wooden skis while clambering over a pile of logs that someone who was not

cross-country skiing had left in my way. I made it home on a ski and a half and never went out on them again.

Up in the notch north of Grafton Notch my first wife and I stood by a snow-covered fireplace and gazed at the beauty of the snow sliding off 4,150-foot Old Speck across the notch. It was beautiful and wild and cold looking. I'll never forget that beauty.

Now I look out my study window and gaze at the beauty of the snow-bordered drive heading out to the main road.

I may not walk out there today.

Snow is a lot prettier when you're not limping on walking poles, trying not to fall down where you get a different view of that white stuff.

It's better to look down or across at snow than look up at it.

Milt Gross can be reached for corrections, harassment, or other purposes atlesstraveledway@roadrunner.com.

YOUR GUIDE TO THE PISCATAQUIS OBSERVER

HOW TO REACH US

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COMMUNITY SUBMISSIONS/CALENDAR ITEMS must be received by 4 p.m. Friday.

NEWSROOM

IF YOU HAVE A STORY IDEA OR AN EVENT TO BE COVERED, call Stuart Hedstrom in the News/Sports Department at 564-8355.

FOR CLARIFICATION OR CORRECTIONS, please notify the News Department. Corrections and clarifications appear on Page 2 or 3. THE MANAGING EDITOR is Mark Putnam.

NOTICE

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Updated: 07/16/15



Health & Senior Living



Free 'A Matter of Balance' classes starting in the spring

DEXTER — As people grow older, some develop a fear of falling, either because they have experienced a fall or are beginning to feel unsteady as a result of dizziness, weakened muscles, less flexible joints or a specific medical condition. The fear of broken bones, particularly a broken hip or a head injury, can keep people afraid to do simple exercises to strengthen muscles and flex joints, to do routine household tasks, or to go to social gatherings and appointments. No one wants to fall, lose their independence, or become a burden to others. Falling and fear of falling can seriously compromise quality of life.

To reduce fear of falling and increase activity levels in senior adults, the Matter of Balance program was developed. It is nationally-recognized and evidence-based having been developed at Boston University and adopted by Maine's Partnership for Healthy Aging to improve the health status of older adults.

The co-founders of the Skeleton Crew, Liz Breault and Beth Ranagan, are excited to announce that A Matter of Balance classes will be held at the Abbott Memorial Library in Dexter beginning Monday, April 11. This bi-weekly program will run for four consecutive weeks on Mondays and Wednesdays from 10:30 a.m. to 12:30 p.m. The Community Fitness Center in Guilford, a licensed Matter of Balance trainer site, has graciously agreed to allow two of its master trainers, Dodie Curtis and Terri Palin,

to teach the classes. Curtis, an RN, has been teaching classes since 2007. Her co-teacher Palin is a senior fitness instructor at the Community Fitness Center as well as a master trainer.

Ranagan, a member of the Thriving in Place's Fall Reduction Team, reported, "I have wanted to see a program like this in Dexter since last summer," while Breault, librarian at Abbott Memorial Library, commented, "To have this excellent

program at the library as part of our Skeleton Crew program is just wonderful for all those who are working to maintain their health as they age."

The Abbott Memorial Library has become a catalyst of learning for people of all ages. Both Ranagan and Breault agree that, "All good things happen at the library for ev-

Please see Page 10, CLASSES



A MATTER OF BALANCE — Dodie Curtis, left, and Terri Palin will run a series of free A Matter of Balance classes in April at the Abbott Memorial Library in Dexter. For more information, please contact Liz Breault at 924-7292.

Contributed composite photo

Adult coloring program

DEXTER — Coloring is no longer just for kids. This favorite pastime of childhood has come into its own as an adult recreation in recent years. Where yesterday's

coloring supplies used to be limited to crayons and cartoon figures printed on cheap paper; today's adult colorists have access to sophisticated markers, pens and a host of beautiful designs and drawings on quality paper.

Not only do adults find coloring fun, it has also been shown by a study conducted in 2005 that anxiety levels dropped when subjects colored mandalas, which are round frames with geometric pat-

To the readers who may have noticed a hiatus in our column, I apologize.

I return with renewed energy and commitment to engage the older population of our region in living fully and loving life. I will start where I have been before reminding everyone of the importance of staying physically active. This cannot be said too many times. You will see increasing evidence of the importance of this not only for school aged children, but for people in middle and later years. What is good for your grandchild is good for you too.

While the type of exercise for older adults may be different than that for kids, the benefits can be huge: decreased pain from arthritis, increased mobility, decreased falls, improved bowel func-

tion, increased bone and muscle strength, improved brain function, improved breathing and heart function, better hormone balance (especially in diabetics).

As a matter of fact, a good way to start is to walk with your grandchild. Each town has walking trails which at this time of year may not be accessible unless you have snow shoes. If you are walking outside now use your ice grippers! In the spring these trails will open up, though and take you through nice scenery often on groomed paths.

If you are afraid of the weather and slipping on ice, commit to an inside practice for at least 20 minutes daily. This could be home yoga (great for building a calm but strong muscular core that can help prevent falls) or home exercise with light weights (1-2 lbs maximum). I like to put rhythmic, ecstatic music on and just dance, all by myself, in the living room!

Join a fitness group especially for people in your age and fitness group such as those offered at the Friends of Fitness in Guilford, Millside Fitness in Dexter, or the YMCA in Dover. Or look for classes sponsored by groups such as Bone Builders, Eastern Area Agency on Aging's A Matter of Balance, or even

Senior Matters
By Lesley Fernow, M.D.



Nutrition Program

Wednesday, Feb. 17 — Salisbury steak with onion gravy, spinach mashed potatoes, green beans and baby carrots, wheat bread and dessert.

Thursday, Feb. 18 — Pork with apple onion sauce, cranberry and lentil rice, Caribbean vegetable blend vegetables, wheat bread and dessert.

Friday, Feb. 19 — Orange glazed chicken, fried rice, peas and baby carrots, wheat bread and dessert.

Monday, Feb. 22 — Honey mustard chicken, herb roasted potatoes, baby peas, wheat bread and dessert.

Tuesday, Feb. 23 — Meatloaf

and mushroom sauce, mashed potatoes, corn, wheat bread and dessert.

Wednesday, Feb. 24 — Baked white fish, Florentine stuffing, long green beans, wheat bread and dessert.

Eastern Area Agency on Aging's nutrition program delivers noontime meals through Meals on Wheels to those who qualify and serves at Community Cafes where all are welcome. Cost is \$4 (under age 60). Suggested donation of \$4 for seniors age 60 and older. Additional donations are greatly appreciated. For a reservation or more information, call 943-2488 or (800) 432-7812.

Births

Among recent births recorded at Mayo Regional Hospital in Dover-Foxcroft were:

ANDERSON — A daughter, Grace Eileen Anderson, born on Jan. 12, 2016, to Kathy Ann Batey and Sean Michael Anderson of Charleston; joining siblings Hannah, Becky and Maggie. Maternal grandparents are Jim and Linda Batey of Garland. Paternal grandparents are Steve and Mary Ann Anderson of Norridgewock. Great-grandparents are Marie Champlavier of Bangor; Vernon Batey of Dover-Foxcroft; and Eileen Anderson of Norridgewock.

BROOKS — A son, Bryant Robert Brooks, born on Jan. 17, 2016, to Brittany Carol Ware of Dover-Foxcroft and Damin Robert Brooks of Corinth; joining siblings Whitney and William. Maternal grandparents are Melissa and Steven Shapleigh of Dover-Foxcroft and John Ware of Milo. Paternal grandparents are Sarah and Eric Brooks of Charleston. Great-grandparents are Carol and Chet Sawyer of Charleston; Diane and Billy Marshall of Orneville and Carci Nall of Dover-Foxcroft; Louise Wheeler of Milo; and Stewart and Jana Brooks of Corinth.

BUTTS — A daughter, Kenzley Alyce Butts, born on Jan. 13, 2016, to Mercedes J. and Travis Allen Butts of Dover-Foxcroft; joining siblings Kylie, Elijah, Trevor, Rylan, Colton and Madelin. Maternal grandparents are Randall and Marsha Henderson. Paternal grandparents are Bonnie and Lloyd Butts. Great-grandparents are Willa and Kenneth White, Nancy and Ronald Henderson, and Charles and Helen Baer.

GOSSELIN — A daughter, Peyton Joyce Gosselin, born on Jan. 8, 2016, to Ashley Tyler Tremblay and Kenneth Wayne Gosselin Jr. of Milo; joining big brother Keagan. Maternal grandmother is Lisa Boone of Dover-Foxcroft. Paternal grandparents are Deborah Briggs of Dover-Foxcroft and Ken and Carrie Gosselin of Southwest Harbor. Great-grandparents are Joyce and Peter Podziak of Newport and Virginia Bisson of Patten.

McAFEE — A daughter, Sensi Lynn McAfee, born on Jan. 22, 2016, to Brea Lee Bentley and Ryan Paul McAfee of Dover-Foxcroft; joining siblings Lennon and Lyric. Paternal grandparents are Joan and Fred McAfee of Dover-Foxcroft; Kristie Gould of Dover-Foxcroft and Robert Bentley of Rockland.

CANNON — A son, Samuel Gray Moriguchi Cannon, born on Jan. 5, 2016, to Amy L. Fagan-Cannon nee Fagan and Nicholas Cannon of Dover-Foxcroft;

joining big sister Natalie. Maternal grandparents are Michael and Blaire Fagan of Dover-Foxcroft. Paternal grandparents are Patricia Cannon of Dover-Foxcroft and Gene and Linda Moriguchi of California.

STEWART — A daughter, LilliAnn Jane Stewart, born on Jan. 26, 2016, to Beth M. Stewart (Fish) and Brent R. Stewart, Jr., of Exeter; joining big brothers Joseph and Daniel. Maternal grandparent is Ronadean Fish of Garland. Paternal grandparents are Brent and Beverly Stewart of Dexter. Great-grandparents are Ronald and Vida Ryder of Dexter.

TEWHEY — A son, Nolan Brian Tewhey, born on Jan. 5, 2016, to Sabrina Sharrow and Brian Tewhey of Dover-Foxcroft. Maternal grandparents are Carolyn Clark of Dover-Foxcroft and Dan Sharrow of Dover-Foxcroft. Paternal grandparents are Julie Parady of Old Town and Everett Tewhey of Bangor. Great-grandparents are Marilyn Rohdin of Sangerville, Dave Sharrow of Bowerbank and Jayne Sharrow of Dover-Foxcroft.

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T-Shirts

Continued from Page 1

the students all sitting against the wall. Going homeroom by homeroom, the four teachers took turns introducing each of their students modeling their T-shirt, saying what was on each article of clothing and why the particular item was chosen. Many first-graders indicated they liked certain qualities of their selected items, such as 100 googly eyes looking like monsters and enjoying the glamor of 100 gems.

The T-shirt models then walked down the runway to applause from their peers and teachers. "First-graders, I hope you have a better idea of what 100 is," Wentworth said at the conclusion of the 100th day fashion show.



Rosie Povak
with 100 safety pins



Bryan Anderson
with 100 stickers



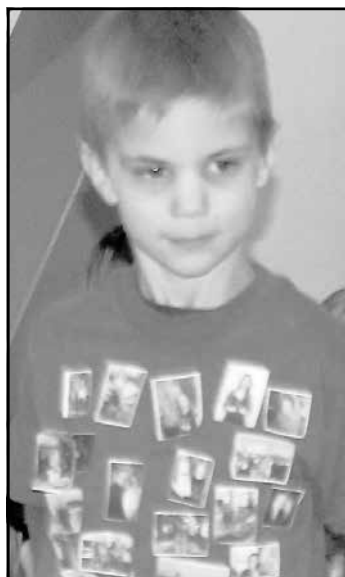
Joshua Sinclair
with 100 tally marks



Lily Bisson
with 100 pompoms



Jenna Hartford
with 100 gems



Thomas Atwater with 100 pictures of his family



Brooke Preble with 100 pompoms

COMMUNITY CALENDAR

List your event in the Community Events Calendar. Mail to Calendar, The Piscataquis Observer, PO Box 30, Dover-Foxcroft, ME 04426 or email to observer@nepublish.com with event name, date, place, time and telephone number. Deadline for submissions is Friday at 4 p.m. For full calendar, please go to www.observer-me.com.

Friday, Feb. 19 GREENVILLE: The ninth annual Mooshead Lake Togue Derby will be held today through Feb. 21, due to uncertain ice conditions in late January.

Saturday, Feb. 20 DEXTER: The 14th District of the American Legion meets at 1 p.m. at Poulliot-Seavey Post 53 home, with lunch at noon.

MILO: Three Rivers Kiwanis hosts a cribbage tourney at 1 p.m. at the Kiwanis Headquarters building.

MONSON: The Narrow Gauge Riders are sponsoring a snowmobile poker run from 9 a.m.-3 p.m., with signups at the Lakeshore House.

RIPLEY: The Ripley UMC, 12 West Ripley Rd., will serve a Souper Kitchen with fiddlehead chowder from 11 a.m.-2 p.m.

SANGERVILLE: The Unitarian Universalist Church of Sangerville and Dover-Foxcroft, located at the corner of Main and Church streets, serves a free public soup and sandwich lunch from 11 a.m.-1 p.m.

Monday, Feb. 22 DOVER-FOXCROFT: The PCSWCD hosts a free community dinner, with local seasonal foods, at 6 p.m. at the Dover-Foxcroft Congregational Church. FMI call 564-2321 ext. 3.

Tuesday, Feb. 23 DOVER-FOXCROFT: The Backwoods Berniers' open house will be from 2-4 p.m. at the Storefront, 16 East Main St., with guest speaker Troy Jackson. FMI call 924-3743.

DOVER-FOXCROFT: The NAMI Family and Friends Support Group meets from 6:30-8 p.m. in the Borestone Room at Mayo Regional Hospital. For more info, call 924-7903.

Wednesday, Feb. 24 DEXTER: A weekly adult coloring group starts this evening at 6 at the Abbott Memorial Library. FMI call 924-7291.

Thursday, Feb. 25 DOVER-FOXCROFT: A free session of the Essentials of College Planning will be offered at the Penquis Higher Education Center at 1 p.m. To register call 1-800-281-3703 or go to <http://meoc.maine.edu>.

Friday, Feb. 26 DOVER-FOXCROFT: The Center Theatre and Slightly Off-Center players will present a one-act play festival at 7 p.m. FMI call 564-8943.

Saturday, Feb. 27 DOVER-FOXCROFT: The Center Theatre and Slightly Off-Center players will present a one-act play festival at 2 p.m. FMI call 564-8943.

GREENVILLE: The 10th annual Plum Creek Wilderness Sled Dog Race starts at 8:30 a.m. at the Leisure Life Resort. FMI go to www.100milewildernessrace.org.

Sunday, Feb. 28 DOVER-FOXCROFT: The Center Theatre and Slightly Off-Center players will present a one-act play festival at 2 p.m. FMI call 564-8943.

Kiwanis cribbage tourney on Saturday

MILO — The Three Rivers Kiwanis' next cribbage tourney will be on Saturday, Feb. 20 at 1 p.m. All cribbage lovers are invited to the Kiwanis Headquarters in the Milo Business Park.

The entrance donation will be divided between the first- and second-place winners and worthwhile Kiwanis projects. The address of the Kiwanis building is 24 Gerrih Road, a right turn off Route 11 just past JSI Store Fixtures on the left.

LEGAL NOTICE OF PUBLIC FORECLOSURE SALE PURSUANT TO 14 M.R.S.A. SECTION 6321 ET SEQ. RESIDENTIAL PROPERTY LOCATED AT 305 North Guilford Road, formerly a portion of 295 North Guilford Road, Monson, Maine (Mortgage recorded in the Piscataquis County Registry of Deeds in Book 1745, Page 104)

By virtue of and in execution of a Judgment of Foreclosure and Sale dated October 23, 2015 and entered on the docket in the Maine District Court, District Thirteen, Dover-Foxcroft, Maine on October 23, 2015, in an action captioned *Tammac Holdings Corporation v. Daniel J. Villone, et al.*, Docket No. DOVRE-2014-57, for the foreclosure of a Mortgage dated May 11, 2006 and recorded in the Piscataquis County Registry of Deeds in Book 1745, Page 104 (the "Mortgage"), said judgment having been entered and the statutory ninety (90) day redemption period having elapsed without redemption, notice is hereby given that there will be sold at a public sale the premises described in the Mortgage located at 305 North Guilford Road, formerly a portion of 295 North Guilford Road, Monson, Maine (the "Property").

TERMS OF SALE: The Property will be sold at auction beginning at 11:00 a.m. on March 7, 2016 at the offices of Eaton Peabody, One Portland Square, 7th Floor, Portland, Maine. All bidders will be required to deposit \$5,000.00 to bid, in cash or certified U.S. funds made payable to Tammac Holdings Corporation ("Tammac") in order to register to bid (the "Deposit"). The Deposit shall be increased to ten percent (10%) of the successful bid within five calendar days after the conclusion of the auction, but such increased amount shall not be less than \$5,000.00. The Property shall be sold to the highest bidder, who must leave the Deposit as a non-refundable down payment. The highest bidder shall also be required to sign a Purchase and Sale Agreement calling for a closing within 30 days, at which time the balance of the bid price will be due immediately in available U.S. funds, and Tammac, the foreclosing mortgagee, will deliver a duly executed Quitclaim Deed Without Covenant and Release Bill of Sale, if applicable, conveying the Property. The Property shall be conveyed subject to all matters set forth in the Purchase and Sale Agreement and the additional terms of sale which will be available prior to the auction. Additional terms may also be announced at the time of the auction. Tammac, the foreclosing mortgagee, and its assigns, reserve the right to bid without making the required deposit and, if Tammac, or its assigns, is the high bidder, to pay for the Property with a credit against the debt owed to it.

For more information on the above-described Property containing the legal description, legal and bidding details, as well as possible site visits, contact Bruce B. Hochman, Esq., attorney for Tammac, One Portland Square, P.O. Box 15235, Portland, Maine 04112 (207-274-5266).

Dated: February 3, 2016
TAMMAC HOLDINGS CORPORATION
By: */s/ Bruce B. Hochman*
Bruce B. Hochman, Esq.
Its Attorney
Eaton Peabody
P.O. Box 15235
Portland, ME 04112
(207) 274-5266

LEGAL NOTICE OF PUBLIC SALE

Notice is hereby given that in accordance with the Judgment of Foreclosure and Sale entered November 15, 2015 in the action entitled *Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-OPT5, Asset-Back Certificates, Series 2006-OPT5 v. Frank R. Ward et al.*, by the Maine District Court, Division of Dover-Foxcroft, Docket No.: RE-15-11, wherein the Court adjudged the foreclosure of a mortgage granted by Frank R. Ward to Option One Mortgage Corporation, a California Corporation dated April 26, 2006 and recorded in the Piscataquis County Registry of Deeds in Book 1741, Page 3, should the period of redemption have expired without redemption of the property by the mortgagor(s), a public sale of the property described in the mortgage will be conducted on March 23, 2016 commencing at 10:30 a.m. at 45 Court Street, Houlton, Maine.

The property is located at 28 Beech Street, Greenville Jct., Piscataquis County, Maine, reference as described in said mortgage. The sale will be by public auction. All bidders for the property will be required to make a deposit of \$5,000.00 in cash, certified or bank check at the time of the public sale made payable to Shechtman Halperin Savage, LLP, which deposit is non-refundable as to the highest bidder. The balance of the purchase price shall be paid within thirty (30) days of the public sale. In the event a representative of Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-OPT5, Asset-Back Certificates, Series 2006-OPT5 is not present at the time and place stated in this notice, no sale shall be deemed to have occurred and all rights to reschedule a subsequent sale are reserved.

Additional terms will be announced at the public sale.
Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-OPT5, Asset-Back Certificates, Series 2006-OPT5, by its attorneys, Shechtman Halperin Savage, LLP
Monica P. Schoenbaum, Esq.
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Championship

Continued from Page 1

sharpens iron,' and some people asked what that meant," said Ayala. "Our answer is it's how you get great.

"For you to do well, your partner has to push you to the limit at practice, you have to push each other. And here's a group of kids at 182, 195, 220 and 285 who have pushed themselves all winter and made each other better."

Sometimes that improvement came at a physical price, like when 285-pound Connor Holmes broke his hand while wrestling Billy Brock at practice and even as late as the night before States, Ayala said, when Brandon Brock injured his back while working out with his younger brother.

"Sometimes it can be tough," said Ayala, "but that's the way they've always gone hard to push themselves. To see all those guys win state championships Saturday was great."

First junior Billy Brock avenged a loss to Winslow's Patrick Hopkins at the Class B North championships a week earlier, winning by pin at 5:38 of their 182-pound final in what turned out to be the championship-clinching victory.

Then Brandon Brock, a senior, pinned Dalton Berry with one second left in the opening round of the 195-pound final — the only championship match featuring a battle of wrestlers from Foxcroft and

Dirigo.

Senior Michael Pendriss kept the Foxcroft run going at 220 pounds, with the senior edging Winslow's Nat Beckwith 8-6.

Holmes, another senior, shook off his broken hand to pin Jake Peavey of Erskine Academy in South China at 1:20 of their championship final.

Foxcroft got additional top-four finishes from sophomores R.J. Nelson, second at 132 pounds, and Brandon Weston, third at 106, while senior captain Antonio Ayala capped off a stellar four-year career by accepting the championship trophy after he finished fifth at 126 pounds to earn a berth as an alternate to the all-state meet Saturday at Mount Ararat School in Topsham.

All of Foxcroft's top-four finishers earned automatic berths to the all-state meet, which features the best wrestlers from both Class A and Class B seeking to qualify for the New England championships.

Dirigo's Griffyn Smith won the 113-pound final for his fourth individual state championship and was named the meet's outstanding performer. The Cougars' other individual title came from Bryce Whittemore at 152.

Dexter finished ninth in the team standings with 34 points. The Tigers were led by sophomore Tyler Beem, third at 132 pounds, and junior Jacob Hesselstine, fourth at 160.

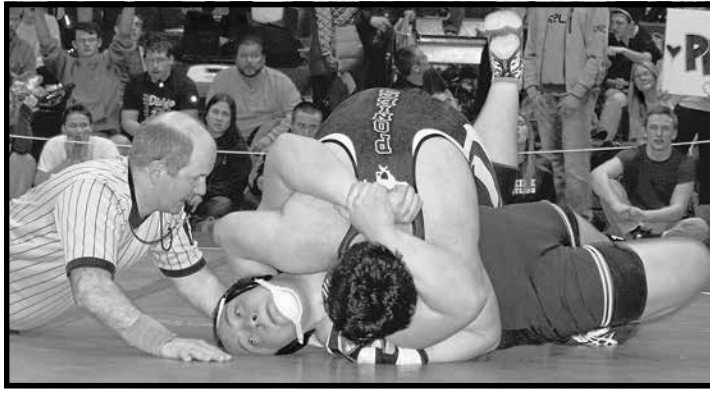


Photo courtesy of Angela Ayala

HEAVYWEIGHT CHAMPION — Foxcroft Academy's Connor Holmes pins Erskine Academy's Jake Peavey in the 285-pound final at the Class B state wrestling championship Saturday at Oceanside High School in Rockland. Holmes' performance helped the Ponies capture the state title.

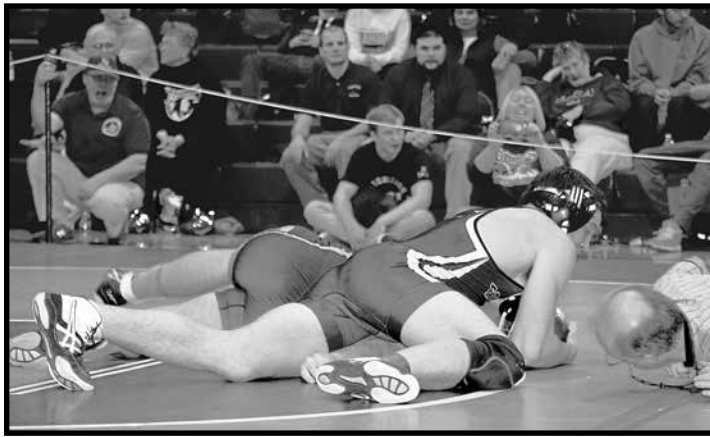


Photo courtesy of Angela Ayala

ALL IN THE FAMILY — Brandon Brock of Foxcroft Academy competes against Dalton Berry of Dirigo during their 195-pound championship match on Saturday in Rockland. Brock won the match by pin, to join his younger brother Billy as an individual state champ.

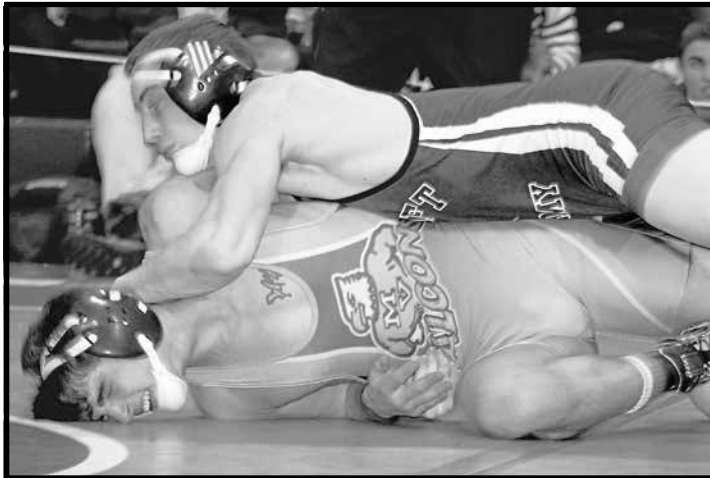


Photo courtesy of Angela Ayala

GROUND FALCON — Foxcroft Academy's Zach Caron competes against Mountain Valley's Eddie DeRoche in the finals of the 145-pound division during the Class B state championship at Oceanside High School. Caron won the match 5-3.

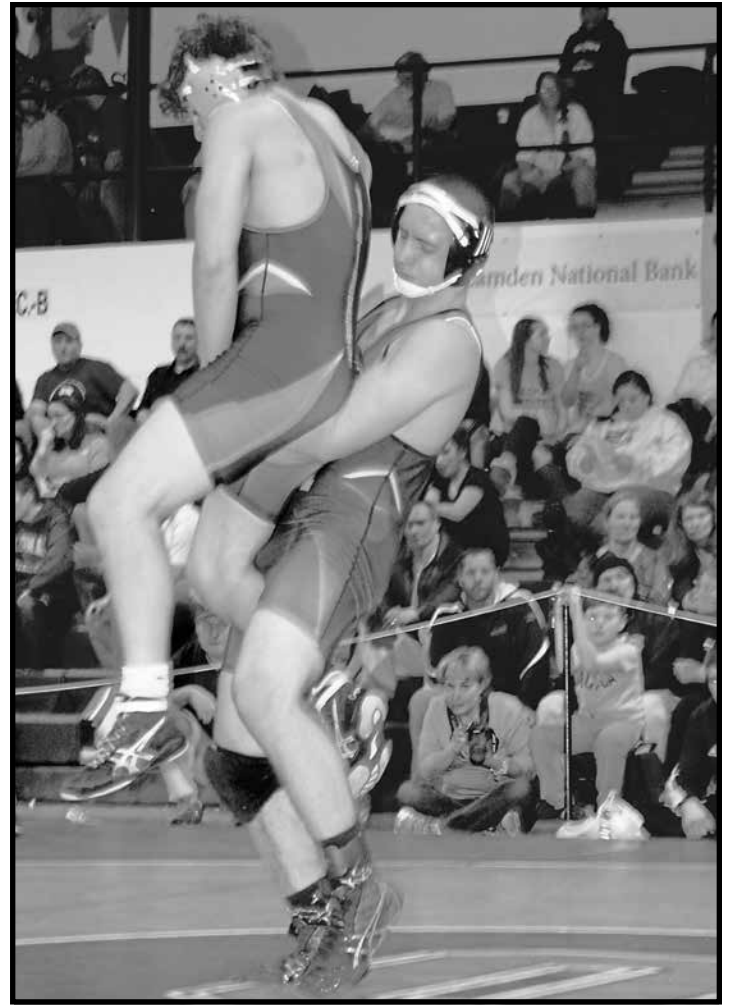


Photo courtesy of Angela Ayala

GIVE HIM A LIFT — Foxcroft Academy's Billy Brock picks up Winslow's Patrick Hopkins during their finals match in the 182-pound weight class at the Class B state wrestling championship Saturday. Brock won the match by pin to seal Foxcroft's team title, the sixth overall in program history and first since the 2013 Class C crown.



Photo courtesy of Angela Ayala

220-POUND WINNER — Foxcroft Academy's Michael Pendriss puts a hold on Winslow's Nat Beckwith in the 220-pound final at the Class B state wrestling championship on Feb. 13. Pendriss won by decision 8-6 to capture the first-place finish.

Class B state wrestling championship

1. Foxcroft Academy 146, 2. Dirigo 123, 3. Ellsworth 94.5, 4. Winslow 91, 5. Mountain Valley 79.5, Wells 79.5, 7. Oceanside 70.5, 8. Medomak Valley 52, 9. Dexter 34, 10. Erskine Academy 29, 11. Oak Hill 27.5, 12. Penobscot Valley 20.5, 13. Lisbon 20, 14. Belfast 17, 15. Monmouth Academy 16, 16. Maine Central Institute 14, 17. Madison 10, 18. Bucksport 7, 19. Caribou 3, John Bapst 3, Mattanawcook Academy 3, 22. Lincoln Academy 1, Washington Academy 1

Championship finals

- 106:** Alex Fogarty (Ocean) def. Codi Sirois (PValley) major dec. 11-0; **113:** Griffyn Smith (Dir) def. Devin Vigue (Winslow) pin at 1:10; **120:** Danny Buteau (OH) def. Calvin Thompson (Mon) tech fall 18-1; **126:** Caleb Austin (MtnValley) def. Cullen Cummings (Wells) tech fall 16-0; **132:** Ben Ripley (Ocean) def. R J Nelson (Fox) 3-0; **138:** Peyton Cole (Ells) def. Mike Provencher (MtnValley) pin at 3:32; **145:** Zac Caron (Fox) def. Eddie Deroche (MtnValley) 5-3; **152:** Bryce Whittemore (Dirigo) def. Justin Studholme (Ersk) win by DQ; **160:** Trent Goodman (Ells) def. Michael Wrigley (Wells) pin at 0:50; **170:** Ryan Fredette (Winslow) def. Nolan Degroot (Dirigo) pin at 1:39; **182:** Billy

- Brock (Fox) def. Patrick Hopkins (Winslow) pin at 5:38; **195:** Brandon Brock (Fox) def. Dalton Berry (Dirigo) pin at 1:59; **220:** Michael Pendriss (Fox) def. Nat Beckwith (Winslow) 8-6; **285:** Connor Holmes (Fox) def. Jake Peavey (Ersk) pin at 1:20

Consolation finals

- 106:** Brandon Weston (Fox) def. Will Perry (Medomak) pin at 0:23; **113:** Xavier Adams (Lisbon) def. Michael Sprague (Ersk) 5-1; **120:** Zyanthony Moss (MCI) def. Austin Merando (Belfast) 9-8; **126:** Logan Lord (Ells) def. Jon Wainwright (Dirigo) major dec. 9-1; **132:** Tyler Beem (Dexter) def. Ethan Boucher (MtnValley) win by inj def; **138:** Steven Thompson (MValley) def. Hunter White (Dirigo) pin at 3:30; **145:** Josh Wright (Ells) def. Elias Miller (Medomak) major dec. 15-5; **152:** Connor Petros (Ells) def. Isaac Therrian (MtnValley) tech fall 192; **160:** Ben Abbott (Winslow) def. Jacob Hesselstine (Dexter) 9-7; **170:** Dallas Ball (Ocean) def. Jake Spofford (Wells) pin at 2:58; **182:** Nolan Potley (Wells) def. Spencer Vaughan (Dirigo) major dec. 10-2; **195:** Sean McCormack-Kuhman (Wells) def. Reagan Billingsley (Ocean) 7-4; **220:** Lucas Macdonald (Dirigo) def. Brenden Dean (Wells) pin at 1:34; **285:** Owen Gilbert (Medomak) def. Matt Brown (Madison) pin at 3:42

SPORTS ON TAP

schedule subject to change

Wednesday, Feb. 17—BOYS BASKETBALL: Class C North quarterfinal 3. Bucksport vs. 6. Dexter 9:35 a.m. Cross Insurance Center (Bangor); Class D South semifinal 1. Valley vs. 4. Greenville 11:30 a.m. Augusta Civic Center.

Friday, Feb. 19—BOYS BASKETBALL: Class C North semifinal 2. Ft. Fairfield-7. Hodgdon vs. 3. Bucksport-6. Dexter 7:05 p.m. Cross Insurance Center (Bangor). **GIRLS BASKETBALL:** Class C North semifinal 2. Dexter-7. Stearns vs. 3. Penobscot-6. PCHS 2:05 p.m. Cross Insurance Center (Bangor).

Saturday, Feb. 20—BOYS BASKETBALL: Class C North Championship 8:35

p.m. Cross Insurance Center (Bangor); Class D South Championship 2:45 p.m. Augusta Civic Center. **GIRLS BASKETBALL:** Class C North Championship 7:05 p.m. Cross Insurance Center (Bangor). **WRESTLING:** Dexter and Foxcroft at Mt. Ararat HS (Topsham).

Saturday, Feb. 27—BOYS BASKETBALL: Class C Championship 8:45 p.m. Augusta Civic Center; Class D Championship 2:45 p.m. Augusta Civic Center. **DOG SLED RACE:** Plum Creek Wilderness Sled Dog Race (Leisure Life Resort-Greenville) 8:30 a.m. **GIRLS BASKETBALL:** Class C Championship 7:05 p.m. Augusta Civic Center.

Pony boys finish second at state indoor track meet

LEWISTON — The Foxcroft Academy boys indoor track and field team finished as the runner-up at the 2016 Class B state championship on Feb. 13 at Bates College. The Ponies scored 44 points to finish second out of 25 point-scoring schools, trailing only the 56 points picked up by York High School which won the Class B crown for the fourth time in five years. The finish tied the highest performance for a Foxcroft team at the state meet in school history, as the 2013 squad also came in the second place.

Senior Hunter Smith led Foxcroft by winning the Class B crown in the high jump. Smith cleared the bar at 6 feet, 2 inches, to best runner-up freshman Gavin McDonald of Orono High School by six inches. Smith, who also played for the Pony basketball team this winter, is a two-time defending state champion in the high jump during the outdoor track season.

Smith came in second place in

the long jump at the state meet, with at top distance of 20-02.50. He added a sixth-place performance in the triple jump at a distance of 38-07.50 to account for 20 of his team's 44 points.

The Pony 4x800 relay team had the second best time at the Class B championship. Sophomore Tobias Hogfeldt, senior Gabe Piquette, junior Chandler Rockwell and senior Cooper Nelson combined for a time of 8 minutes, 37.17 seconds.

Senior Nathaniel Church finished in third place in the 200, running a time of 23.80 seconds. He also came in sixth in the 55 at 6.84 seconds. Church ran the opening leg of the fifth-place 4x200 relay team, followed by senior Blaine Robinson, Hogfeldt and Rockwell for a time of 1:38.67.

Hogfeldt was sixth in the 800 with a time of 2:06.99, and Nelson came in sixth in the mile with a time of 4:49.65. Rockwell rounded out the Foxcroft scoring with a point in the 400, placing

seventh in 54.81 seconds.

Nelson was one of four other Pony entrants at the state championship, placing 11th in the two mile at 10:56.59. Junior Evan Chadbourne came in 14th in the

55 prelims at 7.18 seconds, Robinson finished 15th in the 200 at 24.85 seconds and junior Jason Eubanks was right behind in 16th place with a time of 25.16 seconds.

Postseason Basketball Scoreboard

Class B North boys Prelims		Semifinals	
5. MDI 66	12. Hermon 38	6. Caribou 61	11. Foxcroft 53
10. MCI 43	7. Winslow 41	8. Belfast 72	9. Central 54
Quarterfinals		Class B North girls Prelims	
1. Old Town 83	8. Belfast 47	5. Ellsworth 57	
2. Ellsworth 56	10. MCI 28	12. Mattanawcook 44	
6. Caribou 51		6. John Bapst 55	
3. Washington 44		11. Orono 40	
4. Orono 61	5. MDI 50	7. Hermon 54	
		10. Washington 33	
		8. Foxcroft 48	9. Central 46
Semifinals		Quarterfinals	
1. Old Town vs. 4. Orono		1. Houlton 61	8. Foxcroft 52
2. Ellsworth vs. 6. Caribou		7. Hermon 49	2. MDI 39
Class C North boys Prelims		Semifinals	
5. Schenck 66.		1. Houlton vs. 4. Winslow	
12. Penobscot 53		3. Presque Isle vs. 7. Hermon	
6. Dexter 39	11. PCHS 36	Class C North girls Prelims	
7. Hodgdon 62		5. Schenck 39	12. Ft. Kent 27
10. Narraguagus 59		6. PCHS 63	11. Woodland 35
8. Ft. Kent 62	9. Sumner 53	7. Stearns 60	
Quarterfinals		10. Madawaska 39	
1. George Stevens vs. 8. Ft. Kent		8. Calais 53	
2. Ft. Fairfield vs. 7. Hodgdon		9. George Stevens 51	
3. Bucksport vs. 6. Dexter		Quarterfinals	
4. Lee vs. 5. Schenck		1. Ft. Fairfield vs. 8. Calais	
Class D South boys Prelims		2. Dexter vs. 7. Stearns	
8. Rangeley 69.		3. Narraguagus vs. 6. PCHS	
9. Forest Hills 59		4. Penobscot vs. 5. Schenck	
Quarterfinals			
1. Valley 62	8. Rangeley 33		
7. Islesboro 66			
2. Pine Tree 50			
3. Seacoast 52			

Bowers and Preble play soccer at USM



Bowers



Preble

GORHAM — A pair of past teammates on the Penquis Valley High School soccer team both were members of the University of Southern Maine women's team this past season.

Sophomore Jessica Preble, of Milo, played in 15 games for the Huskies, making 10

starts. Preble scored four goals and picked up an assist with 11 shots on goal.

Sophomore Courtney Bowers, also of Milo, appeared in one game.

USM finished the season with a record of 3-14, going 0-7 in Little East Conference play.

Houlton girls overcome late FA surge

By Joseph Cyr
Staff Writer

BANGOR — When a team shoots 94 percent from the foul line, chances are they are going to come away with the victory.

Such was the case Saturday afternoon as No. 1 Houlton (18-1 overall) defeated No. 8 Foxcroft Academy 61-52 in a Class B North quarterfinal matchup. Houlton converted an impressive 17-of-18 foul shots to help carry the team to victory.

The Shires, last year's Class C state champions before moving to Class B this year, face No. 4 Winslow (16-3) in the semifinals Wednesday at 3:35 p.m. The Ponies end their season with an 11-9 record.

"This was a battle, and I knew that coming in," Houlton coach Shawn Graham said. "Basketball can be a game of mismatches and they [Foxcroft Academy] certainly posed one for us because of their size and strength. That was not your typical No. 8 seed."

Houlton sophomore Kolleen Bouchard led all players with 23 points, numerous rebounds and a pair of blocks. Sophomore Aspen Flewelling chipped in 13 points, including three 3-pointers. Junior Rylee Warman added nine.

Houlton led from the onset, opening the game with a 12-3 run, and built a 23-12 lead by the end of the first quarter. The Ponies, on the strength of their 3-point shooting prowess, cut the lead to 33-23

at the half.

Foxcroft Academy hung with the Shires in the third period and used a 7-2 run at the end of the quarter to cut the lead to 43-40. The Ponies took their first lead of the game early in the final period with a shot in the low post from Simpson, followed by a nifty scoop shot by Bickford to go up 44-43.

That lead proved short-lived as the Shires regained the lead on their next possession when Flewelling converted a feed in the low post from senior Natalie Hill. The Shires then outscored FA 17-8 over the final six minutes for the win.

Bouchard, who played with four fouls for much of the fourth quarter, said the Ponies did a nice job of limiting her offensively, while also causing her some frustrations on the defensive end of the floor.

"I need to be more careful," Bouchard said. "I have to keep trying to get rebounds, but you definitely can't go as hard when you have foul trouble. You have to play smarter."

For FA, junior Kendra Ewer led the way with 15 points, all from behind the 3-point arc. Junior Grace Bickford chipped in 12 points, while freshman MacKenzie Beaudry added 10.

With five girls standing 5-feet, 10-inches, FA posed a height problem for the Shires.

"Our game plan was to try and box them out as much as possi-

ble," Bouchard said. "We didn't do the best job at that, but we still managed to pull out the win."

"We committed foolish fouls today," Graham said. "We reached because we didn't beat them [FA] to the spot. They got some 50-50 boards off us and rebounded well, which is a testament to their height and skill."

Foxcroft Academy coach Blake Smith tipped his hat to the veteran leadership shown by the Shires.

"Our girls played with a lot of heart today," Smith said. "They came out at halftime ready to go at it. The X-factor for us in the end is that group of kids for Houlton is used to playing in this type of game and really rose to the occasion."



Pioneer Times photo/Joseph Cyr
ONE-HANDED SHOT — Pony Grace Bickford puts up a one-handed shot over Houlton's Rylee Warman, right, and Aspen Flewelling during Saturday's game.



Pioneer Times photo/Joseph Cyr
PUTTING UP A SHOT — FA's Abigail Simpson, left, as Houlton's Aspen Flewelling defends during Saturday's Class B quarterfinal.



Pioneer Times photo/Joseph Cyr
DRIBBLES — Foxcroft Academy's Kendra Ewer dribbles past Houlton's Rylee Warman during Saturday afternoon's quarterfinal game in Bangor. Houlton won 61-52.

Postseason basketball roundup

Feb. 9: The sixth-seeded Dexter boys won vs. No. 11 PCHS 39-36 in a Class C North prelim. Zach White scored 12 points for the Tigers. Bryce Gilbert had a game-high 20 points for the Pirates.

The No. 8 Foxcroft girls won vs. ninth seed Central 48-46 in overtime in a Class B North prelim. Abby Simpson had the game-winner on a putback at the buzzer as part of her 20-point night to lead the Ponies.

Feb. 10: The 11th seed Foxcroft

boys lost at No. 6 Caribou 61-53 in a Class B North prelim. Hunter Smith scored a game-high 22 points.

The No. 6 PCHS girls won vs. 11th-seeded Woodland 63-35 in a Class C North prelim. Jordynne Littlefield led all players with 20 points.

Feb. 13: The fourth-seeded Greenville boys defeated No. 5 A.R. Gould 70-28 in a Class D South quarterfinal at the Augusta Civic Center. Nick Foley scored a game-high 23 points.

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Foxcroft Academy (11-9)	
Bourget 2 0-0 6, Bourget, K. Ewer 5 0-0 15, Nelson, Bickford 6 0-2 12, Chadburne 1 0-0 2, Seavey, Beaudry 3 4-8 10, Simpson 3 1-2 7. Totals: 20 5-12 52.	
Houlton (18-1)	
Gentle 2 2-2 6, Graham 1 0-0 2, Hill 3 2-3 8, Bouchard 7 8-8 23, Warman 2 5-5 9, Collett, Fitzpatrick, Flewelling 5 0-0 13.	
3-pt goals — Houlton: Flewelling 3, Bouchard 1; Foxcroft: Ewer 5, Bourget 2.	
Foxcroft 12 23 40 52	Houlton 23 33 43 61

Pony boys swim at PVC championship

BANGOR — A trio of Foxcroft Academy boys' relay teams placed in the top nine at the 2016 Penobscot Valley Conference

Swimming and Diving Championship on Feb. 8 at Husson University. The three squads' performances resulted in a score of 26

points as the Ponies finished in the 10th place in a field of 14 schools.

The Foxcroft 400-yard freestyle relay team finished in eighth place with a time of 4 minutes, 35.38 seconds. Swimming the event was junior Pedro Bastos, senior Tanner Strout and juniors Owen Booker and David Salley Jr.

The Ponies had ninth-place swims in both the 200 medley and 200 freestyle relays. In the 200 medley freshman Nathaniel Skomars, Booker, Bastos and

Salley combined for a time of 2:19.88. Seniors Buddy Sletterink and Jason Thompson, Skomars and senior Hunter Giacomuzzi together had a time of 1:56.29 in the 200 freestyle relay.

Ellsworth High School finished in first place with 325 points, the program's first boys conference title and the first in eight years not won by Bangor High School. Mount Desert Island High School came in second with 211 points and Old Town High School was third with 195 points.

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Fernow
Continued from Page 5

Zumba. The most important thing is to get started and make a commitment to keep it up for at least six weeks. While the first few sessions can be tough, just knowing that it can reduce medical illness, reduce dependency, and enhance enjoyment and vitality for the other things you want to do may keep you at it until you begin to really feel the benefit. After a while you won't want to miss it.

If you have questions about what exercise is best for you, ask your doctor or just go to a class and see what it is like. Not every type of exercise is right for every person. Movement is good, though, no matter what it is.

We invite readers to offer feedback about this column and to suggest topics for future articles. You may do so by contacting Meg Callaway of the Charlotte White Center at (207) 947-1410 or meg.callaway@charlottewhite.org or Lesley Fernow at (207) 992-6822 and lmfernaw@rcn.com.

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PRYMCA Waves host Boothbay YMCA

DOVER-FOXCROFT — The Piscataquis Regional YMCA Waves swim team hosted the Boothbay Region YMCA Dolphins on Jan. 23. The Waves team members swam very well and individual swimmers turned in very strong performances.

Waves swimmers turning in first-place finishes were Avery Carroll in the 200 IM and 100 back; Jenna Clukey in the 100 free; Garrett Cooley in the 100 back; Gabie Johnson in the 50 free; Hunter Kemp in the 100 free and 50 breast; Nathaniel "Hal" Porter in the 50 back; Gwyneth Rhoda in the 25 back; Amy Waugh in the 200 IM and 100 back; Peyton Wellman in

the 50 fly; Meriel Willey in the 100 free; and Jaxson Zimmerman in the 50 free and 25 back.

Preston Barbro, Leora Brochu, Cooley, Dylan Coy, Sam Gidman, Abby Kemp, Hunter Kemp, Alicia London, Olivia McCarrison, Alice Myers, Rhoda, Eli Swanson, Hannah Vail, Amy Waugh, Chloe Waugh, Wellman, Willey and Zimmerman all had personal best times at the meet.

The "Biggest Loser" of the meet was Amy Waugh, who took 28.34 seconds off her 200 IM mark. Runner-up for this award was Hunter Kemp who took a combined total of 17.49 seconds off his 100 free and 50 back times.



Contributed photo

CALM WAVES — Members of the PRYMCA Waves swim team taking a break during a Jan. 23 meet vs. the Boothbay YMCA are, from left, Chloe Waugh, Amy Waugh, Avery Carroll, Jenna Clukey and Gabie Johnson.

One Book

Continued from Page 1

tried to evade, tunnels to crawl through, balance beams, short elevated jumps and a ladder climb. At each stage were volunteers — those helping out across the building included middle-schoolers, members of the Foxcroft Academy National Honor Society and SeDoMoCha staff — to assist.

One Book, One School attendees could also decorate hamster art projects, have their pictures

taken in the hamster photo booth and play games such as musical chairs and bowling in the gym. Leading up to Feb. 11 families were encouraged to submit photos of their pets for a collage in the main lobby. "As you could see from our walls last night, there was a wide variety of pets presented from chickens to goats to cats to dogs, etc.," Kimball said.

Similar to past years, families who read "The World According to Humphrey" at home filled out

reading logs as they went through one of the 15 chapters per night. Completed reading logs, which also provide organizers with program data, were entered into a prize drawing with a winner chosen from the various grade levels. Kimball said the winners received a book all about pets.

"We did trivia questions each morning," Kimball said. "We also had a classroom drawing each day in which a stuffed Humphrey came to visit."

Kimball said in 2016 grade 3 teacher Jessica Dunton coordinated One Book, One School. "A majority of our elementary staff as well as some of our middle school staff were involved in the entire process," Kimball said. "We could not do this event without the hands of so many. Thank you to all that were involved!"

She added that school officials are looking to continue the event again in 2017. Kimball said the book choice will be determined at a later time.

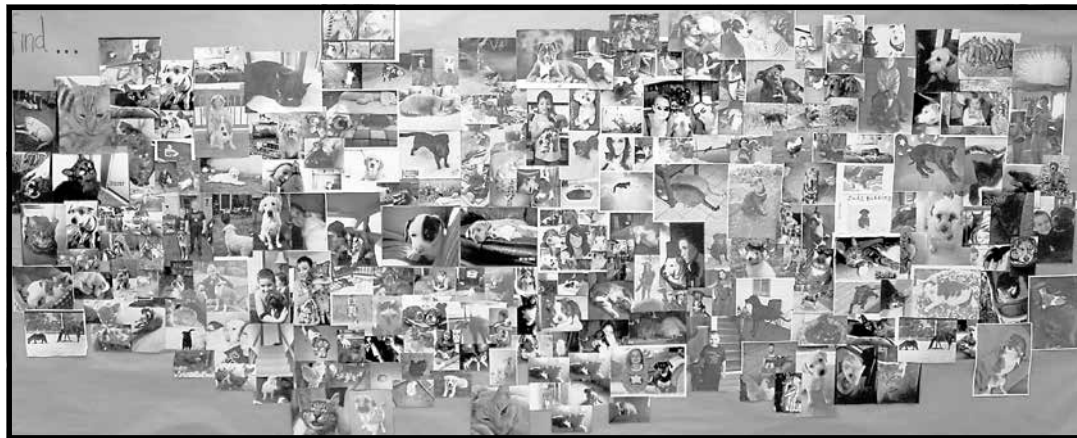
The first SeDoMoCha Elementary One Book, One School took place in 2011 as students and families read "A Caste in the Attic" by Elizabeth Winthrop and then enjoyed a medieval feast after they finished the novel. A year later "The Indian in the Cupboard" by Lynne Reid Banks was the program selection and the ending evening event featured a Western motif and activities. In 2013 One Book, One School featured E.B. White's "Charlotte's Web" and this novel led up to a night at the fair. The year after everyone was off to see the wizard with "The Wizard of Oz" and in 2015 the SeDoMoCha community had a golden ticket with Roald Dahl's "Charlie and the Chocolate Factory."

The shared reading experience, which for many of the students includes a parent or someone older, is intended to help students improve listening comprehension, increase vocabulary, understand concepts, lengthen attention spans and create a positive attitude toward books while creating fun and memorable connections to the school community.



Observer photo/Stuart Hedstrom

RUNNING THROUGH A HAMSTER MAZE — Humphrey's Obstacle Course was one of the activities making up the One Book, One School finale on the evening of Feb. 11 at the SeDoMoCha School in Dover-Foxcroft. Over the previous month, elementary families read the book "The World According to Humphrey", which is about a helpful classroom hamster. Families attending the culminating night also enjoyed dinner, could take part in games and create some hamster art projects.



Observer photo/Stuart Hedstrom

WALL OF PETS — Many SeDoMoCha Elementary families shared pictures of their pets for a collage in the lobby for the One Book, One School finale on Feb. 11. The pet collage included many dogs and cats as well as goats and chickens.

Truck

Continued from Page 1

approved an agreement with Fire Recovery USA for billing and collection services related to the traffic incidents ordinance. The contract is for one year and will automatically renew for the succeeding one-year periods unless a 30-day notice to end the agreement is given.

"I believe this is the last piece of the puzzle," Clukey said, as the ordinance was adopted at last year's town meeting and the selectmen approved a fee schedule several weeks prior. Billing is for traffic incidents involving non-residents, with fees calculated on a per incident basis using current costs for personnel and equipment at the scene.

The board also authorized Clukey to write a letter of support on behalf of Shaw's to the Maine Bureau of Alcoholic Beverages & Lottery Operations as the grocery store is seeking to acquire a license to become an agency liquor store.

Clukey said for communities with populations between 2,000 and 5,000 residents the state allows for up to three agency liquor stores, and these towns can then petition the state to issue one additional license. Currently in Dover-Foxcroft Mountain's Market, Rite Aid and Will's Shop 'n Save all have agency liquor licenses.

"A lot of customers are asking 'do you have liquor, where's your liquor?'" said Shaw's Store Director Patrick Doak. He said should the license be granted, "We would be able to give the town a lot more variety just because of the space we have and the volume we do."

Doak added that a security camera system is already in place at Shaw's. He said all liquor bottles would be capped with security tags that can only be removed at the registers, and cashiers are trained in the procedures needed for ringing up alcohol.

"First of all they would look at our request and basically decide if they would be interested in looking at Dover-Foxcroft," Clukey said about the Maine Bureau of Alcoholic Beverages & Lottery Operations. "Then they would put a notice in the paper and invite anyone to apply." From there license applicants would be reviewed and a decision would be made by the bureau.

When asked, Clukey said he was not aware of any businesses besides Shaw's interested in becoming an agency liquor store.

Select Vice Chair Cindy Freeman Cyr and board member Gail D'Agostino — who was the lone vote against the motion to authorize Clukey to write the letter — both wondered if the other three agency liquor stores in town had concerns about a fourth license being granted. Clukey said a public comment session could be held by the state as part of the process if the bureau proceeds with the Shaw's request.

In his town manager's report, Clukey said representatives from the Municipal Review Committee (MRC) are scheduled to speak at the March 14 selectmen's meeting about proposed changes in solid waste disposal for after 2018. Under the proposal this operation would move from PERC in Orrington to a future facility in Hampden, operated by the Maryland-based Fiberight. The 187 MRC members will need to each make a decision on the organization's proposal over the next few months.

"We should make sure the public's aware that they will be here on the 14th in case they have questions," Freeman Cyr said.

"The fire department got a grant, a small one, but it should help them out," Clukey said. The grant of just over \$1,720 is from the Maine Forest Service for Class A foam and other related items.

OBITUARIES

Betty B. Fowles

DOVER-FOXCROFT — Betty B. Fowles, 87, wife of the late Arthur D. Fowles, Jr., passed away February 9, 2016, at Hibbard Nursing Home. She was born July 30, 1928, in Dover-Foxcroft, the daughter of Baxter C. and Gladys (Buck) Brawn.

Betty loved spending time at Sebec Lake; she was an avid bridge player, and enjoyed painting. She was a member of OES.

She is survived by three sons, Russell Fowles, Richard Fowles, and Lawrence Fowles; two daughters, Kristen Goddard, and Janna Peters; a sister, Barbara Pray;

12 grandchildren; 16 great-grandchildren; and two great-great-grandchildren.

She was predeceased by a brother, Garret William "Billy" Brawn.

Memorial visitations were held 1-3 p.m., Sunday, February 14, 2016, at the Lary Funeral Home, Dover-Foxcroft. In lieu of flowers, memorial contributions may be made to ALS Association Northern New England Chapter, The Concord Center, 10 Ferry Street, Suite 309, Concord, NH 03301. Condolences and memories may be expressed at www.laryfuneralhome.com



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Erica McDougal, LCSW, is your Behavioral Health Counselor in Brownville. Erica was born and raised in Northern Maine, and has a long history of providing quality mental health services to patients of all ages. She is looking forward to the opportunity to continue her passion of providing quality care to the members of our communities, and shares KVHC's vision of providing quality, affordable care.



Erica McDougal, LCSW
Counselor

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NOTICE TO CREDITORS
18-A MRSA §3-801
The following Personal Representatives have been appointed in the estates noted. The first publication date of this notice is February 17, 2016. If you are a creditor of an estate listed below, you must present your claim within four months of the first publication date of this Notice to Creditors or be forever barred.

You may present your claim by filing a written statement of your claim on a proper form with the Register of Probate of this Court or by delivering or mailing to the Personal Representative listed below at the address published by his name a written statement of the Claim indicating the basis therefore, the name and address of the claimant and the amount claimed or in such other manner as the law may provide. See 18-A MRSA §3-804.

TO ALL PERSONS INTERESTED IN ANY OF THE ESTATES LISTED BELOW:

2016-006 ESTATE OF MAURICE GRANT, late of Milo, Maine deceased. Paul Bradeen, 60 Sargent Hill Drive, Milo, ME 04463 appointed Personal Representative.

2016-007 ESTATE OF FRANK WILLIAM WESTON, late of Dover-Foxcroft, Maine deceased. Cheryl L. Doyon, 403 Ridge Road, Fairfield, ME 04937 appointed Personal Representative.

2016-012 ESTATE OF DAGMAR A. GREENLEAF, late of Monson, Maine deceased. James A. Greenleaf, P.O. Box 103, Monson, ME 04464, appointed Personal Representative.

To be published on February 17 & 24, 2016.
Dated: February 12, 2016
/s/Donna M. Peterson, Register Piscataquis County Probate Court

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Photo courtesy of Melissa Mallett

100TH DAY OF SCHOOL — Kendall Killam, left, from Mrs. Taylor's kindergarten class at SeDoMoCha Elementary in Dover-Foxcroft and her friend Charlie Johnston from Mrs. Tapley's kindergarten class were both ready for the 100th day of school. Killam made a 100-crayon wreath and Johnston made a birthday cake decorated with 100 candles. This year the 100th day of school was observed on Feb. 9.

Basic septic system installation workshop

DOVER-FOXCROFT — The Piscataquis County Soil and Water Conservation District (PCSWCD) is hosting a basic septic system installation workshop on Friday, March 4 from 8 a.m. to 4 p.m. at the Dover-Foxcroft Congregational Church.

Dave Rocque, Maine state soil scientist and private septic system design consultant, and Glenn Angell, Maine state site evaluator, will be the presenters for this workshop. Topics will include what septic system installers should know about wetland and waterbody regulations in the subsurface waste water disposal (SSWWD) rules, issues for installers, what installers should know about soils and hydrology in order to install long lasting septic systems, disposal system issues such as licensed plumbing inspectors (LPI) inspections, proprietary disposal field device issues, and installer certification and updates on SSWWD rule revisions as well as septic system failures.

This workshop is open to contractors, plumbers, LPI, private and municipal inspectors and evaluators, code enforcement officers and the public. Participating certified contractors will receive three year credit for nonpoint source (NPS) contractor re-certification from the Maine Department of Environmental Protection. Seven recertification credits (hours) will be available to certified LPIs and the Maine Department of Health and Human Services Division of Environmental Health, will grant seven contact hours for this workshop. Refreshments and lunch will be provided. The PCSWCD is an equal opportunity provider and employer.

To find out more about this workshop contact the PCSWCD at 564-2321 Ext. 3 or info@piscataquisswcd.org. To register, contact the PVAEC at 564-6525 or through www.pvaec.maine-adulted.org. Registration deadline is Feb. 26.

Theatre

Continued from Page 2

Saturday the 27th at 2 p.m. and Sunday the 28th at 2 p.m. Due to scheduling conflicts, "The Forlorn Unicorn" and "The Great Pandamonium" will not be presented at the Sunday production. Admission to all the productions is by donation.

For more information about the festival please email SOCP@centertheatre.org, call the Center Theatre at 564-8943 or stop by the theatre at 20 East Main Street between 10 a.m. and 3 p.m. Monday through Friday. 2016 marks the 10th anniversary of the Center Theatre reopening its doors to produce affordable entertainment, arts and education.

Classes

Continued from Page 5

everyone and, now, especially for seniors!"

To participate in upcoming Matter of Balance classes attendees must be at least 60 years of age, be ambulatory and be able to problem solve. Classes are open to both men and women, with two men already enrolled. For more information about enrollment, contact Breault at 924-7292.

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<p>2014 TOYOTA SIENNA</p> <p>V-6, AUTO, PW, PL, TILT, CRUISE. STOCK #P2729</p> <p>Varney Price \$21,995</p>	<p>2014 CHEVY SILVERADO 2500 CREW 4X4 LT Z-71</p> <p>8 FT FISHER PLOW</p> <p>6.0L V-8, PW, PL, TILT, CRUISE, HD TOW. STOCK #P2758</p> <p>Varney Price \$37,995</p>	<p>2012 HYUNDAI VELOSTER</p> <p>4 CYL, NAVIGATION, SUNROOF, PW, PL, TILT, CRUISE. STOCK #P2517A</p> <p>Varney Price \$11,995</p>	<p>2014 TOYOTA PRIUS</p> <p>4 CYL, NAVIGATION, 4 CYL, AUTO, PW, PL, TILT, CRUISE. STOCK #P2767</p> <p>Varney Price \$16,995</p>
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